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# **The SANUM Therapy Prescription Book**

**Translated into English by  
Christa Sutton**

**Disclaimer:**

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# **Practical Application of Microbiological Medicines**

The understanding for the use of microbiological medicines can be easily enlightened through the knowledge of Enderlein's theory.

A brief outline shows the micro-world of bacteria as symbionts, which only develop with milieu changes of pathogenicity. The results of single specific criteria produced on the one hand are repeatedly recommended in therapy suggestions and on the other hand with disregard to therapy prolongation or diminishment of its success.

Of course, one may carry out each therapy according to one's own ideas, only to show a not insignificant worth of the experience of many existing therapists, so long as the experience and systematic of the SANUM-Therapy can be well complimented with each other.

## **1. Pleomorphism**

The "Milieu is everything" (Bernard) and bacteria develop mainly according to the milieu. This important recognition still remains a paradigm 100 years after Bernard's statement.

A milieu unsuitable for bacteria is one which doesn't allow specific bacteria cultures to thrive. This is proved by normal bacteriology, which requires exactly described and specified culture media with an suitable pH value.

A further paradigm shows pleomorphism as a development of a microbe, and over dark field microscopy the changes of one and the same organism in the blood or in other body fluids can be seen.

There is more than enough pleomorphism in the animal kingdom. Particularly obvious is it in the butterfly which develops from its beginnings as an egg, to caterpillar on the tree, to cocoon, and finally into a butterfly.

Similarly a microbial base form can develop over physiologically important regulatory stages to highly pathological bacterial or sporoidic forms in the blood. In light microscopic conditions these tiny life forms simply become transparent and therefore invisible.

These base forms are proteins which are very small (nano region) and can survive heat temperatures of up to 350 °C and cold temperatures down to -70 °C. High valences are created through aggregations which one can



## Relationship: Cyclode – Illnesses

### **Mucor (Mucokehl)**

„Type prone to blockages“  
physically plump (too much protein),  
dynamic, liver type

### **Penicillium (Notakehl)**

„Degenerative Type“,  
asthenic, slender boned,  
forthright

### **Aspergillus (Nigersan)**

### **Therapy: Removal of Blockage**

- Every blockage
- All blood related illnesses
- Veinous illnesses
- Wounds
- Haemorrhoids
- Tinnitus
- Neurodermatitis
- Inflammations
- Suppuration
- Infections
- Staphyloc., Streptoc.
- Rheuma
- Nerval afflictions

### **Therapy: Elimination**

- Tbc, Para-Tbc
- Lungs, Bronchi
- Asthma
- Arthrosis, M. Bechterew
- Cysts, ovarial Cancer
- Prostate diseases
- Tumours

Source: Dr.med. T. Rau

imagine as “hooked into each other” (Bleker). They can be linear or spherically shaped. In extreme cases one can see the bacterial forms.

Such high valences recede again in more or less physiological forms through copulation with the base forms. For conventional bacteriology this is something quite new and unconvincing. The possibility of microbial recession under alkaline milieu conditions and the presence of base forms is the core of the isopathic way of thinking. Microbial recession is also achieved by isopathic medicament.

## **2. Cyclogeny**

Professor Enderlein named the cyclus with development to pathological forms and the break-down of same to the physiological valence as “Cyclogeny”.

The fundamental cyclogeny is that of the *Mucor racemosus*. This organism is also named by Enderlein as “Endobiont”, as it appears in each cell of the body as well as in semen and in the female ovum.

The basic cyclogeny occupies as with all other cyclogenies a low valenced physiological and a high valenced pathological part.

Out of the physiological (low valence) part (Chondrit and Protit stages) arise the cyclogeny of *Aspergillus niger* and out of the pathological (high valence) region the cyclogeny of the *Penicillium* series.

The cyclogeny of *Aspergillus niger* is just as that of *Mucor racemosus* the basis for the chronicity of an illness. Both, *Mucor racemosus* and *Aspergillus niger* are allocated to intrinsic spheres and at the same time are a complementary pair.

Whilst *Mucor racemosus* shows responsibility for the blood stream and the viscosity of the blood, the domain of *Aspergillus niger* is the cell wall and the cell interior. The *Penicillium* cyclogeny is responsible for acute inflammatory occurrences.

## **3. What is Isopathy?**

For millions of years colloids of the fungi *Mucor racemosus* Fresenius and *Aspergillus niger* van Tieghem have been living in humans and all warm blooded animals. In healthy organisms these colloids appear as primitive forms or base forms which use regulative processes. In diseases they can develop into higher forms.

Professor Enderlein named this micro-organism, *Mucor racemosus*, which has been in existence for millions of years in the whole of the mammal circle, ***endobiont***.

Varying causes such as dietary disorders, too much protein or carbohydrates, stress, heavy metals, emotional burden, adverse natural conditions, or senility can all bring the primitive forms to a higher stadium, whereby they become parasitic.

The fungal parasite circulates in the body during all stages of its development, from the initial colloid stage to bacteria and fungi.

Colloid, bacterium and fungus were previously seen as independent and unchanged organisms. Enderlein recorded these development processes and explained that all these stages form a single common cycle.

According to Dr Bleker<sup>3</sup>, these manifestation forms – viruses, bacteria, fungi, come into existence through a higher development of the primitive forms. Certainly a corresponding acidic milieu must be present.

Enderlein discovered that the high forms could be degraded by the base forms into low valence fragments. The same is achieved through the SANUM medicament, and the degradation products leave the body over the natural pathways. If excretion is not successful during a state of illness/disease, then an upwards development can result.

Isopathy is according to: The existing different higher development forms are led into lower phases which can exit the body through the excretory organs.

#### **4. Milieu**

The milieu is determined by different factors. For the maintenance of all vital functions, the core components are blood as the lasting powerful buffer and connective tissue with all its regulation and storage capacity.

The excretion system and the defence mechanisms, such as the lymph organs, kidneys, respiratory organs, and skin as well as the digestive system help the milieu in the different tissues to remain in a proper state and with it allowing the excretion of the corresponding low valence forms.

However, these physiological mechanisms do not always work properly in particular with an unhealthy intestinal mucous membrane, which indiscriminately allows the diffusion of proteins and / or has absorption difficulties for trace elements which are important for enzyme reactions.

This can be therapeutically solved, in which either the specific excretion medicament for the *Mucor racemosus* or *Aspergillus niger* is used or by way of a short break (interim treatment) with other medicament.

This way is also practised in this book and is given in the prescriptions in which the basic therapy is carried out from Monday to Friday and suspended at weekends. These breaks are then used in other ways.

This process serves further consideration. As previously mentioned in points 1 and 3, the *Penicillium cyclogeny* stems from the pathological part of the *Mucor cyclogeny*. Just as one begins the deconstruction of a house i.e. from the roof outwards, the therapy of the pathological forms of the *Penicillium cyclogeny* begins outwards and the medication of the base cyclogeny is carried out afterwards. In order to avoid the possibility of undisposed fragments of the *Penicillium cyclogeny* developing again into high valences, preparations from the *Penicillium* series are to be used on the weekends.

The following basic therapy is well proven in practice:

For the first 10 days one is treated with a *Penicillium* preparation, 1 tablet or 10 drops twice daily, then changing to the base therapy (combination) with MUCOKEHL preparations in the mornings and NIGERSAN preparations in the evenings, always taken from Monday to Friday inclusive and on the weekends prescribing a *Penicillium* preparation. With chronic illnesses this therapy should be carried out over a period of several months.

*Penicillium* Preparations:

FORTAKEHL	<i>Penicillium roquefortii</i>
NOTAKEHL	<i>Penicillium chrysogenum</i>
QUENTAKEHL	<i>Penicillium glabrum</i>

Base Preparations:

MUCOKEHL	<i>Mucor racemosus</i>
MUCEDOKEHL	<i>Mucor mucedo</i>
NIGERSAN	<i>Aspergillus niger</i>

There are, of course, plenty more fungal preparations, but previous experience shows that these few are the ones mostly used.

## 5. Immuno-biology

There is a quantity of effective immuno-biological preparations, whose application and therapy performance depends on the individual case. These medicines require intact Peyer's patches, a mucous membrane regenerating diet and a healthy lawn of bacteria.

One should, therefore, never prescribe immuno-biological preparations including haptenes alone as they function only in connection with the previously listed points. They are all a support to isopathic medicine and not as an isolated method of healing<sup>1,2</sup>.

REBAS	Peyer's patches organ extract from calves
UTILIN	Bacillus subtilis
RECARCIN	Bacillus firmus
LATENSIN	Bacillus cereus
UTILIN "S"	Mycobacterium phlei
SANUKEHL Acne	Propionibacterium acnes
SANUKEHL Brucel	Brucella melitensis
SANUKEHL Cand	Candida albicans
SANUKEHL Coli	Escherichia coli
SANUKEHL Klebs	Klebsiella pneumoniae
SANUKEHL Myc	Mycobacterium bovis
SANUKEHL Prot	Proteus vulgaris
SANUKEHL Pseu	Pseudomonas aeruginosa
SANUKEHL Salm	Salmonella enteritidis
SANUKEHL Serra	Serratia marcescens
SANUKEHL Staph	Staphylococcus aureus
SANUKEHL Strep	Streptococcus pyogenes
SANUKEHL Trich	Trichophyton verrucosum

## 6. Intestinal Mucous Membrane

As with all medicinal therapies, a rapid and sufficient success is achieved only with a well constructed intestinal mucous membrane<sup>1,2</sup>. More than four fifths of all people suffer from a dystrophy or atrophy of the intestinal mucous membrane as well as from the consequences of these disorders.

A well formed intestinal mucous membrane is the largest producer of Immunoglobulin A (IgA) and, therefore, plays a large role for the development of the immunity. Besides identifying toxins and bacteria, IgA first and foremost seals the intercellular space and hence reduces the penetration of bacteria and large luminal molecules to a minimum.

At the same time, a fully developed intestinal mucous membrane can undertake the absorption of vital minerals and nutritional components and select the diffusion of proteins.

An unhealthy intestinal mucosa lets heavy metals pass through, cannot absorb vital minerals and metabolic products, and is not capable of building a normal lawn of bacteria. Only this is able to break down cellulose and to prevent fermentation and putrefaction in the small intestine.

An increased fungal growth results from a missing normal lawn of bacteria. Restoration of the mucosa enteralis can only result by way of a special diet without the primary antigens<sup>1</sup>.

A healthy intestinal mucous membrane contains fully functional Peyer's patches. They are the breeding ground of T and B cells. These cells activate the defences, motivate the macrophages and are of immense importance for the success of the therapy.

Without the activation of the Peyer's patches, the goal of the therapy will only achieve part results. This applies for every form of therapy and especially for a milieu regulating, isopathic one.

Furthermore, only a well built and fully functional mucosa enteralis can house a lawn of bacteria which produce the necessary three-fold conjugated unsaturated fatty acids. These guarantee a proper functioning reactions behaviour (Selye) after taking medication. If a good working bacterial lawn is not present, chronic illnesses and above all a partial or total failure of the therapy may result.

## **7. Candidiasis**

Candida is a frequent occurring yeast. In most Candida mycoses a heavy metal burden exists at the same time, as Candida removes heavy metals (similar to algae) and appears in countless forms in the human body. Only *Candida albicans* is a typical saprophyte.

A candidiasis, regardless where it appears is always a warning signal for the local milieu and never an expression of an infection (Enderlein). A local candidiasis is always connected with a candidiasis of the intestine at the same time. Therefore, the varying causes must be considered.

The greatest milieu disorder lays in the intestine, and connected with this disorder is the problem of the atrophy of the intestinal mucosa and

consecutive bacterial depletion. This unsuccessful colonisation in which the breakdown of cellulose cannot be correctly executed leads to fermentation and putrefaction.

At the same time one should take into consideration that the Candida population is a “help organisation” by overcoming a heavy metal burden<sup>5</sup>. Consequently, the therapy must take into consideration with each candidiasis the possible causes. Therefore, an appropriate diet<sup>1,2</sup> is to be implemented, and a secondary pancreas insufficiency must be considered.

For this reason, for the first three months, the consumption of fresh fruit, fresh vegetables and dried fruit are not permitted, and all food must be cooked.

In addition, amalgam fillings in the teeth must be replaced by synthetic or other materials<sup>4</sup>.

An anti-mycotic chemotherapy forces fungus to migrate into the sub-mucosa and feed on blood sugar. Shortly after the end of such a therapy the fungus is then again present in the lumen of the bowel; this situation is completely different after an isopathic therapy.

## **8. Alkalisation**

Alkalisation of the body or individual organs is carried out in various ways. One can generally attain this by way of following a diet consisting of basic foods and fasting. However, this is a slow process.

With allergies which are always brought about by way of acidulation and much easier generated in an acid milieu, sodium bicarbonate is the best base preparation and is at the same time the best anti-allergicum. It is contained in ALKALA T tablets.

One should primarily begin with this product as it rapidly neutralises allergic and inflammatory processes. Only after 10-14 days should one change to ALKALA N powder for the long term which is to be consumed with warm water. This accelerates the passage through the stomach and the pylorus. It is urgently needed in the upper small intestine. Cold water halts the passage of the stomach.

Base infusions are an excellent means against the complaints of acidulation. In cases of acute pain and/or cancer which require rapid alkalisation then base infusions should be applied in addition.

The base infusions contain sodium chloride and sodium hydrogen carbonate which rapidly reach the individual organs. The more physiological the local pH value is, the better the cells can work, and this is also valid for the lymph vessels. The lymph blockages first of all disappear through the infusion whereby the pain clearly reduces.

The reduction of antidolorosa is always noticed with the administration of this infusion in a remarkable manner. With brain tumours the quality of life is improved and tumour growth becomes much slower.

The intensive practitioner is familiar with the immense responsibility of the acid base balance for the human organism and of which the normal practitioner knows relatively little. With physical health and illness the acid-base balance plays a decisive role which increases in crisis situations.

The ideal biological pH value of the majority of tissues and blood is 7.4. The pH value of blood can fluctuate between 7.3 and 7.8 dependent on the organism's puffer capacity.

Puffer capacity is influenced by many factors, such as:

- Disturbance Fields (root canal treated teeth, amalgam)
- Chronic illnesses
- Treatment such as chemo-therapy, radio-therapy, antibiotics and antidolorosa
- Drug abuse.

### **Base infusions**

**Indication:** In addition to the above mentioned illnesses, above all those patients suffering from rheumatism, pain, carcinoma, colitis, all skin disorders, and pre and post operative care.

**Application:** 250 ml base infusion applied slowly intravenously (paravenous application is painful!)

**Content:** 250 ml contain in (%)

- Sodium chloride 0.72%
- Sodium hydrogen carbonate 1.68%



1000 ml contain in (gr)

- Sodium chloride 7.2
- Sodium hydrogen carbonate 16.8
- Water for injection ad 1000 ml

Medicament ready for use can be obtained from: Spagyra, Groedig/  
Salzburg, Austria, Tel (+43) 62 46 72 370

## **9. Metals**

Many metals block the oxydative and fermentative processes adversely affecting the physiological processes.

First of all, all denture materials are to be identified, besides the amalgam, platinum, gold, and palladium. In root fillings also materials are present which have the characteristics of heavy metals. With chronic illnesses, therapists must always (at the same time without compromise) take the teeth into consideration. Compromise only leads to partial results or total failure and impedes each therapy.

## **10. Nasal Lavage**

The nasal lavage serves the rinsing of the nose and sinuses and is described in more detail on page 109 of the book “Successful Treatments for Allergic and Chronic Disorders” (Simmelweis, 2001). This method is very simple and easy to learn for self administration.

## **11. Guide to Use**

The prescriptions and therapy suggestions contained in this book are above all aimed at therapists and patients in minimising the application of injections. The therapy suggestions correspond to the stated requirements and comprise many possibilities of incorporating isopathy and immunobiologic into individual therapies.

Finally, it is of no consequence whether the medicament incorporated is administered in a solution for injection or another form. Some therapists find ampoules stronger and easier to handle whilst others prefer capsules, suppositories, and drops.

Under “Additives” medicines from other companies are listed which support the SANUM therapy.

### **Key to Abbreviations**

tsp	teaspoon
htsp	half teaspoon
tbsp	tablespoon
i.m.	intra-muscular
s.c.	subcutaneous
i.v.	intravenous
Glob.	Globuli
fw	finger width
Mon	Monday
Tues	Tuesday
Wed	Wednesday
Thur	Thursday
Fri	Friday
Sat	Saturday
Sun	Sunday

### **Age Groups / Dosages**

The age groups are classified as follows for which the corresponding dosage measures apply:

<b>Category</b>	<b>Age</b>
Infants	0 – 2 years
Young Children	2 – 6 years
Older Children	6 – 14 years
Adolescents/Adults	14 +

## Indications from A - Z

**Abdominal (Upper) Complaints** *see Gastroenteritis, Pancreas (Disorders of), Migraine, Colic (Naval), Cystitis, Menstrual Disorders, Allergic Diseases*

Check: appendix, gastritis, pancreas, gall bladder, basal pneumonia, with children also a symptom of migraine and menstrual disorders. It is mainly a matter of milieu damage of the intestinal mucous membrane, and therapy therefore should be applied for at least two to three weeks. Most important is a hypoallergenic diet (Werthmann)<sup>1,2</sup>, as an enteral allergy could be hidden behind all complaints.

**IMPORTANT:** Immediately ALKALA T tablets ½ to 1 daily taken with warm water and wait five minutes. Makes the small intestine alkaline. Alkalise as with *Allergic Diseases*.

Children:

At first FORTAKEHL 5X drops 2x 10-15 daily oral and/or to rub in for 10 days, then SANKOMBI 5X drops 2x 10-15 daily oral and/or to rub in, Mon-Fri; Sat/Sun FORTAKEHL 5X 2x 10-15 daily oral and/or to rub in.

Adults:

Always begin with FORTAKEHL 5X tablets 2x 1 daily for five to seven days then MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 3X suppositories 1x 1 evenings, Mon-Fri; Sat/Sun FORTAKEHL 5X tablets 2x 1 daily or

MIX:

SANUVIS	2.0 ml
CITROKEHL	2.0 ml
Lidocaine 1%	1.0 ml

Inject deep i.m. 1-2x/week.

If necessary - in addition:

Ubichinon compos. Heel	2.0 ml
Hepar compos. Heel	2.0 ml

UTILIN 6X capsules and RECARCIN 6X capsules each 1x 1/week (Mon, Fri).

After two to three weeks administer once one in

between with UTILIN “S” 6X capsules or UTILIN “S” 6X suppositories, later UTILIN “S” 4X capsules.

**Abortus imminens** *see Pregnancy (Complications in)*

**Abscess** *see Furunculosis*

Principal Preparation: NOTAKEHL

Adults:

Alkalise with ALKALA T tablets 2x 1 daily for 10 days, then ALKALA N powder 2x 1 tsp. daily in warm water.

NOTAKEHL 5X tablets 2x 1 daily. After 7-10 days a combination of MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, always from Mon-Fri, Sat/Sun NOTAKEHL 5X tablets 2x 1.

Local Therapy:

The beginning formation of an abscess can be quickly terminated through an injection underneath the infected area:

NOTAKEHL 5X	1.0 ml
Procaine/Lidocaine 1%	0.5 ml to 1.0 ml

For already existing abscesses:

MUCOKEHL 5X-7X	1.0 ml
Procaine/Lidocaine 1%	0.5 ml to 1.0 ml

SANUKEHL Staph 6X drops 1x 10 oral daily.

LATENSIN 6X capsules 1x 1/week or LATENSIN 6X drops 1x 5 daily oral.

Children:

Alkalise with ALKALA T tablets 2x ½ daily for 7 days, then ALKALA N powder 2x htsp. in warm fruit or vegetable juice.

NOTAKEHL 5X drops 2x 5-15 daily oral and/or to rub in, after 7 days change to SANKOMBI 5X drops 2x 10 daily oral and/or to rub in, Mon-Fri, Sat/Sun NOTAKEHL 5X drops 2x 5-15 daily oral and/or to rub in.

**IMPORTANT:**

**NEVER MIX** an injection combining MUCOKEHL and NOTAKEHL, except those prescribed in daily alternation. The longer the duration of the abscess,

the higher the potency to be administered or  
LATENSIN 6X 1.0 ml inject i.m. every 2 weeks.  
Nasal abscesses with accompanying infection of the  
sinus:

Nasal lavage<sup>6</sup> with  
NOTAKEHL 5X           20 drops  
NaCl physiol.           20 drops

## Acne

Partly hormonally related, change dietary habits, no  
pork products, regular bowel movement, bowel and  
intestinal cleansing, eat plenty of cooked fish.

LIPISCOR capsules 2x 1 daily.

Alkalise with ALKALA T tablets 2x 1 daily for 10  
days, then change to ALKALA N powder 2x 1 tsp.  
daily in warm water.

NOTAKEHL 5X tablets 2x 1 always alternating daily  
with PEFRAKEHL 5X drops 2x 10 (oral and/or to  
rub in).

After two weeks change to MUCOKEHL 4X  
capsules 1x 1 mornings and NIGERSAN 4X capsules  
1x 1 evenings, Mon-Fri; Sat/Sun NOTAKEHL 5X  
tablets 2x 1 daily.

From beginning onwards SANUKEHL Staph 6X  
drops and SANUKEHL Acne 6X drops daily  
alternating each 2x 5 daily oral and/or to rub in.

PROPIONIBACTERIUM AVIDUM 5X capsules 3x  
1/week.

SANUVIS drops 3x 60 daily.

ZINKOKEHL 3X drops 2x 10 daily.

LATENSIN 6X capsules 1x 1/week changing after  
two to three weeks to LATENSIN 4X capsules 1x 1/  
week.

Additive:

Massage into the skin with Oil of Evening Primrose,  
soft soap baths.

Liver Detoxification:

MIX:

Hepar compos. Heel	2.0 ml
Ubichinon compos. Heel	2.0 ml
CITROKEHL	2.0 ml

Inject deep i.m. 1x/week.

**Acne rosacea**

*see Erythematous Syndrome*

**Acrodermatitis  
(Herxheimer)**

*see Allergic Diseases, Viral Infections (general)*

Begins from age 50; thin atrophic, similar to cigarette paper foldable, reddish-blue, hairless skin.

Take into consideration oral root treatment, any root remains and granuloma, remove amalgam, diet<sup>1,2</sup>.

Alkalis with ALKALA T tablets 2x 1 daily for 10 days, then ALKALA N powder 2x 1 tsp. in warm water.

SANUVIS drops 2x 30 daily.

NOTAKEHL 5X drops and QUENTAKEHL 5X drops always daily alternating 2x 10 oral and/or to rub in for two to three weeks then MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 3X suppositories evenings 1x 1, Mon-Fri; Sat/Sun QUENTAKEHL 5X drops 2x 10 daily oral and/or to rub in.

SANUKEHL Brucel 6X drops and SANUKEHL Myc 6X drops always daily alternating 2x 5 oral, if necessary 1x 5 to rub in.

UTILIN 6X capsules and LATENSIN 6X capsules each 1x 1/week (Mon, Thur).

LIPISCOR capsules 2x 1 daily,

MAPURIT capsules 2x 1 daily,

ZINKOKEHL 3X drops 2x 10 daily.

Rub in with Oil of Evening Primrose into the skin; if necessary

MIX:

NOTAKEHL 7X                    1.0 ml

QUENTAKEHL 5X                1.0 ml

SANUKEHL Acne 5X            1.0 ml

Lidocaine/Procaine 1%       1.0 ml

Inject deep i.m. 2x/week.

**Actinomycosis**

“Ray fungus disease”, principally from dental defects, through the lymphatic tract in the cheeks, no X-ray treatment!

Dental care, removal of amalgam.

**IMPORTANT:**

Always inject the infected area 2-3x/week with

NOTAKEHL 5X                      1.0 ml

Lidocaine/Procaine 1%      1.0 ml

By the build-up of abscesses:

Tapping of body fluid and injection of NOTAKEHL 5X 1.0 – 2.0 ml into the cavity of the abscess.

At the same time oral therapy with ALKALA T tablets 2x 1 daily for 10 days, then ALKALA N powder 2x 1 tsp. daily in warm water.

NOTAKEHL 5X tablets 2x 1 daily over two weeks, then change to MUCOKEHL 5X tablets mornings 1x 1 and NIGERSAN 3X suppositories evenings 1x 1, Mon-Fri; Sat/Sun NOTAKEHL 5X tablets 2x 1 daily.

ZINKOKEHL 3X drops 2x 10 daily.

SANUKEHL Myc 6X drops and SANUKEHL Coli 6X drops each 2x 5 oral (if necessary 1x 5 to rub in) always exchanging daily with UTILIN “S” 6X drops 2x 5 daily oral or UTILIN “S” 6X 1.0 ml injecting deep i.m. every 10 days. After 2 to 3 weeks increase to UTILIN “S” 4X.

From 3<sup>rd</sup> – 4<sup>th</sup> week inject under the infected area 1x/week with

MIX:

NIGERSAN 5X                      1.0 ml

MUCOKEHL 5X                      1.0 ml

Lidocaine/Procaine 1%      0.5 ml

**Addison’s Disease** Exclude tuberculosis of the lungs! Regular control of urinary and blood sugar! Cortisone, antibiotics, hormones, and root treated teeth all block the isopathic therapy!

Principal Preparations: MUCOKEHL, NIGERSAN Alkalise with ALKALA T tablets 2x 1 daily for 10 days, then ALKALA N powder 2x 1 tsp. in warm water.

Adults:

NOTAKEHL 5X tablets 2x 1 daily over 7-10 days, then MUCOKEHL 5X tablets 1x 1 mornings and

NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun NOTAKEHL 5X tablets 2x 1.

After two weeks change to MUCOKEHL 3X suppositories 1x 1 mornings and NIGERSAN 3X suppositories 1x 1 evenings, Mon-Fri; Sat/Sun NOTAKEHL 3X suppositories 1x 1 evenings.

UTILIN 6X drops 1x 10/week oral or to rub in (or UTILIN 6X suppositories 1x 1/week) alternating with LATENSIN 6X drops, (Mon, Thur), or if necessary,

UTILIN 4X and LATENSIN 4X 1.0 ml each injecting deep i.m. 1x 1 always alternating weekly.

Children:

NOTAKEHL 5X drops 2x 5-10 daily oral and/or to rub in. After 10 days change to SANKOMBI 5X drops 2x 10 daily oral and/or to rub in, Mon-Fri; Sat/Sun NOTAKEHL 5X drops 2x 5-10 daily oral and/or to rub in.

Always in combination with SANUKEHL Pseu 6X drops and SANUKEHL Klebs 6X drops always alternating daily 2x 5 oral or to rub in.

## **Adiposity**

Many causes of a physically and emotionally nature possible, female hormone status, heavy metals<sup>5</sup>. Eliminate defective nutrition! Important: drink 3x daily ¼ litre tap water (= “thirst disease”), in the case of inferior tap water then drink the appropriate quantity of mineral water.

Principal Preparations: MUCEDOKEHL, LIPISCOR  
Children:

Alkalise with ALKALA T tablets 2x ½ daily for 10 days, then ALKALA N powder 2x htsp. daily in warm fruit or vegetable juice.

FORTAKEHL 5X drops 1x 10-15 (dosage acc. to age) mornings oral and/or to rub in, after 10 days change to MUCEDOKEHL 5X drops 1x 10-15 (dosage acc. to age) mornings oral and/or to rub in and NIGERSAN 5X drops 1x 10-15 daily (dosage acc. to age) evenings oral and/or to rub in, Mon-Fri; Sat/Sun MUSCARSAN 6X drops 2x 10 daily over a period of months.



SANUVIS drops 3x 10 daily,  
LIPISCOR capsules 2x 1 daily,  
UTILIN "S" 6X drops 1x 5/weekly oral.

Adults:

Alkalise with ALKALA T tablets 2x 1 daily for 10 days, then ALKALA N powder 2x 1 tsp. daily in warm water.

FORTAKEHL 5X tablets 2x 1 daily. After 10 days change to MUCEDOKEHL 4X capsules 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun MUSCARSAN 6X drops 2x 10-15 daily.

Always prescribe:

UTILIN 6X capsules or suppositories 2-3x 1/week,  
SANUVIS drops 3x 30 daily,  
CITROKEHL tablets 2x 1 daily.

UTILIN 6X drops and LATENSIN 6X drops each 1x 10/week (Mon, Thur) oral and/or to rub in.

SANUKEHL Coli 6X drops 2x 10 daily oral.

UTILIN "S" 6X drops 2x 5-10/week (partly rub in and partly oral) or

MIX:

UTILIN "S" 6X 1.0 ml

CITROKEHL 2.0 ml

SANUVIS 2.0 ml

Inject deeply intramuscularly 1x every 4 weeks.

Additive:

Carnitin 1-2 g. daily (increases capability to burn off body fat).

Regulate mineral balance through "Schuessler" mineral salts.

Unsaturated fatty acids: LIPISCOR capsules 2x 1 daily.

ZINKOKEHL 3X drops 2x 10 daily.

## **Adnexitis**

Principal Preparations: NOTAKEHL, NIGERSAN  
Always clean intestine (constipation, germ infiltration), diet<sup>1,2</sup>. Alkalise with ALKALA T tablets 2x 1 daily for 10 days, then ALKALA N powder 2x 1 tsp. in warm water.  
CITROKEHL tablets 2x 1 daily.

NOTAKEHL 3X suppositories mornings and evenings each 1x 1 rectal. After three to four days change to MUCCOKEHL 3X suppositories mornings 1x 1 and NIGERSAN 3X suppositories 1x 1 evenings, Mon-Fri; Sat/Sun NOTAKEHL 3X suppositories 2x 1 daily.

SANUKEHL Coli 6X drops 2x 10 daily oral and/or to rub in.

UTILIN 6X capsules 2x 1/week.

LATENSIN 6X drops and UTILIN "S" 6X drops each 1x 10/week (Mon, Thur) oral and/or to rub in.

Once acute complaint has eased off, change to LATENSIN 6X capsules or UTILIN "S" 6X capsules 1x 1/week alternating or

CITROKEHL 2.0 ml inject i.m. 1-3x/week,

UTILIN "S" 6X 1.0 ml inject deep i.m. 1x/week,

SANUKEHL Coli 7X 1.0 ml inject s.c. 1x/week.

Alternative Treatment:

MIX:

NOTAKEHL 5X 1.0 ml

PEFRAKEHL 6X 1.0 ml

Inject i.m. 1x/week.

If necessary - separately inject with:

RELIVORA COMPLEX 2.0 ml

FORMASAN 2.0 ml

Lachesis 30X 1.0 ml

Pyrogenium 20X 1.0 ml

Gonococcinum Injeel Heel 1.0 ml

Procaine/Lidocaine 1% 1.0 ml

Neural Therapy according to Huneke:

NOTAKEHL 5X 1.0 ml

Lidocaine/Procaine 1% 1.0 ml

Either as segment therapy of the periosteum of the pecten ossis pubis or 2 and 4 fw. paravertebral of the spinal column infiltration of the Ganglion "Frankenhäuser" over the pecten ossis pubis.

**Ageing / Senility  
(Symptoms of)**

*see Leaky Gut Syndrome, Atrophy of the Intestinal Mucous Membrane*

Here are many different systems to observe, from the arterial wall to liver cells, from the intestinal tract

to the functions of the kidney. It is attempted to generally address the system. One should observe the Redox-System! Also observe nitrogen residue, passing of urine and liver functions, pancreas and intestinal mucous membrane<sup>1,2,3</sup> observe with a low fat diet. Reduce nicotine and alcohol consumption. Always take into consideration candida<sup>1</sup> and heavy metals<sup>5</sup>.

**Oral Therapy:**

Alkalise with ALKALA T tablets 2x 1 daily for 10 days, then ALKALA N powder 2x 1 tsp. daily in warm water.

EXMYKEHL 3X suppositories 2x 1 daily for 20 days, then MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun EXMYKEHL suppositories 2x 1 daily.

UTILIN 6X drops and LATENSIN 6X drops each 2x 5 alternating daily, oral and/or to rub in.

Every three to five weeks administer in between with UTILIN "S" 6X capsules 1x 1.

REBAS 4X capsules 2x 1 daily for four weeks, then a pause for a few months and then repeat.

PROPIONIBACTERIUM AVIDUM 5X capsules 2x 1/week,

MAPURIT capsules 2x 1 daily in combination with ZINKOKEHL 3X drops 1x 10 evenings.

General for all Patients:

**MIX:**

CHRYSOCOR 3X 2.0 ml

Cystein-Injeel Heel 1.0 ml

In addition by women:

Ovarium compos. Heel 2.0 ml

In addition by men:

Testis compos. Heel 2.0 ml

Lidocaine/Procaine 1% 1.0 ml

Inject i.m. 1-2x/week.

Chrome-GTF 200-300 µg per day necessary,

UTILIN "S" 6X every four weeks 1.0 ml inject deep i.m.

## **Agranulocytosis**

*see Granulocytopenia, Allergic Diseases*

Allergy related, within a few hours Granulocytopenia sets in with chills, destruction of mucous membrane of the tonsils, anal and genital areas. Observe the bowl and intestinal areas. Diet<sup>1</sup>. Alkalise with ALKALA T tablets 2x 1 daily for 10 days, then change to ALKALA Powder 2x 1 tsp. daily in warm water.

Adults:

NOTAKEHL 5X tablets 2x 1 daily. After 10 days change to MUCOKEHL 5X tablets mornings 1x 1 and NIGERSAN 3X suppositories evenings 1x 1, Mon-Fri; Sat/Sun NOTAKEHL 5X tablets 2x 1 daily. UTILIN "S" 6X drops 2x 5 daily oral and/or to rub in from beginning onwards.

SANUKEHL Pseu 6X drops 1x 10 daily oral and/or to rub in.

FORMASAN drops 2x 5-10 daily,

SANUVIS drops 2x 30 daily,

CITROKEHL tablets 2x 1 daily or

MIX:

SANUKEHL Pseu 5X      1.0 ml

SANUVIS                      1.0 ml

CITROKEHL                1.0 ml

Inject deep i.m. 2-3x/week.

Children:

NOTAKEHL 5X drops 2x 10 daily oral and/or to rub in. After two weeks change to SANKOMBI 5X drops 2x 10 daily oral and/or to rub in, Mon-Fri; Sat/Sun NOTAKEHL 5X drops 2x 10 daily oral and/or to rub in.

SANUKEHL Pseu 6X drops 1x 5 daily rub in (from 8 years 2x 5 daily oral),

SANUVIS drops 3x 20 daily oral.

Additive:

NOTAKEHL 7X              1.0 ml and

Lidocaine/Procaine      0.5 ml

Inject to the tonsil or anal/genital regions (suppression).

## Allergic Diseases

An allergy is the overreaction against substances which the organism is unable to break down and render harmless. It is, so to speak an hysterical reaction which serves to protect the organism. Allergies are always founded in the intestinal region. In the first nine months of a baby's life, its stomach is only equipped to receive the breast milk of the mother. Every other type of milk (all formula baby milk preparations are derived from cow's milk) can above all by atopic families, cause the destruction of the intestinal mucous membrane as a result of an over-shooting reaction, with it destroying the Peyer's Patches and stunting the villous folds.

With the destruction of the intestinal mucous membrane the development of immunoglobulin A (IgA), also partly IgG are lost and with the destruction of the Peyer's Patches the defence cells T3/T4 fail to form.

An allergy cannot be "deleted", because the plasma cells (formerly B-Lymphocyte) always clone themselves. One can only achieve a minimal tolerance through an omission diet (or through "desensibilisation"). Intestinal allergies in baby's occur particularly against cow's milk, eggs and their related products as well as wheat (gluten). Further enteric allergies appear later and are caused by the immaturity of the growing intestinal villi.

Important is the vicaration according to Reckeweg, who said that an organ (intestines<sup>3</sup>) through too many antigens will become "worn out" and its secretion of the reaction products (histamine, serotonin, prostaglandine) work through another organ of another germ layer such as pollinosis (hay fever), neurodermatitis and asthmoid bronchitis.

General Therapy: Hypoallergenic diet<sup>1,2</sup>

Children:

Alkalisise with ALKALA T tablets 2x ½ daily for 10 days, then ALKALA N powder 2x htsp. daily in warm fruit or vegetable juice.

FORTAKEHL 5X drops 2x 5-10 oral and/or to rub in, after 2 to 3 weeks SANKOMBI 5X drops 2x 10-15 daily oral and/or to rub in,

in addition FORMASAN drops 2x 5-10 daily.

UTILIN 6X drops always alternating daily with RECARCIN 6X drops each 1x 2 massage into the skin.

By diarrhoea: OKOUBASAN 2X drops 2-3x 2-5 daily.

Older Children and Adults:

Alkalisate with ALKALA T tablets 2x 1 daily for 10 days, then ALKALA N powder 2x 1 tsp. in warm water.

FORTAKEHL 5X tablets 2x 1 for 10 days, then change to a combination of MUCOKEHL 5X tablets mornings 1x 1 and NIGERSAN 5X tablets evenings 1x 1, Mon-Fri; Sat/Sun FORTAKEHL 5X tablets 2x 1 daily

REBAS 4X capsules 2x 1 daily.

By gastroenteritis: OKOUBASAN 2X drops 2x 5 daily.

SANUKEHL Coli 6X drops and SANUKEHL Salm 6X drops each 2x 5-10 alternating daily oral and if necessary 1x 5-10 to rub in.

ZINKOKEHL 3X drops 2x 10 daily oral evenings.

## **Alopecia**

Eradicate dandruff and loosening of the epithelial layers through massaging with a hair oil containing salicyl.

Rp:

- Salicylic acid 2.0 – 4.0

- Ol oenantha biennis (Oil of Evening Primrose)

- Ol Ricini aa ad 100.0

Evenings massage into the scalp.

Alkalisate with ALKALA T tablets 2x 1 daily for 10 days, then ALKALA N powder 2x 1 tsp. in warm water.

Mornings alternating daily with PEFRAKEHL 5X drops and SANKOMBI 5X drops to rub in.

LIPISCOR capsules 2x 1 daily,

MAPURIT capsules 2x 1 daily.

*NOTE:* The site of the alopecia, allows the corresponding projection areas of the single (disruptive) teeth on the scalp to be identified (Werthmann). The liver lies in the region of the tonsure area of the monks. Oral panorama X-ray (granuloma, root treatment, root resection); always take into consideration a liver remedy (SILVAYSAN).

### **Alopecia areata**

*see Alopecia*

Massage affected areas daily always alternating with MUCOKEHL 5X drops and NIGERSAN 5X drops or daily with SANKOMBI 5X drops. MUCOKEHL 3X suppositories always alternating daily with NIGERSAN 3X suppositories 1x 1.

LATENSIN 6X capsules and UTILIN 6X capsules each 1x 1/week (Mon, Fri).

### **Amalgam Stress**

The heavy metal burden with amalgam is wide spread and shows two phenomena; the simultaneous existence of candidiasis and a possible blockage of intra-cellular ferment reaction. Candida is a collector of heavy metals, similar to algae. The amalgam must be removed from the mouth area. The prescriptions of the Austrian Society for Electro-acupuncture (Salzburg) suggest that further heavy metals such as gold with platinum or palladium should not be immediately used, but for three to six months only with cement for the purposes of recovery of the connective tissue.

Therapy:

Diet<sup>1</sup> for the purpose of re-building the intestinal mucous membrane.

Alkalise with ALKALA T tablets 2x 1 daily for 10 days, then ALKALA N powder 2x 1 tsp. daily in warm water.

EXMYKEHL 3X suppositories 2x 1 daily for 10 days, then change to FORTAKEHL 5X tablets 2x 1 daily for 10 days, then change to MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1

evenings, Mon-Fri; Sat/Sun EXMYKEHL 3X suppositories 2x 1 daily.

Excretion of the amalgam with:

PLEO CHELATE drops 2x 30 daily in combination with MAPURIT capsules 2x 1 (radical scavengers) afternoons, SELENOKEHL drops 1x 5 mornings and ZINKOKEHL 3X drops 1x 10 evenings.

SANUKEHL Prot 6X drops daily alternating with SANUKEHL Cand 6X drops each 1x 5 daily oral and/or to rub in for four to six weeks, then discontinue for two weeks.

### **Amaurosis (blindness)**

Loss of all optical functions, sometimes rheumatic, hysterical or eclamptic nature, search disturbance fields.

Alkalis with ALKALA T tablets 2x 1 daily for 10 days, then ALKALA N powder 2x 1 tsp. in warm water.

NOTAKEHL 5X tablets 2x 1 for 10 days, then change to MUCOKEHL 5X tablets mornings 1x 1 and NIGERSAN 5X tablets evenings 1x 1.

MAPURIT capsules 2x 1 daily.

SANUKEHL Acne 6X drops 2x 5-10 daily oral and/or to rub in.

PROPIONIBACTERIUM AVIDUM 5X capsules 3x 1/week. LATENSIN 6X capsules 1x 1/week, UTILIN "S" 6X drops 2x 5 daily oral.

### **Amblyopia**

*see Sinusitis, Diabetes Mellitus, Amaurosis*

Mostly caused through squinting, sinusitis, overlapped teeth, amalgam strain<sup>5</sup>, diabetes.

MUCOKEHL 5X eye drops 1-2x daily drip into the conjunctival sac and rub into the eyelid.

MUCOKEHL 5X 1.0 ml inject i.m. every two days.

UTILIN 6X 1.0 ml inject i.m. every four weeks.

Neural therapy according to Huneke:

NIGERSAN 5X                      1.0 ml

Procaine/Lidocaine 1%      1.0 ml

Infiltration to both sides of the Ganglion stellatum (Dosch) or both sides on the Ganglion Pterygopalatinum.



Dietary Measures<sup>1,2</sup>.

**Amenorrhoea**

*see Menstrual Disorders*

**Amyotrophic  
Lateral Sclerosis  
(ALS)**

*see Amalgam Stress*

Advanced degeneration of the 1<sup>st</sup> and 2<sup>nd</sup> neurons of the voluntomotorcity, partly flabby, partly spastic paresis. According to experience of other colleagues, this neurological clinical picture has a very close connection with heavy metal complaints (amalgam<sup>5</sup>).

From this, results the following therapy schema:

Removal of all amalgams, if necessary root treated (root removed) teeth. Holes should not be immediately filled with any further heavy metals (gold, platinum, palladium).

Therapy:

Alkalise with ALKALA T tablets 2x 1 daily for 10 days, then ALKALA N powder 2x 1 tsp. daily in warm water.

SANUVIS drops 2x 1 tsp. daily,

CITROKEHL tablets 2x 1 daily.

EXMYKEHL 3X suppositories 2x 1 daily for 10 days, then FORTAKEHL 5X tablets 2x 1 daily for 10 days, then change to MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun EXMYKEHL 3X suppositories 2x 1 daily.

UTILIN 6X capsules and UTILIN "S" 6X capsules change weekly 1x 1/week or UTILIN 6X drops and UTILIN "S" 6X drops each 2x 5 oral, alternating daily.

SANUKEHL Myc 6X drops alternating daily with SANUKEHL Cand 6X drops 1-2x 5-10 daily oral and/or to rub in.

LIPISCOR capsules 2x 1 daily.

**Anal Fistula**

*see Colitis ulcerosa, Body Orifices (Mycosis of)*

Always a result of colitis and from paratuberculosis beginnings.

First of all change intestinal milieu<sup>1,2,3</sup>. Only meat from sheep or goats. No pork products.

Alkalise with ALKALA T tablets 2x 1 daily over 10 days then ALKALA N powder 2x 1 tsp. with warm water.

SANUVIS drops 3x 20 daily as well as CITROKEHL tablets 2x 1 daily.

EXMYKEHL 3X suppositories 2x 1 for 10 days (mostly fungal attack), then FORTAKEHL 5X tablets 2x 1 daily for three weeks, then a combination of MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings Mon-Fri; Sat/Sun FORTAKEHL 5X tablets 2x 1 daily.

After a few days begin treatment with UTILIN "S" 4X capsules at intervals of two weeks.

LIPISCOR capsules 2x 1-2 daily (unsaturated fatty acids).

MIX:

Own blood	2.0 ml
UTILIN 6X	1.0 ml
ZINKOKEHL	2.0 ml

Shake by hand and a total of four i.m. injections at intervals of two weeks.

Regulate mineral balance (Schuessler therapy)

UTILIN "S" 6X 1.0 ml inject deep i.m. every two weeks.

### **Analmycosis**

*see Body Orifices (Mycosis of)*

### **Angina, Tonsillitis**

Diphtheria, scarlet fever, paratubercular weakness, in older patients cardio-active (Crataegus).

Children:

Alkalise with ALKALA T tablets 2x ½ daily for 10 days then ALKALA N powder 2x htsp. daily in warm fruit or vegetable juice.

NOTAKEHL 5X drops 2x 5-10 daily (each according to age) oral and/or to rub in. After 10 days change to SANKOMBI 5X drops 2x 5-10 daily oral and/or to rub in, Mon-Fri; Sat/Sun NOTAKEHL 5X drops 2x 5-10 daily oral and/or to rub in.

SANUVIS drops 2x 20 daily.

SANUKEHL Pseu 6X drops and SANUKEHL Strep 6X drops 1x 5-10 to rub in, always alternating daily.

Nasal lavage<sup>6</sup> with Mixture of:

NOTAKEHL 5X drops 1x 10 and QUENTAKEHL 5X drops 1x 10.

Additive:

Lymphomyosot Heel 2x 10-15 drops daily with Lymphdiaral cream (Pascoe) to rub in.

Adults:

Alkalise with ALKALA T tablets 2x 1 daily for 10 days then ALKALA N powder 2x 1 tsp. in warm water.

NOTAKEHL 5X tablets 2x 1 alternating daily with QUENTAKEHL 5X drops 2x 10 oral and/or to rub in.

CERIVIKEHL drops 3x 10 daily.

SANUKEHL Strep 6X drops alternating daily with SANUKEHL Pseu 6X drops each 1x 10 oral and/or to rub in.

Nasal lavage<sup>6</sup> with NOTAKEHL 5X drops and QUENTAKEHL 5X drops 1x 10 each (if necessary: sinusitis nosode injeel 1.0 ml)

UTILIN "S" 4X capsules 1x 1/week – open and sprinkle over tonsils

RELIVORA COMPLEX drops 3x 10-20 daily or

MIX:

NOTAKEHL 5X 1.0 ml

SANUKEHL Strep 5X 1.0 ml

or alternatively:

SANUKEHL Pseu 5X 1.0 ml

Inject i.m. 2x/week

UTILIN "S" 6X weekly 1.0 ml inject deep i.m. over two to three weeks. Repeat after three months.

Alternative:

Diphtheria Nosode-Injeel Heel

Scarlet Fever Nosode-Injeel Heel or

Streptococcus Haemolyticus Nosode-Injeel Heel

## **Angina pectoris**

*see Heart Infarct post status*

No smoking! Reduce weight! Hydrotherapy, changes to nutrition<sup>1,2</sup> generally to cooked fish

dishes, no fried foods, reduction in blood viscosity (venesection, no animal protein).

In case of Attack:

MUCOKEHL 3X suppositories by pain every 30 minutes 2-3x after each other, then 2x 1 daily.

Alkalise with ALKALA T tablets 2x 1 daily for 10 days then ALKALA N powder 2x 1 tsp. in warm water.

LEPTOSPERMUSAN drops 3x 5-10 daily,

PROPIONIBACTERIUM AVIDUM 5X capsules 3x 1/week,

UTILIN 6X capsules 1x 1/week.

MIX:

MUCOKEHL 5X 1.0 – 2.0 ml

Lidocaine / Procaine 0.5 – 1.0 inject i.v. slowly

Further treatment:

MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings (due to plaques on the vascular walls) Mon-Fri; Sat/Sun

MUCOKEHL ATOX 6X (Excretion) drops and NIGERAN ATOX 6X (Excretion) drops 1x 8 daily oral or to rub in.

PROPIONIBACTERIUM AVIDUM 5X capsules 2-3x 1/week.

SANUKEHL Acne 6X drops 2x 5 daily oral and/or to rub in over the heart and chest regions.

SANUVIS drops 2x 1 tsp. daily,

CITROKEHL tablets 2x 1 daily.

UTILIN 6X 1.0 ml inject i.m. every four weeks.

BIOFRID Fish Oil capsules 2x 2 daily (unsaturated fatty acids),

ZINKOKEHL 3X drops 1x 10 daily, evenings.

Despite improvement, this therapy should continue.

## **Aphasia**

*see Hemiplegia status post*

## **Aphthae stomatitis (Perlèche)**

*see Herpes Blisters*

Children:

Alkalise with ALKALA T tablets 2x ½ daily for 10 days then ALKALA N powder 2x 1 tsp. daily in warm fruit or vegetable juice.

QUENTAKEHL 5X drops and NOTAKEHL 5X drops 2x 5-10 always alternating daily, oral or dab aphtae using cotton buds or cotton balls at the same time GRIFOKEHL 5X drops 2x 5 daily rub into the elbows.

Adults:

QUENTAKEHL 4X capsules daily alternating with NOTAKEHL 4X capsules 2x 1 daily each.

GRIFOKEHL 5X drops 2x 10 daily oral and/or to rub in.

ZINKOKEHL 3X drops 2x 5-10 daily,

RECARCIN 4X capsules 1x 1/week or

MIX:

GRIFOKEHL 5X 1.0 ml

Lidocaine 1% 1.0 ml

Inject i.m. or under the enanthema.

Dab thoroughly with a mixture of SANKOMBI 5X drops and PEFRAKEHL 5X drops, above all for children.

## **Apoplexy status post**

*see Ageing / Senility (Symptoms of), Arterial Sclerosis*  
Change current eating habits immediately<sup>1,2</sup>, reduce intake of protein and fat, drink plenty.

By acute symptoms:

MIX:

MUCOKEHL 7X 1.0 – 2.0 ml

Carbo compos. Heel 2.0 ml

Procanium compos. Heel 2.0 ml inject i.v.

Alkalise with ALKALA T tablets 2x 1 daily for 10 days then ALKALA N powder 2x 1 tsp. in warm water, if necessary - base infusion<sup>4</sup>.

Begin with MUCOKEHL 5X tablets 2x 1 daily and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun MUCOKEHL ATOX 6X (Excretion) drops and NIGERSAN ATOX 6X (Excretion) drops 1x 8, oral and/or to rub in always alternating daily.

PROPIONIBACTERIUM AVIDUM 5X capsules 3x 1/week,

LIPISCOR capsules 2x 1 daily.

MUCOKEHL 5X drops 1x 5-10 massaging into the temporal and heart areas.

UTILIN 6X capsules and LATENSIN 6X capsules each 1x 1/week.

LEPTOSPERMUSAN drops 3x 5 daily,

ZINKOKEHL 3X drops 2x 10 daily.

SANUKEHL Acne 6X drops 2x 5 daily massaging into the place of disease or into the bend of the elbows.

## **Arterial Sclerosis**

*see Ageing / Senility (Symptoms of)*

Observe sufficient fluid intake! Observe mineral balance, change present eating habits<sup>1</sup>, Chrome-GTF 200-300 µm necessary (increase of the HDL-cholesterol and glucose tolerance factors).

Alkalis with ALKALA T tablets 2x 1 daily for 10 days then ALKALA N powder 2x 1 tsp. in warm water.

MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun MUCOKEHL ATOX 6X (Excretion) drops and NIGERSAN ATOX 6X (Excretion) drops each 5-10 massaging onto the area of disease or into the bend of the elbows.

MAPURIT capsules 2x 1 daily,

SELENOKEHL drops 1x 5 daily mornings.

PROPIONIBACTERIUM AVIDUM 5X capsules 3x 1/week.

SANUKEHL Acne 6X drops 1x 10 daily oral and 1x 5 drops to rub in.

CHRYSOCOR 3X 2.0 ml inject i.m. 3x 1/week or MIX:

CUPRUCHEHL 4X      2.0 ml

ZINKOKEHL            2.0 ml

UTILIN 6X             1.0 ml

SANUVIS               2.0 ml

Inject deep i.m. 1x/week

Long Term Therapy:

GINKGOBAKEHL drops 3x 15 daily,

MUCOKEHL 4X capsules 3x 1/week

SANUKEHL Acne 6X drops 2 x 10 daily oral and/or to rub in.

## Arthritis

Nutritional adjustments<sup>1</sup>, acupuncture, appropriate homoeopatica. Look for foci: tonsils, teeth (root treatment, granulomas, root resections, crowns), scars, gynaecological area, appendix, gall bladder, heavy metals<sup>5</sup>.

Alkalise with ALKALA T tablets 2x 1 daily for 10 days then ALKALA N powder 2x 1 tsp. in warm water, if necessary, base infusion<sup>4</sup>.

NOTAKEHL 5X tablets 2x 1 daily for 10 days then change to MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun NOTAKEHL 5X tablets 2x 1 daily.

LATENSIN 6X capsules and RECARCIN 6X capsules 1x 1 each /week (Mon, Fri).

SANUKEHL Myc 6X drops 2x 5 daily to rub in. After three to four weeks a single dose of UTILIN "S" 6X capsules instead of LATENSIN 6X capsules.

SANUVIS drops 3x 1 tsp. daily,

CITROKEHL tablets 3x 1 daily.

Neural Therapy:

Infiltrate joints with a mixture of:

NOTAKEHL 5X	1.0 ml
Procaine / Lidocaine 1%	0.5 ml

## Arthrosis

*see Spondylosis*

Primary and secondary chronically deforming arthropathy (joint disease).

By acute inflammation:

Alkalise with ALKALA T tablets 2x 1 daily for 10 days then ALKALA N powder 2x 1 tsp. in warm water, if necessary, base infusion<sup>4</sup>.

NOTAKEHL 5X tablets 2x 1 daily for 10 days, then a combination of MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun NOTAKEHL 5X tablets 2x 1 daily. UTILIN "S" 6X drops 1x 5 daily to rub in, SANUVIS drops 3x 60 daily oral.

## Asthma

*see Allergic Diseases, Bronchitis catarrhalis*

Principal Preparations: NIGERSAN, LATENSIN, SANUKEHL Myc, UTILIN "S".

Mostly an allergic vicariation of the intestinal milieu, therefore observe diet, foci (root treatment, tonsils).

Children:

Alkalise with ALKALA T tablets 2x ½ daily for 10 days then ALKALA N powder 2x htsp. daily in warm fruit or vegetable juice.

FORTAKEHL 5X drops 2x 10 daily oral and/or to rub in. After 10 days change to SANKOMBI 5X drops 2x 10-15 daily oral and/or to rub in, Mon-Fri; Sat/Sun FORTAKEHL 5X drops 2x 10 daily oral and/or to rub in.

SANUKEHL Pseu 6X drops 1x 5 daily to rub in (from 6 years oral and/or to rub in).

UTILIN "S" 6X drops 1x 3 daily oral and/or to rub in,

UTILIN 6X drops and RECARCIN 6X drops 1x 2 alternating daily to rub in.

Children from 12 years and Adults:

Alkalise with ALKALA T tablets 2x 1 daily for 10 days then ALKALA N powder 2x 1 tsp. with warm water.

FORTAKEHL 5X tablets 2x 1 daily. After 10 days change to MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 3X suppositories 1x 1 evenings, Mon-Fri; Sat/Sun FORTAKEHL 5X tablets 2x 1 daily.

RECARCIN 6X capsules and LATENSIN 6X capsules each 1x 1 /week (Mon, Fri). From the third week, instead of LATENSIN 6X capsules insert every four weeks a UTILIN "S" capsule or UTILIN "S" 6X drops 1x 5 daily oral and/or to rub in.

Neural Therapy: Set weals with an injection mixture to the thorax (Segment Therapy):

NIGERSAN 5X 1.0 ml

MUCOKEHL 5X 1.0 ml

Procaine / Lidocaine 1% 1.0 ml

*NOTE:* Always take into consideration that each asthma-bronchitis originates from the sinus region, therefore nasal lavage<sup>6</sup> with:

NOTAKEHL 7X 1.0 ml

NIGERSAN 5X 1.0 ml



with Bronchiectasis:  
 NOTAKEHL 5X tablets 2x 1-2 daily,  
 SANUKEHL Pseu 6X drops 2x 10 daily oral and/or  
 to rub in, if necessary alternately administering in  
 between with SANUKEHL Staph 6X drops and  
 SANUKEHL Strep 6X drops.  
 FORMASAN drops 3x 10-20 daily (secretolyticum).  
 Homoeopathica:  
 Drosera 12X and RELIVORA COMPLEX drops 3x  
 20 respectively, oral or:  
 NOTAKEHL 7X 1.0 ml i.m. inject 3x/week  
 SANUKEHL Pseu 5X 1.0 ml i.m. inject 2x/week

**Atrophy of the  
 Intestinal Mucous  
 Membrane**

Wider spread than one supposes. Old people,  
 children and teenagers with stomach allergies,  
 Leaky Gut Syndrome, secondary pancreas  
 weaknesses; every chronic disease.

Adults:

Begin immediately with a hypoallergenic diet<sup>1,2</sup>,  
 omit fresh fruit and vegetables as well as dried fruit  
 because of damaged cellulose breakdown and  
 candida.

Alkalise with ALKALA T tablets 2x 1 daily for 10  
 days then ALKALA N powder 2x 1 tsp. in warm  
 water.

EXMYKEHL 3X suppositories 2x 1 daily for 10 days  
 then change to FORTAKEHL 5X tablets 2x 1 daily  
 for 10 days, thereafter a combination of  
 MUCOKEHL 5X tablets 1x 1 mornings and  
 NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/  
 Sun EXMYKEHL 3X suppositories 1x 1 daily.

REBAS 4X capsules 2x 1 daily for 4 weeks.

FORMASAN drops 2x 5-10 daily by colds,  
 OKOUBASAN 2X drops 2x 3-5 daily by diarrhoea,  
 secondary pancreatic insufficiency (flatulence).

Children:

No ordinary baby / children milk, diet<sup>1,2,3</sup>.

Alkalise with ALKALA T tablets 2x ½ daily for 10  
 days then ALKALA N powder 2x htsps. daily in warm  
 fruit or vegetable juice.

PEFRAKEHL 5X drops 2x 5-15 daily oral for 10 days then change to FORTAKEHL 5X drops 2x 5-10 daily oral.

Afterwards SANKOMBI 5X drops 2x 10-15 daily oral, Mon-Fri; Sat/Sun PEFRAKEHL 5X drops 2x 5-15 daily oral.

Improvement is shown through the rise of the IgA and reduction of the number and strength of the infection and secondary diseases.

## **Barber's Itch**

Trichophytosis, Tinea, Thread Fungus Disease

Alkalise with ALKALA T tablets 2x 1 daily for 10 days then ALKALA N powder 2x 1 tsp. in warm water.

NOTAKEHL 5X tablets 2x 1 always alternating daily with FORTAKEHL 5X tablets 2x 1. After two to three weeks change to MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun NOTAKEHL 5X tablets 2x 1 daily. SANUKEHL Trich 6X drops always alternating daily with SANUKEHL Staph 6X drops 2x 5-10 daily oral and/or to rub in from begin onwards.

UTILIN "S" 6X drops 2x 5 daily oral and/or to rub in or

MIX:

SANUKEHL Trich 5X      1.0 ml

UTILIN "S" 6X            1.0 ml

Inject deep i.m. every two weeks.

Further Treatment from the 4<sup>th</sup> Week:

NOTAKEHL 5X drops and SANKOMBI 5X drops always alternating daily spreading and massaging into the area of infection on the face and scalp.

UTILIN "S" 6X capsules 1x 1/week.

SANUKEHL Staph 6X drops 2x 5 to rub in, 2x 10 oral, daily or

repeat the UTILIN "S" 6X injections every four weeks with

MIX:

NOTAKEHL 6X/5X      1.0 ml

SANUKEHL Trich 5X      1.0 ml  
Inject deep i.m. 2x/week.

**Basedow's Disease** *see Hyperthyreosis*

**Bechterew's Disease** An intestinal associated disease; showing the same HLA antigens as found in those suffering from intestinal related allergies; begins in puberty, diet<sup>1</sup>. Plenty of unsaturated fatty acids (= LIPISCOR capsules 2x 2 daily), regulate mineral balance, observe sinus.

Never forget the nosodes Luesinum and Medorrhinum (Gonococcinum).

Acute Therapy:

Diet in conjunction with base supplies:

ALKALA T tablets 2x 1 daily. After 10 days change to ALKALA N powder 1x 1 tsp. daily in warm water, if necessary, base infusions 2-3x/week for rapid pain relief.

EXMYKEHL 3X suppositories 2x 1 daily. After 10 days FORTAKEHL 5X tablets 2x 1 daily for two weeks then change to a combination of MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun FORTAKEHL 5X tablets 2x 1 daily.

Always SANUVIS drops 2x 1 tsp. daily.

SANUKEHL Coli 6X drops 2x 5 daily oral and/or to rub in,

UTILIN "S" drops 1x 5 to rub in daily or

MIX:

CITROKEHL              2.0 ml

SANUVIS                2.0 ml

FORTAKEHL 5X        1.0 ml

UTILIN "S" 6X        1.0 ml

Inject i.m. 3x/week.

Long Term Therapy:

Neural Therapy with

MIX:

MUCOKEHL 5X              1.0 ml

SANUVIS	2.0 ml
Procaine / Lidocaine 1%	1.0 ml
Set weals perivertebral 2x/week.	
Autohaemotherapy (Reckeweg):	
Luesinum-Injeel Heel	1.0 ml
Gonoccinum-Injeel Heel	1.0 ml
Vaccinum-Injeel Heel	1.0 ml
NIGERSAN 5X	2.0 ml
Inject i.m. or s.c. 1x/month.	

LATENSIN 6X and UTILIN 6X always in weekly alternation each 1.0 ml inject deep i.m. After a few weeks change to 4X ampoules. Nasal lavage daily with NOTAKEHL 5X drops 1x 10 in 20 ml sodium chloratum physiologicum.

## Bed Wetting

Children:

It is a multi-factoral complaint, bladder seldom ill. Heavy metals = amalgam<sup>5</sup>, absorption in the nerve sheath, Candida as a result of heavy metals, problem of parents, also consider disturbances in distant regions of the body caused by sinusitis, nasal lavage<sup>6</sup>.

Alkalise with ALKALA T tablets 2x ½ daily for 10 days then ALKALA N powder 2x htsp. daily in warm fruit or vegetable juice.

PEFRAKEHL 5X drops and ALBICANSAN 5X drops always alternating daily each 1x 5-10 daily oral and/or to rub in, always in combination with SANUKEHL Cand 6X drops:

Children 1x 5 rub into the suprapubic area

Teenagers 1-2x 5 oral as well as to rub in, Mon-

Fri; Sat/Sun SANKOMBI 5X drops 2x 10 oral.

Adults:

Nervous disorders, apoplexy status post, prostate-adenoma, prostatitis, ageing, nervous complaints (MS, ALS).

Alkalise with ALKALA T tablets 2x 1 daily for 10 days then ALKALA N powder 2x 1 tsp. in warm water.

Begin with EXMYKEHL 3X suppositories 1x 1 daily.

After 10 days MUCOKEHL 5X tablets 1x 1 mornings

and NIGERSAN 3X suppositories 1x 1 evenings,  
Mon-Fri; Sat/Sun EXMYKEHL 3X suppositories 1x  
1 daily.

LATENSIN 6X capsules and UTILIN 6X capsules  
alternating weekly each 1x 1.

SANUVIS drops 2x 30 daily,

ZINKOKEHL 3X drops 1-2x 5-10 daily.

SANUKEHL Cand 6X drops 2x 10 daily oral and/  
or to rub in.

Additive:

Plantago Homaccord drops 2x 20 daily,

Kalium phosphoricum-Injeel Heel 1x oral ampoule  
daily (after exhaustion and contagious diseases),

nasal lavage with NOTAKEHL 5X drops,  
Euphorbium compos. Heel drops and Sinusitis  
Nosode-Injeel Heel.

Regulation of the mineral balance (Schuessler  
Therapy).

Change of anxiety tension of the parents  
(MUCEDOKEHL).

**Bladder  
(Inflammation of)**

*see Cystitis*

**Blepharitis**

Causes: Allergy, vision failure, gum pockets

Low sugar diet! Teeth in the upper jaw!

SANKOMBI 5X 1-2 drops several times a day in the  
conjunctival sac (applying always in the outer corner  
of the eye).

SANUKEHL Myc 6X drops:

Children 1-2x 5 drops massaging into the face.

Adults 1-2x 10 drops oral and to rub in.

LATENSIN 6X capsules 1x 1/week,

FORMASAN drops 2x 10 daily oral.

**Body Orifices  
(Mycosis of)**

*see Amalgam Stress, Allergic Diseases, Enteral Mycosis,  
Candidiasis*

The origin of every mycosis stems from an intestinal  
mycosis and in some, too much heavy metals and  
similar toxins (amalgam<sup>5</sup>, root treatment). Always

consider further support of information of the meridian (e.g. candida). Fundamentally, all mycosis are treated the same, milieu sanitation. Base therapy:

Adults:

Anti-fungal diet according to Werthmann<sup>1,2</sup>, without cellulose.

Alkalise with ALKALA T tablets 2x 1 daily for 10 days then ALKALA N powder 2x 1 tsp. daily in warm water for a period of months, if necessary, base infusion<sup>4</sup>.

Always in combination with EXMYKEHL 3X suppositories 2x 1 daily. After two weeks FORTAKEHL 5X tablets 2x 1 daily, Mon-Fri; Sat/Sun EXMYKEHL 3X suppositories 2x 1 daily.

After a further two weeks a combination of MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun EXMYKEHL 3X suppositories 2x 1 daily over a period of months.

SANUVIS drops 2x 1 tsp. daily and CITROKEHL tablets 2x 1 daily.

SANUKEHL Cand 6X drops in daily rotation with SANUKEHL Prot 6X drops each 2x 5 oral and 1x 5 to rub in.

UTILIN "S" 6X drops 2x 5 daily oral and/or to rub in or

MIX:

EXMYKEHL 5X	1.0 ml
SANUKEHL Cand 5X	1.0 ml
UTILIN 6X	1.0 ml
Lidocaine 1%	1.0 ml
Inject deep i.m. 2x/week	

Children:

Anti-fungal diet<sup>1,2,3</sup> combined with alkalisation with ALKALA T tablets 2x ¼ to ½ daily, then ALKALA N powder 2 x ¼ to htsp. daily in warm fruit or vegetable juice.

ALBICANSAN 5X drops 2x 5-10 oral and/or to rub in for 10 days then FORTAKEHL 5X drops 2x 5-10 daily oral and/or to rub in. After 10 days, base therapy with SANKOMBI 5X drops 2x 5-15 daily

oral and/or to rub in, Mon-Fri; Sat/Sun  
ALBICANSAN 5X drops 2x 5-10 daily oral and/or  
to rub in.

SANUKEHL Prot 6X drops 1x 2 daily to rub in,

UTILIN "S" 6X drops 2x 2-5 week oral and/or to  
rub in.

Oral Thrush:

Always a sign of an allergy with cow's milk or hen's  
eggs, diet<sup>1,2</sup>, mothers breastfeeding must omit the  
primary antigens from their diet. In addition to the  
base therapy, soak cotton buds with PEFRAKEHL  
5X drops or ALBICANSAN 5X drops several times  
daily rubbing the nipples and inside of the child's  
mouth.

PEFRAKEHL 5X drops 2x 3-5 daily oral.

Anal Mycosis:

In addition to the base therapy use ALBICANSAN  
3X ointment and PEFRAKEHL 3X ointment. In case  
of problems with flatulence then prescribe enzyme  
based preparations; OKOUBASAN 2X drops 1-3x 5  
daily oral and/or to rub in.

Vaginal Mycosis:

In addition to the base therapy EXMYKEHL 3X  
suppositories can be prescribed to insert vaginally.

Lavage 1x evenings with MIX:

PEFRAKEHL 5X drops                    5.0 ml

SANUKEHL Cand 6X drops            2.0 ml

## **Borrelia**

Partial Milieu illness, accompanying gastritis  
partially caused through hyper protein anaemia.

ALKALA T tablets 2x 1 daily for 10 days then  
ALKALA N powder 2x 1 tsp. in warm water. With  
pain, base infusion<sup>4</sup> every second day.

Children:

NOTAKEHL 5X drops 2x 10 daily oral and/or to  
rub in. After 10 days change to SANKOMBI 5X  
drops 2x 10 daily oral and/or to rub in, Mon-Fri;  
Sat/Sun NOTAKEHL 5X drops 2x 10 daily oral and/  
or to rub in.

SANUKEHL Brucel 6X drops 2x 5 daily to rub in.  
From 10 years, 1x 5 oral and 1x 5 to rub in.

LATENSIN 6X drops 1x 5 oral, daily.

Adults:

NOTAKEHL 3X suppositories 2x 1 daily for 10 days,  
then change to MUCOKEHL 5X drops 1x 10  
mornings oral and/or to rub in and NIGERSAN 5X  
tablets 1x 1 evenings, Mon-Fri; Sat/Sun  
NOTAKEHL 3X suppositories 2x 1 daily.

SANUKEHL Brucel 6X drops 2x 5 oral, 1x 5 to rub  
in.

LATENSIN 6X capsules in rotation with RECARCIN  
6X capsules 1x 1/week, at the same time UTILIN  
“S” 6X drops 1x 5 daily oral and/or to rub in. After  
three weeks from the beginning of the treatment,  
exchange LATENSIN 6X capsules with UTILIN “S”  
6X capsules every two weeks.

Begin with the weaker administration form, then  
after a few weeks, where appropriate, change to 4X  
capsules or

MIX:

NOTAKEHL 7X 1.0 ml

CITROKEHL 2.0 ml

Inject i.m. 2x/week.

## **Brain Tumour**

*see Carcinoma*

Especially effective is the alkalisation of the milieu  
with ALKALA T tablets 2x 1 daily or base infusion<sup>4</sup>.

Alternative: HN15 (Ayurvedic medicine)

## **Breast Cancer**

*see Carcinoma, Amalgam Stress*

Therapy is generally as with *Carcinoma*.

Important: Oral panorama X-ray. The teeth of the  
intestinal meridian (4-7 upper and lower jaw on both  
sides) with root treatment, granulomas and root  
remains must all be removed (those with the most  
toxic effect are the 6).



Neural Therapy:

Peri tumorous infiltration several times a week with:

MUCOKEHL 5X	1.0 ml
NIGERSAN 5X	1.0 ml
Lidocaine / Procaine 1%	1.0 ml

**Bronchiectasis  
(Dilation of the  
bronchi)**

*see Asthma*

Causes: Congenital, acquired (measles, whooping cough, foreign body aspiration, tuberculosis or illness of the hilus lymph-nodes).

Differential Diagnosis: tuberculosis, inflammations Children (rarely):

Alkalise with ALKALA T tablets 2x ½ daily for 10 days, then ALKALA N powder 2x htsp. daily in warm fruit or vegetable juice.

NOTAKEHL 5X drops 2x 10-15 daily oral and/or to rub in. After 10 days change to SANKOMBI 5X drops 2x 10-15 daily oral and/or to rub in, Mon-Fri; Sat/Sun NOTAKEHL 5X drops 2x 10-15 daily and/or to rub in.

UTILIN „S“ 6X drops 2x 5 per week to rub in. From 10 years 1-2x 5 oral per week.

SANUKEHL Strep 6X drops 2x 5 per week to rub in. From 10 years 1-2x 5 oral.

Adults:

Alkalise with ALKALA T tablets 2x 1 daily for 10 days, then change to ALKALA N powder 2x 1 tsp. in warm water.

NOTAKEHL 3X suppositories 2x 1 daily for 10 days then change to MUCOKEHL 5X tablets mornings 1x 1 and NIGERSAN 3X suppositories 1x 1 evenings, Mon-Fri; Sat/Sun NOTAKEHL 3X suppositories 2x 1 daily.

UTILIN „S“ 6X capsules 1x 1 every two weeks or UTILIN „S“ 6X drops 1x 5-10 oral, daily.

LATENSIN 6X capsules and RECARCIN 6X capsules each 1x 1 per week (Mon, Fri).

SANUVIS drops 2-3x 30 daily,

CITROKEHL tablets 2x 1 daily,

ZINKOKEHL 3X drops 1x 5-10 daily (evenings),

CUPRUEHL 3X drops 1x 5-10 daily,

RELIVORA COMPLEX drops 3x 10 daily.  
SANUKEHL Pseu 6X drops and SANUKEHL Strep  
6X drops 1x 10 oral each, alternating daily.

**Bronchitis  
catarrhalis,  
Sinubronchitis**

*see Allergic Diseases, Bronchiectasis, Sinusitis*  
Always treat the cause, mostly, sinusitis (with  
children also tonsillitis).

Children:

Alkalise with ALKALA T tablets 2x ½ daily for 10  
days then ALKALA N powder 2x htsp. in warm fruit  
or vegetable juice.

NOTAKEHL 5X drops 2x 5-10 daily oral and/or to  
rub in over 10 days, on suspicion of viral related  
causes, always alternate daily with QUENTAKEHL  
5X drops 2x 5-10 daily oral and/or to rub in, then  
change to SANKOMBI 5X drops 2x 5-10 daily oral  
and/or to rub in, Mon-Fri; Sat/Sun NOTAKEHL 5X  
drops and QUENTAKEHL 5X drops 2x 5-10 daily  
oral and/or to rub in respectively.

By relapses always massage with SANUKEHL Serra  
6X drops alternating daily with SANUKEHL Pseu  
6X drops 1-2x 5.

UTILIN „S“ 6X drops 1-2x 2-5 daily to rub in.

Further Treatment for Children:

Always remember allergies<sup>1</sup> (intestinal region, sinus  
paranasales), tuberculinical weaknesses, disturbed  
regions of the tonsils and scarring as a result of  
tonsillectomy.

Besides the base treatment, prescribe UTILIN „S“  
6X drops 1x 3-5 daily oral,

LATENSIN 6X capsules 1x 1/week,

CERIVIKEHL drops 3x 10 daily.

Children from the age of 6 years and Adults:

Alkalise with ALKALA T tablets 2x 1 daily for 10  
days, then ALKALA N powder 2x 1 tsp. in warm  
water.

NOTAKEHL 3X suppositories 2x 1 daily for 10 days,  
by suspicion of viral related causes, always alternate  
daily with QUENTAKEHL 5X drops 2x 10-15 oral  
and/or to rub in, then change to a combination of  
MUCOKEHL 5X tablets 1x 1 mornings and

NIGERSAN 5X tablets evenings 1x 1, Mon-Fri; Sat/  
Sun NOTAKEHL 5X tablets 2x 1-2 daily respectively  
QUENTAKEHL 5X drops 2x 10-15 daily oral and/  
or to rub in.

UTILIN „S“ 6X capsules 1x 1 per week,  
RELIVORA COMPLEX drops 3x 10 daily.

Neural Therapy:

MIX:

NOTAKEHL 5X-7X 1.0 ml

Lidocaine/Procaine 1% 1.0 ml

Set weals to thorax or infiltration of the  
ganglion stellatum (Dosch).

To avoid Pneumonia in extreme cases Phosphorous  
30X and drainage to the skin with bleeding.

Nasal lavage<sup>6</sup> with NOTAKEHL 5X drops or  
QUENTAKEHL 5X drops (each 10-20), Euphorbium  
compositum drops 2x 10 daily.

Further Treatment Adults:

If no sign of healing after one week then look for  
disturbance regions (teeth, nasal cavities).

UTILIN „S“ 4X capsules once within 3-6 weeks,

BOVISAN 5X capsules 1x 1 per week,

UTILIN 6X capsules 1-2x per week always in  
conjunction with CERIVIKEHL drops 3x 10-15 daily.

RELIVORA COMPLEX drops 3x 10 daily.

## **Burns / Scalds**

Large areas must always be treated by a doctor  
(shock therapy), important to observe with smaller  
affected areas (also with children): do not apply any  
dressings! Cold tap/faucet water to run over the  
burned/scalded area until pain has eased off and  
repeated several times daily.

Apply locally with St. John's Wort Oil several times  
daily: Olei hyperici perforati 50 ml (reduces scar  
formation) and the wound should remain open as  
long as possible. With formation of blisters, dab  
(using cotton buds) with 2% mercurous chrome  
solution.

NOTAKEHL 5X drops 2x 10 daily oral and/or to  
rub in or NOTAKEHL 5X 2.0 ml inject i.m. daily.

Basic Treatment from the second day: MUCOKEHL 5X tablets 1x 1 (drops 1x 10 oral and/or to rub in) daily mornings and NIGERSAN 5X tablets 1x 1 (drops 1x 10 oral and/or to rub in) daily evenings, Mon-Fri; Sat/Sun NOTAKEHL 5X tablets 2x 1 daily or 5X drops 2x 10 daily oral and/or to rub in.

## **Candidiasis**

*see Amalgam Stress, Atrophy of the Intestinal Mucous Membrane, Enteral Mycosis.*

Candida is a commonly found yeast. At the same time most comprise a heavy metal<sup>5</sup>(amalgam)-overburden or an atrophy of the intestinal mucous membrane<sup>1,2</sup>, a digestive disorder with cellulose, chemotherapy, radiotherapy or hormone therapy. One must, therefore, consider the different causes. Hypoallergenic diet.

Children:

Diet<sup>1,2,3</sup>, everything thoroughly cooked over a three to four week period.

Alkalise with ALKALA T tablets 2x ½ daily for 10 days then ALKALA N powder 2x htsp. in warm fruit or vegetable juice.

SELENOKEHL drops 1x 5 daily mornings and ZINKOKEHL 3X drops 1x 10 daily evenings.

SANUVIS drops 2x htsp. daily.

PEFRAKEHL 5X drops 2x 10-15 oral and/or to rub in or as an alternative choice, ALBICANSAN 5X drops 2x 10 daily oral and/or to rub in. After 10 days change to FORTAKEHL 5X drops 2x 10 oral and/or to rub in for 10 days, then changing to SANKOMBI 5X drops 2x 10 daily oral and/or to rub in, Mon-Fri; Sat/Sun PEFRAKEHL 5X drops 2x 10-15 daily oral and/or to rub in.

Adults:

Alkalise with ALKALA T tablets 2x 1 daily for 10 days then ALKALA N powder 2x 1 tsp. in warm water.

SANUVIS drops 2x 1 tsp. daily,

CITROKEHL tablets 2x 1 daily.

The following microbiological possibilities are open:

ALBICANSAN 5X drops 2x 5-10 daily oral and/or to rub in by carcinoma sufferers or  
ALBICANSAN 4X capsules 2x 1 daily by adults with chronic disorders, ALBICANSAN 3X suppositories 2x 1 daily, also possible for vaginal use or  
PEFRAKEHL 5X drops 2x 10 oral and/or to rub in, PEFRAKEHL 4X capsules 2x 1 daily, PEFRAKEHL 3X suppositories 2x 1 daily, also for vaginal application

or

EXMYKEHL 3X suppositories 2x 1 daily (also for vaginal use), above all for those intestinally ill patients with chemotherapy and radiotherapy. One can of course treat with ALBICANSAN 5X ampoules or PEFRAKEHL 5X ampoules each 2x 1 per week.

Therapy Suggestion:

Begin with EXMYKEHL 3X suppositories 2x 1 daily for 10 days then change to FORTAKEHL 5X tablets 2x 1 daily, Mon-Fri; Sat/Sun EXMYKEHL 3X suppositories 2x 1 daily.

After a further two to three weeks a renewed readjustment to the base therapy MUCOKEHL 5X tablets mornings 1x 1 and NIGERSAN 5X tablets evenings 1x 1, Mon-Fri; Sat/Sun EXMYKEHL 3X suppositories 2x 1 daily.

Always accompanied with SANUKEHL Cand 6X drops 2x 5 daily oral and/or to rub in, duration: 2 – 3 months.

ALBICANSAN 3X ointment or PEFRAKEHL 3X ointment to the affected skin areas such as the inter digital creases and the perianal skin.

UTILIN „S“ 6X drops 1x 5 daily to rub in,

REBAS 4X capsules 2x 1 daily over four weeks.

Additive: Herpes or algae preparations (USNEABASAN drops).

## **Carbuncle**

*see Furunculosis*

## **Carcinoma**

A milieu change is recommended. The isopathic and immune-biological treatment according to Enderlein is in a similar fashion suitable for pre-cancerous

conditions, malignant illnesses, and non-malignant tumours (fibroma, myoma, struma, mastitis fibrosis, etc.).

Before and after an operative procedure, isopathic immune-biological therapy should be incorporated, because of two main reasons: On one hand, the milieu is forced in the direction of alkalinity and with it, the chance of survival with post operative and anaesthetic effects is clearly improved. On the other hand, the danger of a metastatic spread is reduced. Always belonging to a combined holistic medicine is the sanitation of foci, above all root treated teeth, granulomas, root resections, pinned teeth, root residues, and the solving of emotional traumata.

Belonging to a conscious holistic medicine and cancer pre and post care is the elimination of all of the above listed oral disorders and the elimination of the biggest focus existing since birth, i.e. a shifted intestinal milieu which is damaged through an atrophy of the intestinal mucous membrane. This can only be regulated by a strict and long term diet<sup>1</sup> always in combination with the microbiological therapy (FORTAKEHL 5X) as well as with alkalisation with ALKALA N powder, base-infusions<sup>4</sup> and SANUVIS.

The diet combined with the above mentioned medicaments is all the more important as the largest defence set-up, the Peyer's patches, are components of the intestinal mucous membrane. Peyer's patches are breeding grounds for the important T and B lymphocytes as well as for the macrophages and the natural killer cells. If their formation is not possible or is adversely affected through absence of enzymes, the best therapy is not able to work in the body.

With damaged mucous membranes, the three fold conjugated unsaturated fatty acids can only be insufficiently formed. Only these unsaturated fatty acids will surmount the (negative) stimulus.

Something very important must be especially observed: High valences of the fungus *Mucor racemosus* act in many areas silently but are

malignant in their pathogenicity. These organisms are most strongly represented in root treated teeth and in cancerous tissue. Therefore, such teeth must be extracted. This also applies with respect to the build up of lactic acid. To ensure its survival, *Mucor racemosus* generates plenty laevorotatory lactic acid. The therapist therefore prescribes plenty dextrorotatory lactic acid for the purposes of achieving racemates. It is better to extract the tooth. It should be taken into consideration once more the supporting effects of SANUVIS, REBAS, UTILIN, UTILIN „S“, CITROKEHL and FORTAKEHL.

Further proved methods to the supporting cancer therapy are: Therapy with complex remedies serves the improvement of the terrain (Hepar compos. Heel/ Ubichinon compos. Heel/ Coenzyme compos. Heel ampoules), as well as mistletoe preparations, such as Iscador, furthermore Wobe-Mugos, Polyerga, Factor AF<sub>2</sub>, hyperthermia, and other preparations not named here. Numerous tips are to be found in biological literature.

General Therapy Suggestion:

Alkalisate with ALKALA T tablets 2x 1 daily for 10 days, then ALKALA N powder 2x 1 tsp. in warm water. With pain or desired fast changes of the acid-base-balance, base infusion<sup>4</sup> 2-3x/ week.

EXMYKEHL 3X suppositories 2x 1 daily for 10 days, then change to MUCOKEHL 3X suppositories 1x 1 mornings and NIGERSAN 5X tablets evenings 1x 1 Mon-Fri; Sat/Sun EXMYKEHL 3X suppositories 2x 1 daily over a period of months.

Always accompanied with SANUKEHL Pseu 6X drops and SANUKEHL Cand 6X drops each 2x 10 oral in daily rotation.

LATENSIN 6X capsules 1x 1 per week,

UTILIN "S" 6X drops 1x 5 daily, first of all to rub in and later oral.

SELENOKEHL drops 1x 5 daily mornings and ZINKOKEHL 3X drops 1x 10 daily evenings,

SANUVIS drops 3x 30 daily,

CITROKEHL tablets 2x 1 daily,

MAPURIT capsules (Mg/Vit E) 2x 1 daily,  
LIPISCOR capsules 2x 1-2 daily or  
Neural Therapy:

MIX:

MUCOKEHL 5X/7X      1.0 ml

Procaine/Lidocaine 1%    1.0 ml

Injected peritumorous or at the teeth.

The mixture peritumorous or segmental to be applied as close as possible (but not directly) to the area of the tumour or infiltration near the lymph node metastasis. With it the peritumorous oedema decreases and the pain is reduced.

Cardio-vascular care in case that the cyclogenic degradation results too quickly.

Teeth: Oral panorama X-ray important. The high valences of Mucor racemosus live in root treated areas, in the granulomas, in regions of root resections as well as in tumour tissue. These teeth must, therefore (for the good of the patient), be extracted. Treatment of the milieu demands other observation criteria. Crucial for the therapy is not the localisation of the tumour but the type of reaction to the various preparations. Even with chronic illness, is in many cases the patience of the therapist questioned. Meticulous observation of the patient including daily temperature and pulse control is therefore indispensable. If the therapy “doesn’t respond” then this can be due to a blocking element in the tooth area or in the intra-cellular metabolism. Once again an oral panorama X-ray is indicated, and if necessary, a chinon and enzyme therapy and a therapy with preparations from the citrate cycle should be tried in addition.

An immune-biological stimulus may only be applied if the tumour patient is able to respond. For this a well constructed intestinal mucous membrane is necessary. Therefore, one should prescribe immune-biologicals starting in the second or third week after begin of the therapy. With brain tumours, it is the author’s experience, that the prescription of base infusions can be recommended. HN15



(Boswellia preparation, Ayurvedic medicine) shows good remissions.

## **Cataract**

*see Ocular Vessel Diseases*

Clouding of the eyes.

Causes: congenital, thermal (glass blower), juvenile, diabetic, traumatic.

Therapy: Diet<sup>1,2</sup>, removal of heavy metals<sup>5</sup>.

Alkalise with ALKALA N powder 2x 1 tsp. daily in warm water. Begin with MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun QUENTAKEHL 5X drops 2x 5 daily oral and/or to rub in.

PROPIONIBACTERIUM AVIDUM 5X capsules 3x 1 weekly.

CITROKEHL tablets 2x 1 daily,

SANUVIS drops 2x 1 tsp. daily.

UTILIN "S" 6X capsules 1x 1 every 2 weeks.

MAPURIT capsules (Mg/Vit E) 2x 1 daily,

LIPISCOR capsules 2x 1 daily,

CUPRUCHEHL 3X drops 1x 5 daily (if necessary).

## **Cellulose Intolerance**

*see Liver (Cirrhosis of), Leaky Gut Syndrome, Atrophy of the Intestinal Mucous Membrane, Ageing / Senility (Symptoms of)*

## **Cerebral Circulation Disorders**

*see Apoplexy status post*

**Children's Illnesses** One and the same illness by differing constitutions are somewhat differently treated. Those suffering from lymphatism are especially susceptible as they suffer under tuberculinic weakness.

Lymphatic Children:

They are the direct product of an extreme intestinal disorder (allergies against cow's milk and hen's eggs) with atrophy of the mucosa enteralis and consecutively a hypertrophy of the adenoids and tonsils, Diet<sup>1,2,3</sup>. According to Reckeweg, the diversity of the symptoms by susceptibility to infection is a sign of vicariation.

**General:**

Alkalisise with ALKALA T tablets 2x ¼ to ½ daily for 10 days then ALKALA N powder 2x htsp. in warm fruit or vegetable juice.

**Infants and Small Children:**

**Infants up to 1 year:**

NOTAKEHL 5X drops 1x 3 mornings oral and PEFRAKEHL 5X drops 1x 3 evenings oral.

**Children up to 4 years:**

NOTAKEHL 5X drops 1x 8 mornings oral and PEFRAKEHL 5X drops 1x 8 evenings oral, or if necessary 4 drops oral and 4 to rub in.

**Children from 5 to 10 years:**

NOTAKEHL 5X drops 1x 10 mornings oral and PEFRAKEHL 5X drops 1x 10 evenings oral.

**Older Children:**

NOTAKEHL 5X drops 1x 15 daily oral, then change to SANKOMBI 5X drops 1x 8 daily, Mon-Fri; Sat/Sun NOTAKEHL 5X drops and PEFRAKEHL 5X drops each 1x 10 daily oral and/or to rub in.

Nasal lavage several times daily with a combination of

NOTAKEHL 5X	10 drops
Lymphomyosot Heel	10 drops and
Sodium chlorat. physiolog.	1.0 ml.

UTILIN "S" 6X drops 1x 2 daily to rub in.

SANUKEHL Coli 6X drops in daily rotation with SANUKEHL Pseu 6X drops each 1x 5 to rub in. With older children additionally 1x 2 drops oral.

**Older Children:**

UTILIN "S" 6X capsules 1x 1 every 10 days or UTILIN "S" 6X drops 2x 5/week oral.

**All Other Types:**

Begin with NOTAKEHL 5X drops in daily rotation with QUENTAKEHL 5X drops each 1x 10 oral and/or to rub in for 10 days then change to SANKOMBI 5X drops 2x 10 daily oral and/or to rub in, Mon-Fri; Sat/Sun QUENTAKEHL 5X drops 1x 10 daily oral and/or to rub in.

SANUKEHL Pseu 6X drops in daily rotation with SANUKEHL Serra 6X drops each 1x 5 to rub in (older children additionally 1x 2 drops daily oral).

Nasal lavage.

For older children LATENSIN 6X capsules 1x 1/week.

With persistent danger of (relapse) infection: strict diet.

FORTAKEHL 5X drops 2x 5-10 daily oral and/or to rub in for 10 days then SANKOMBI 5X drops 2x 10 daily oral and/or to rub in, Mon-Fri; Sat/Sun FORTAKEHL 5X drops 2x 5-10 daily oral and/or to rub in.

UTILIN "S" 6X drops 2x 2-5 daily oral and/or to rub in.

UTILIN 6X drops and LATENSIN 6X drops each 1x 2 always alternating daily to rub in.

Fever:

hot bath, brush skin, lime blossom tea. Do not suppress fever! With body temperatures from 39 °C apply wet compress around lower legs.

Fever-"ABC":

**Aconitum** (12X-30X):

acute phase, dry skin, dry mucous lining, dry cough

**Belladonna:**

alterant, slimy expectoration, moist cough, moist skin

**Calcium carbonicum:**

(=Veratrum for adults) high pulse, high fever (40 °C+), cold extremities (=increased risk of circulatory failure).

## **Cholecystitis, Cholangitis**

*see Gall Bladder Complaints*

Generated from the intestine, displacement, field disturbance influence, gallstones, diet and eating disorders, weakness of the pancreas.

Therapy:

Diet<sup>1,2</sup> (also omitting fatty and gaseous foods)

Alkalise with ALKALA T tablets 2x 1 daily for 10 days then ALKALA Powder 2x 1 tsp. in warm water.

SANUVIS drops 3x 30 daily,

CITROKEHL tablets 2x 1 daily.  
 FORTAKEHL 5X tablets 2x 1 for 10 days, then  
 change to MUCOKEHL 5X tablets 1x 1 mornings  
 and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri;  
 Sat/Sun FORTAKEHL 5X tablets 2x 1 daily.  
 In addition take SANUKEHL Coli 6X drops 2x 10  
 daily oral and/or to rub in.  
 UTILIN 6X capsules and LATENSIN 6X capsules,  
 each 1x 1 weekly, then after the third week UTILIN  
 4X capsules every two weeks or:

MIX:

LATENSIN 6X	1.0 ml
UTILIN 6X	1.0 ml
SANUVIS	2.0 ml
CITROKEHL	2.0 ml

Inject deep i.m. 1x/week

Colic Sufferers:

Atropinum sulfuricum Injeel Heel 1-2 daily inject  
 either s.c. or i.m.

Base infusion<sup>4</sup>.

## **Chondropathy**

Regulate mineral balance (Schuessler Therapy).

Chondropathies are often the result of too much  
 protein with consecutive de-mineralisation of Ca,  
 Mg, Mn and Se.

Firstly carry out a mineral balance in whole blood,  
 prescribing at the same time a low protein diet<sup>1,2</sup>.

Alkalis with ALKALA T tablets 2x 1 daily for 10  
 days then ALKALA N powder 2x 1 tsp. daily in  
 warm water.

FORTAKEHL 5X tablets 2x 1 daily for 10 days then  
 MUCOKEHL 5X tablets mornings 1x 1 and  
 NIGERSAN 5X tablets 1x 1 evenings. After one  
 month begin a two weekly “in between” therapy  
 with SANKOMBI 5X drops 2x 10 oral and some  
 drops to rub in distal and medial in the region of  
 the joint cavities.

Afterwards begin a new cure with MUCOKEHL 5X  
 tablets and NIGERSAN 5X tablets, each 1x 1 daily.  
 Additionally LATENSIN 6X capsules and UTILIN  
 6X capsules, each 1x 1 in weekly rotation. After five

weeks changing to LATENSIN 4X capsules and UTILIN 4X capsules, later UTILIN "S" 4X capsules 1x 1 every two to three weeks.

**Chronic Fatigue Syndrome**

*see Allergic Diseases, Amalgam Stress, Candidiasis*  
Causes:

A result of a chronically ill intestine with and without involvement of heavy metals. Above all, a diet<sup>1,2,3</sup> is to be adhered to and the removal of heavy metals (amalgam<sup>5</sup>). Vitamin and trace elements deficiency, stress, depression.

Alkalis with ALKALA T tablets 2x 1 daily for 10 days then ALKALA N powder 2x 1 tsp. in warm water.

Therapy Suggestion:

FORTAKEHL 5X tablets 2x 1 daily. After 10 days change to MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun FORTAKEHL 5X tablets 2x 1 daily.

At the same time SANUKEHL Pseu 6X drops and SANUKEHL Coli 6X drops each 1x 10 oral always alternating daily.

LATENSIN 6X drops 1x 10 daily, oral.

LEPTOSPERMUSAN drops 3x 5-10 daily, oral.

MAPURIT capsules 2x 1 daily,

ZINKOKEHL 3X drops 1x 10 evenings,

if necessary CUPRUCOKEHL 3X drops 1-3x 5-10 daily,

CHRYSOCOR 3X 2.0 ml inject i.m. 1x/week.

**Chronically Inflamed Intestinal Diseases**

*see Colitis ulcerosa, Crohn's Disease*

Colitis ulcerosa exclusively attacks the large intestine (colon) whereby Crohn's Disease shows an attack in all sections of the digestive tract.

**Circulation Weakness (vegetative)**

Increase in viscosity! Diet<sup>1,2</sup>

Long Term Therapy:

MUCOKEHL 5X tablets 1x 1 mornings together with Ignatia 30X Glob. 1x 10 (tablets 1x 1).

At the same time BOVISAN 5X capsules and LATENSIN 6X capsules each 1x 1/week (Mon, Fri).

**Climateric  
Disturbed  
Functions**

Principal Preparations: USTILAKEHL, UTILIN

Always consider teeth 1-7 to the upper/lower jaw.  
Scars!

USTILAKEHL 5X drops 1x 10 mornings oral and/  
or to rub in for two to three months, in addition  
MAPURIT capsules 2x 1 daily and ZINKOKEHL 3X  
drops 1x 10 evenings.

UTILIN 6X capsules or suppositories 1x 1 mornings  
or evenings as a long term therapy or

MIX:

USTILAKEHL 5X	1.0 ml
UTILIN 6X	1.0 ml
MUCOKEHL 7X	1.0 ml

Inject i.m. 1-2x/week,

in weekly rotation with

MIX:

USTILAKEHL 5X	1.0 ml
NIGERSAN 5X	1.0 ml
LATENSIN 6X	1.0 ml

Inject i.m.

**Coeliac Disease /  
Gluten Allergy**

*see Allergic Diseases*

An intestinal allergy is always marked with an  
atrophic intestinal mucous membrane, diarrhoea.

It appears often not as a primary, but secondary in  
accompaniment of an allergy against products from  
cow's milk and hen's eggs (Werthmann). Therefore,  
products of both allergens as well as products  
containing wheat and rye are to be avoided.

Long Term Therapy:

Alkalise with ALKALA T tablets 2x 1 daily for 10  
days then ALKALA N powder 2x 1 tsp. in warm  
water.

Infants:

Begin with SANKOMBI 5X drops 2x 5-10 daily oral  
and/or to rub in.

From 6 to 12 years:

Begin with SANKOMBI 5X drops 2x 8-15 daily oral  
and/or to rub in.

Children from 12 years:

Begin with SANKOMBI 5X drops 2x 10-20 daily oral and/or to rub in.

All Age Groups:

SANUKEHL Coli 6X drops 1x 2 daily to rub in.

RECARCIN 6X drops always alternating daily with UTILIN 6X drops each 1x 2 daily to rub in.

Adults:

Secondary form appears mostly as a latent allergy against cow's milk and hen's eggs or with additional sensitivity to lactose. Therefore only drops, ampoules or suppositories to be prescribed. Follow diet as directed (no onions!).

FORTAKEHL 5X tablets 2x 1 daily for 10 days then change to base therapy with MUCCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun FORTAKEHL 5X tablets 2x 1 daily.

OKOUBASAN 2X drops 2x 5-8 daily oral.

ZINKOKEHL 3X drops 2x 10 daily evenings oral.

SANUKEHL Salm 6X drops 2x 5 daily oral and/or to rub in.

FORMASAN drops 2x 10 daily.

## **Colic (Naval)**

Stomach colic and naval colic occur mostly in infancy, rarely later on. During infancy it is usually called the "three months colic" and it is a sign of an enteral allergy (mostly cow's milk, hen's eggs<sup>1,2</sup>) diet. In later years this can be expressed as psychological/emotional tension (peristaltic sounds).

The majority go along without any difficulties in performing bowel movements. Occasionally a hidden hernia.

Acute Attacks:

ALKALA T tablets 2x ¼ daily in warm fruit or vegetable juice and MUCEDOKEHL 5X drops 2x 5-10 daily oral.

UTILIN 6X drops 1x 2 to rub in.

Nasal lavage<sup>6</sup> with NOTAKEHL 5X drops several times daily.

## Colitis ulcerosa

Colitis ulcerosa is a multi factorial illness whereby the allergic components and the minimum psychologic capacity are strongly represented. The basis is a tuberculinic weakness. By this illness above all, a diet<sup>1,2,3</sup> without the primary antigens (Werthmann) must be prescribed additionally banning onions and nuts. Never forget the therapy of the nasal cavities – Nasal lavage<sup>6</sup>.

Therapy Suggestion:

Children:

ALKALA T tablets 2x ½ to 1 daily for one week then change to ALKALA N powder 2x ½ to 1 tsp. in warm fruit or vegetable juice.

PEFRAKEHL 5X drops 2x 10-15 daily oral and/or to rub in. After 10 days change to SANKOMBI 5X drops 2x 10-15 oral and/or to rub in, Mon-Fri; Sat/Sun QUENTAKEHL 5X drops 1x 8 daily oral and/or to rub in.

SANUKEHL Salm 6X drops and SANUKEHL Prot 6X drops always in daily rotation:

Children from 2 to 6 years            1x 5 to rub in

Children from 6 to 14 years        1x 5 oral

and/or to rub in

Children from 14 years            2x 5-10 oral

REBAS 4X capsules 2x 1 daily.

In addition from the third week UTILIN “S” 6X drops 1x 5 oral and/or to rub in.

Nasal lavage<sup>6</sup> with

MIX:

NOTAKEHL 5X            20 drops

QUENTAKEHL 5X        20 drops

UTILIN “S” 6X            2 drops    1-2x daily

Adults:

ALKALA T tablets 2x 1 daily for 10 days then ALKALA N powder 2x 1 tsp. daily in warm water. SANUVIS drops 3x 1 tsp. as well as CITROKEHL tablets 2x 1 daily.

EXMYKEHL 3X suppositories 2x 1 daily for two weeks then change to FORTAKEHL 5X tablets 2x 1 daily (by sensitive people FORTAKEHL 5X drops 2x 10 daily, oral and/or to rub in), Mon-Fri; Sat/



Sun PEFRAKEHL 5X drops 2x 10 daily, oral and/or to rub in. After a further two weeks change to a combination of MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun EXMYKEHL 3X suppositories 1x 1 evenings.

SANUKEHL Pseu 6X drops and SANUKEHL Coli 6X drops 2x 5-10 oral, always in daily rotation.

UTILIN "S" 6X capsules and RECARCIN 6X capsules 1x 1 each in weekly rotation. After 2-3 dosages change to UTILIN "S" 4X capsules and RECARCIN 4X capsules 1x 1 always in weekly rotation.

By exhaustion and susceptibility to influenza, prescribe SANUKEHL Serra 6X drops instead of SANUKEHL Coli 6X drops.

SELENOKEHL drops 1x 5 daily mornings and ZINKOKEHL 3X drops 1x 10 daily evenings.

Nasal lavage: See Children

Neural Therapy is excellently complimented in conjunction with Isopathy, on abdominal points (stomach 25, naval, liver points) with

MIX:

NOTAKEHL 5X	1.0 ml
FORTAKEHL 5X	1.0 ml
NIGERSAN 5X	1.0 ml
Procaine/Lidocaine	1.0 ml

With this mixture set weal to alarm points of the stomach (Stomach 25) as well as on the naval, or a pre-peritoneal injection (Werthmann) to the point Stomach 25 as segment therapy 1-2x per week. Repeated stool examinations for blood and a darkfield blood examination are necessary.

**Colon Carcinoma**     *see Carcinoma, Atrophy of the Intestinal Mucous Membrane*

The same criteria is valid for all forms of carcinoma. Since a well built intestinal mucous membrane increases defence and allows fewer germs and toxins internally, one must take interest in the restoration

of the mucosa enteralis. This results much better with a hyper allergenic diet<sup>1,2,3</sup>.

Furthermore attention must be paid to root treated teeth and heavy metals (amalgam<sup>5</sup>) for quality of life and its prolongation. In particular it is required that colon carcinomas receive this consideration.

Therapy:

Alkalise with ALKALA T tablets 2x 1 daily for 10 days then ALKALA N powder 2x 1 tsp. in warm water. Base infusion<sup>4</sup> with pain or when rapid alkalisation is required.

In every case begin with EXMYKEHL 3X suppositories 2x 1 daily. After two to three weeks change to FORTAKEHL 5X tablets 2x 1 daily changing after further 10 days to a combination of MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun always in weekly rotation with FORTAKEHL 5X tablets 2x 1 daily or MUCOKEHL Atox D6 (Excretion) 6X drops 1x 10 before breakfast and NIGERSAN Atox D6 (Excretion) 6X drops 1x 10 before meals. Of course, instead of FORTAKEHL 5X tablets, EXMYKEHL 3X suppositories can be used. UTILIN 6X capsules 1x 1 in weekly rotation with UTILIN "S" 6X capsules 1x 1.

From the beginning onwards SANUKEHL Pseu 6X drops 2x 10 oral and/or to rub in, and if necessary in daily rotation with SANUKEHL Coli 6X drops 2x 10 oral and/or to rub in or

MIX:

LARIFIKEHL 5X	1.0 ml
UTILIN 6X	1.0 ml
RECARCIN 6X	1.0 ml
Procaine/Lidocaine 1%	1.0 ml
Inject deep i.m. 1x/week.	

If necessary - in addition:

Ubichinon comp. Heel	2.0 ml
Coenzyme comp. Heel	2.0 ml
Hepar comp. Heel	2.0 ml

SANUVIS drops 2x 1 tablespoons daily, oral,

CITROKEHL 2.0 ml 1-3x weekly, inject deep i.m.

## **Conjunctivitis**

*see Allergic Diseases, Sinusitis, Amalgam Stress*

Alkalise with ALKALA T tablets 2x 1 daily for 10 days then ALKALA N powder 2x 1 tsp. daily in warm water.

MUCOKEHL 5X eye drops several times daily one drop in the conjunctival sac.

Conjunctivitis purulenta:

NOTAKEHL 5X drops 1 drop once or several times daily rub into the eye lid.

NOTAKEHL 5X tablets 2x 1 daily.

Further Treatment:

Continue with drops to drip and rub in daily.

Continue with NOTAKEHL 5X tablets, later 2x 2/ week.

In persistent cases NOTAKEHL 7X to 5X 1.0 ml inject i.m. or s.c. every six days.

Alternative: Euphrasia, eye drops.

## **Constipation (habitual)**

Function disorder mostly caused by enteral allergies<sup>1,2</sup>. Diet to be readjusted in order to rebuild the intestinal mucous membrane.

Treatment begin:

In order to move the alkaline flora from the small intestine into the large intestine, FORTAKEHL 5X tablets 2x 1 daily (with fungal suspicion EXMYKEHL 3X suppositories 2x 1 daily) for two to three weeks then change to MUCOKEHL 3X suppositories 1x 1 mornings and NIGERSAN 3X suppositories 1x 1 evenings, Mon-Fri; Sat/Sun FORTAKEHL 5X tablets 2x 1 daily.

If necessary alkalise with ALKALA T tablets 2x 1 daily changing after 10 days to ALKALA N powder 2x 1 tsp. in warm water.

Additive: Psylliumfasern (Mega Colon Clean),

Laevulose: lactulose which increases the acid flora,  
Glauber Salt: 1 tsp. in ½ litre of warm water, evenings.

**Cornu cutaneum**

*see Carcinoma, Verrucae*

The cornu cutaneum comprises often on the basis of a basiloma, a verruca vulgaris or keratosis senilis. A dermatologist is, therefore, to be consulted.

Therapy Suggestion:

Alkalise with ALKALA T tablets 2x 1 daily for 10 days then ALKALA N powder 2x 1 tsp. daily with warm water.

MIX:

MUCOKEHL 6X                    1.0 ml

SANUVIS                            2.0 ml

Procaine / Lidocaine 1%    1.0 ml

Inject around and under the area 2x/week.

Begin with EXMYKEHL 3X suppositories 2x 1 daily for 10 days then MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 3X suppositories 1x 1 evenings, Mon-Fri; Sat/Sun EXMYKEHL 3X suppositories 2x 1 daily, over a few months, then

Long Term Therapy:

MUCOKEHL 4X capsules and NIGERSAN 4X capsules each 1x 1 in daily rotation for two months, then a pause for four weeks, then repeat.

**Coronary  
Insufficiency**

*see Angina pectoris*

**Crohn's Disease**

*see Colitis ulcerosa*

Severest form of the colitis syndrome, causes are multi-factoral. Rectify nutritional defects<sup>1,2</sup>, regulate mineral balance (Schuessler Therapy), eliminate heavy metals<sup>5</sup> and root treatment (4-7 upper/lower jaw) - see *Amalgam Stress*.

Diet: Prevention of primary and secondary antigens (also avoiding onions and gaseous foods), prescribe enzymes for the digestion of fat. Prescribe plenty of unsaturated fatty acids: LIPISCOR capsules 2x 1-2 daily and plenty of fresh fish.

Always alkalise with ALKALA T tablets 2x 1 daily for 10 days then ALKALA N powder 2x 1 tsp. in warm water, and if necessary additionally as base infusion<sup>4</sup> 2-3x/week.

**Important:**

In case of a fault in the break-down of lactose, prescribe all medication in drops or suppository form.

**1<sup>st</sup> Therapy Week:**

FORTAKEHL 5X tablets 1-2x 1 daily (or FORTAKEHL 5X drops 2x 10-15 oral/or to rub in or FORTAKEHL 3X suppositories 2x 1 daily).

**Neural Therapy:**

**MIX:**

MUCOKEHL 5X	1.0 ml
NIGERSAN 5X	1.0 ml
SANUKEHL Coli 7X	2.0 ml
Procaine/Lidocaine 1%	2.0 ml

Inject s.c. or simple gluteal i.m. 2-3x per week to the relevant points Ma 25, KG 3, KG 6, KG 12.

**Eventually in addition:**

Veratrum-Homaccord Heel	2.0 ml
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**From 2<sup>nd</sup> Therapy Week on:**

Combination of MUCOKEHL 5X tablets (or MUCOKEHL 3X suppositories or MUCOKEHL 5X drops) mornings 1x 1 and NIGERSAN 5X tablets (NIGERSAN 5X drops or NIGERSAN 3X suppositories) evenings 1x 1, Mon-Fri; Sat/Sun FORTAKEHL 5X tablets 2x 1 daily.

**Children and Sensitive Adults:**

SANKOMBI 5X drops 2x 5-10 daily oral and/or to rub in, Mon-Fri; Sat/Sun always FORTAKEHL 5X drops 2x 10 daily oral and/or to rub in.

UTILIN "S" 6X drops 1x 5 rubbing into the stomach area before going to bed.

LATENSIN 6X capsules 2x 1/month.

**With colic – combine the following as drops:**

MUCEDOKEHL 5X	5.0 ml
Atropinum compos. Heel	6.0 ml
Veratrum Homaccord Heel	3.0 ml
Nux vomica Homaccord Heel	3.0 ml
Sodium chlorat. phys. ad	50.0 ml

M.f. gutts. S. 3-5x 5-10 drops daily oral and/or to rub in.

As Injection – i.m. or s.c.:

MUCEDOKEHL 5X	1.0 ml
Atropinum compos. Heel	2.0 ml
Veratrum Homaccord Heel	1.0 ml
Nux vomica Homaccord Heel	1.0 ml
Procaine/Lidocaine 1%	1.0 ml

UTILIN “S” 6X 1.0 ml inject deep i.m. every 2 weeks  
or UTILIN “S” 6X capsules oral 1x 1 every two  
weeks.

*NOTE:*

Clinical abdominal findings: A wave forming  
movement at the right side of the lower stomach  
which stops at the place of inflammation requires  
an examination by a surgeon!

## Cystitis

*see Sinusitis*

The vesicular organ is controlled by *Aspergillus niger* and bladder infections are mostly of a paratuberculinical nature. Bacteria love urine with a particular pH. As soon as the pH value is “rocked” by the intake of food, it is for this reason that a change in the bladder pH value arises, therefore the foundation is to be removed from the bacteria. Acidic foods are to be prescribed one day and basic foods the next.

Children:

Always take into consideration the nose and sinus. Alkalis with ALKALA T tablets 2x ½ daily for 10 days then ALKALA N powder 2x htsps. daily in warm fruit or vegetable juice.

NOTAKEHL 5X drops 2x 5-15 daily over 10 days oral and/or to rub in, then SANKOMBI 5X drops 2x 10 daily oral, Mon-Fri; Sat/Sun NOTAKEHL 5X drops 2x 5-15 daily and/or to rub in.

SANUKEHL Pseu 6X drops and SANUKEHL Coli 6X drops always in daily rotation 2x 4 rubbing into the abdominal area.

Nasal lavage<sup>6</sup>:

NOTAKEHL 5X drops	30 drops
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Sodium chlorat. phys. ad 100 drops several times daily.

Adults:

Alkalise with ALKALA T tablets 2x 1 daily for 10 days then ALKALA N powder 2x 1 tsp. in warm water.

MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 3X suppositories 1x 1 evenings as well as SANUKEHL Pseu 5X 1.0 ml 2x 1 per week and PROPIONIBACTERIUM AVIDUM 5X capsules 2x 1 per week.

Nasal lavage<sup>6</sup> – as with Children.

In case of no improvement:

SANUKEHL Pseu 6X drops and SANUKEHL Coli 6X drops each 2x 10 oral, to be taken in daily rotation.

EPISCORIT drops 3-4x 1 tsp. daily.

LATENSIN 6X capsules and UTILIN “S” 6X capsules 1x 1 in weekly rotation.

SANUVIS drops 2x 1 tsp. daily,

CITROKEHL tablets 2x 1 daily.

## **Cytomegaly status post**

*see Influenza, Pancreas (Disorders of)*

Principal Preparations: QUENTAKEHL, SANUKEHL Serra, SANUKEHL Pseu

Infection caused by virus of the salivary glands.

Gateway of entry: foetal caused by presence of a virus in the mother, post birth caused by lubrication or drop infection, facultative pathogenicity; in ages from 35 years shows antibodies in 50 to 80% of all those examined. By children, frequently cerebral form and by adults a hepatosplenic form with pancreas involvement.

Diet<sup>1</sup>, LIPISCOR capsules 2x 1 daily.

Children:

Alkalise with ALKALA T tablets 2x ½ daily for 10 days then ALKALA N powder 2x htsp. daily in warm fruit or vegetable juice.

QUENTAKEHL 5X drops 2x 5-10 daily or and/or to rub in combined with SANUKEHL Serra 6X drops and SANUKEHL Pseu 6X drops:

Infants (up to 2 years) 1x 3 drops to rub in, Children from 6 up to 12 years 1x 5 drops to rub in, Children

from 12 years 1-2x 5 drops oral and to rub in alternating daily.

LATENSIN 6X drops and UTILIN "S" 6X drops (medication as with Sanukehls).

CERIVIKEHL drops 2-4x 5 daily.

Adults:

Alkalise with ALKALA T tablets 2x 1 daily for 10 days then ALKALA N powder 2x 1 tsp. in warm water.

QUENTAKEHL 5X drops 2x 10-20 daily oral and/or to rub in, in combination with SANUKEHL Serra 6X drops and SANUKEHL Pseu 6X drops each 1x 10 daily oral and/or to rub in.

UTILIN 6X suppositories and LATENSIN 6X suppositories each 1x 1/week (Mon, Thur).

SANUVIS drops 2x 1 tsp. daily,

CITROKEHL tablets 2x 1 daily.

Nasal lavage<sup>6</sup> with NOTAKEHL 5X drops and QUENTAKEHL 5X drops.

## **Dacryocystitis**

Obstruction of tear ducts

Mostly reversible in new-born babies. For older children and adults these must be punctured and rinsed out by an opthalmologist (eye specialist).

General:

MUCOKEHL 5X eye drops several times a day to be applied (in horizontal position) to the inner corner of the eye.

This treatment is usually optimal for new-borns. In every case with older children UTILIN "S" 6X drops 1x 2 daily to rub in the skin.

With adults, attempt with UTILIN "S" 6X drops 1x 5 daily oral and/or to rub in.

If necessary, apply RUBERKEHL 5X drops 1x 1-2 alternating with NIGERSAN 5X drops every second day to the corner of the eye and the side of the nose. SANUVIS drops 2x 5-20 daily.

## **Dacryostenosis**

*see Dacryocystitis*



## **Depression**

Principal Preparation: MUCEDOKEHL

Firstly establish whether endogenic or reactionary, oral panorama X-ray (roots, forgotten roots or teeth, granuloma, in particular the wisdom teeth to be observed!).

Attempt with MUCEDOKEHL 3X suppositories 2x 1 daily, Mon-Fri; Sat/Sun Luesinum-Injeel Heel 30X. Alkalise with ALKALA T tablets 2x 1 daily for 10 days then ALKALA N powder 2x 1 tsp. in warm water.

CITROKEHL tablets 2x 1 daily,  
SANUVIS drops 2x 1 tsp. daily.

## **Dermatitis**

*see Eczema, Seborrhic Warts, Atrophy of the Intestinal Mucous Membrane*

## **Dermoid Cysts**

A formation of the skin encapsulated in the body appears mostly as a hair nest fistula or dermoid coccygeal. This is a congenital disorder with mostly abscess or fistula formations which must be operated.

Children:

Alkalise with ALKALA T tablets 2x ½ daily for 10 days then ALKALA N powder 2x htsp. in warm fruit or vegetable juice.

SANKOMBI 5X drops 2x 5-15 daily oral and/or to rub in.

UTILIN "S" 6X drops 2x 3-5 daily to rub in.

Adults:

Alkalise with ALKALA T tablets 2x 1 daily for 10 days then ALKALA N powder 2x 1 tsp. daily in warm water.

SANUVIS drops 2x 1 tsp. daily,

CITROKEHL tablets 2x 1 daily.

LATENSIN 6X capsules 1x 1/week,

PROPIONIBACTERIUM AVIDUM 5X capsules 2-3x 1/week,

UTILIN "S" 6X capsules 2x 1/month, after 3-4 weeks change to UTILIN "S" 4X capsules 1x 1/month.

*NOTE:* The formation of cysts are often due to a weak function of the thyroid gland, therefore determine iodine in whole blood.

**Detachment of  
Retina**

*see Retinitis haemorrhagic*

**Diabetes mellitus**

*see Pancreas (Disorders of), Atrophy of the Intestinal Mucous Membrane*

Investigate exactly the history of the illness and nutritional history, above all with products originating from cow's milk<sup>1,2</sup>. Observe an ever present susceptibility to infection.

Therapy Suggestion:

Diet for diabetes as well as products containing cow's milk<sup>1,2</sup> and its derivatives. Even after attaining a normal condition, the supporting diet must be maintained and the optimal treatment program periodically continued. Commencement of the cure is also supported by way of one tsp. magnesium sulphate to be taken orally with lukewarm water on an empty stomach. Should this intestinal cleansing prove successful then it can be continued over a period of many weeks. Important is: what influence is practised with the magnesium sulphate treatment alone on the blood and urinal sugar.

Alkalise with ALKALA T tablets 2x 1 daily for 10 days then ALKALA N powder 2x 1 tsp. in warm water.

EXMYKEHL 3X suppositories 2x 1 daily for 10 days then FORTAKEHL 3X suppositories 2x 1 daily for 10 days, afterwards SANKOMBI 5X drops 2x 15 daily oral and/or to rub in, Mon-Fri; Sat/Sun FORTAKEHL 5X drops 2x 10 daily oral and/or to rub in.

UTILIN 6X capsules and LATENSIN 6X capsules in weekly rotation, each 1x 1 per week.

From the third week exchange once LATENSIN 6X capsules for UTILIN "S" 4X capsules.

CUPRUCHEHL 3X drops 1x 10 daily,

ZINKOCHEHL 3X drops 1x 10 daily evenings,

SELENOKEHL drops 1x 5 daily mornings.  
Additive: Leptandra compos. Heel, Berberis  
Homaccord Heel.

Rose-hip tea, bilberry/blueberry tea and bean shell  
tea (the latter requires a long infusion time) have all  
blood sugar lowering effects.

Neural Therapy:

MIX:

MUCOKEHL 7X      1.0 ml

Lidocaine 1%      1.0 ml

Injecting either segmental or to the upper right  
sympathetic trunk can bring surprising  
improvements.

## **Diarrhoea**

*see Allergic Diseases, Atrophy of the Intestinal Mucous  
Membrane*

Always alkalisate with ALKALA T tablets 2x ½ to 1  
daily then change to ALKALA N powder 2x 1 tsp.  
in warm water.

SANUVIS drops 2x 1 tsp. daily,

ZINKOKEHL 3X drops 1x 10 evenings,

OKOUBASAN 2X drops 3-5x 5 daily.

Strictly observe Diet<sup>1,2</sup>

SANUKEHL Salm 6X drops and SANUKEHL Coli  
6X drops each 1x 5 oral always in daily rotation.

## **Diphtheria**

*see Angina*

## **Drug Abuse**

Principal Preparations: MUSCARSAN, ALKALA,  
MUCEDOKEHL

Alkalisate with ALKALA T tablets 2x 1 daily for 10  
days then ALKALA N powder 2x 1 tsp. in warm  
water.

Daily SANUVIS drops 2x 1 tsp.,

CITROKEHL tablets 2x 1,

MUSCARSAN 6X tablets 3x 1 and

MUCEDOKEHL 5X drops 2x 10 oral and/or to rub  
in, or

MIX:

MUSCARSAN 1.0 ml

MUCEDOKEHL 5X 1.0 ml

SANUVIS 2.0 ml

Inject i.m. 1-2x per week.

**Dupuytren's Finger** *see Induratio penis plastica*

**Contracture**

Increased protein discharge through the palms of the hands and fingertips. Observe framework of teeth (meridian, tooth disturbance fields) and dietary measure<sup>1,2,3</sup>.

Alkalis with ALKALA T tablets 2x 1 daily for 10 days then ALKALA N powder 2x 1 tsp. in warm water.

MIX:

MUCOKEHL 5X 1.0 ml

Procaine/Lidocaine 1% 1.0 ml

Infiltration of the increased connective tissue initially 2x/week, then at intervals of two weeks.

Initial infiltration is difficult due to the hardness of the connective tissue, but from time to time becomes easier. The rapid application and increasing improved movement makes patients forget the painful injection.

Three to five weeks implement a treatment with MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun MUCOKEHL Atox 6X (Excretion) drops 1x 10 daily mornings oral and/or to rub in and NIGERSAN Atox 6X (Excretion) drops 1x 10 daily evenings oral and/or to rub in.

Long Term Therapy:

SANUKEHL Myc 6X drops 2x 10 daily oral and/or to rub in.

**Dysmenorrhoea**

*see Menstrual disorders*

Principal Preparations: USTILAKEHL, CALVAKEHL

Causes: Hormonal defects, field disturbances (genital scars, oral panorama X-ray: root treatments of teeth 1, 2, 4-7 to the upper/lower jaw, tonsils).

USTILAKEHL 5X suppositories 1x 1 evenings to be administered a few days before menstruation begin or

MIX:

NIGERSAN 5X 1.0 ml

USTILAKEHL 1.0 ml

if necessary - additionally

Lidocaine 1% 1.0 ml

Inject cervical, para-cervical 2 days before period begin.

Long term de-acidification:

Alkalis with ALKALA T tablets 2x 1 daily for 10 days then ALKALA N powder 2x 1 tsp. in warm water and if necessary base infusion<sup>4</sup>.

During Menstruation:

MIX:

MUCOKEHL 6X 1.0 ml

UTILIN 4X 1.0 ml

Procaine/Lidocaine 1% 1.0 ml

Inject deep i.m.

After the third week replace UTILIN 4X with UTILIN "S" 6X.

## **Eczema**

*see Allergic Diseases, Atrophy of the Intestinal Mucous Membrane*

Every eczema is like dermatitis, a physical attempt at excretion and contains a not uncommon enteral disorder. It is worth to cut short the intestinal disorder with diet<sup>1,2,3</sup>, as the existing itching is created through the metabolism of the arachidonic acid which is above all created by the destruction of every cell. The largest disintegration of cells takes place with intestinal allergies, therefore, diet<sup>1,2,3</sup> is the best means against itching.

Acute Stadium: Itching, inflammation without scar formation, nasal visicular reddening.

Children:

Alkalis with ALKALA T tablets 2x ½ daily for 10 days then ALKALA N powder 2x htsp. with warm fruit or vegetable juice.

Diet<sup>1,2</sup> and FORTAKEHL 5X drops 2x 5-15 daily oral and/or to rub in for 10 days; then SANKOMBI 5X drops 2x 5-10 oral and/or to rub in, Mon-Fri; Sat/Sun FORTAKEHL 5X drops 2x 5-15 daily oral and/or to rub in.

RECARCIN 6X drops and UTILIN 6X drops 1x 2 drops each to rub in, always in daily rotation.

Adults:

Alkalis with ALKALA T tablets 2x 1 daily for 10 days then ALKALA N powder 2x 1 tsp. daily in warm water.

CITROKEHL tablets 2x 1 daily and SANUVIS drops 2x 1 tsp. daily.

Diet<sup>1,2</sup> and EXMYKEHL 3X suppositories 2x 1 daily for 10 days then FORTAKEHL 5X tablets 2x 1 daily over two to three weeks, thereafter MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, after two to three weeks then change to MUCOKEHL 3X suppositories 1x 1 mornings and NIGERSAN 3X suppositories 1x 1 evenings, Mon-Fri; Sat/Sun FORTAKEHL 5X tablets 2x 1 daily.

In weekly rotation UTILIN 6X capsules and LATENSIN 6X capsules 1x 1/week, after three to four weeks LATENSIN 6X capsules once per month replaced with UTILIN "S" 6X capsules.

Chronic Stadium: Itching, lichenification

Children:

As in the acute stadium, children are like vulcanos i.e. spontaneous improvement. In addition to the basic therapy:

SANUKEHL Myc 6X drops 1x 2 to rub in 3x/week, Lachesis 30X Glob. 1-2x 5 daily.

Adults:

SANKOMBI 5X drops and NOTAKEHL 5X drops each 2x 5 to rub in, always in daily rotation.

UTILIN 4X capsules and LATENSIN 4X capsules 1x 1/week, in weekly rotation.

SANUVIS drops 2x 1 tsp. daily,

CITROKEHL 2.0 ml 1-3x/week, inject i.m.

SANUKEHL Myc 6X drops and SANUKEHL Coli 6X drops in daily rotation 1x 5 oral and 1x 5 to rub in.

**Embolism  
status post**

Always accompanied are hyperproteinaemia, an increase in thrombocytes, water deficiency, varices. Change eating habits<sup>1,2</sup>, avoid gaseous foods, little meat, plenty of cooked fish.

Begin:

Alkalise with ALKALA T tablets 2x 1 daily for 10 days then ALKALA N powder 2x 1 tsp. in warm water.

MUCOKEHL 3X suppositories 1x 1 mornings and NIGERSAN 3X suppositories 1x 1 evenings, Mon-Fri; Sat/Sun UTILIN "S" 6X drops 2x 5 daily oral. PROPIONIBACTERIUM AVIDUM 5X capsules 3x 1/week accompanied by SANUKEHL Acne 6X drops 1x 10 daily oral and/or to rub in.

Unsaturated Fatty Acids: LIPISCOR capsules 2x 1 daily,

MAPURIT capsules 1x 1 daily, and

MIX:

UTILIN "S" 6X            1.0 ml

MUCOKEHL 6X            1.0 ml inject i.m.

The injection mixture is significant for rapid excretion and to be repeated, when required, every four weeks.

Continuous Treatment:

SANKOMBI 5X drops 2x 10 daily oral and/or to rub in or in the first week MUCOKEHL 6X 1.0 ml daily inject i.m. By improvement, then repeat 1-2x/week.

**Empyema  
status post**

An empyema (peritoneal cavity) mostly causes an acute abdomen with the necessity to hospital referral, therefore mostly a status post therapy.

Alkalise with ALKALA T tablets 2x 1 daily for 10 days then ALKALA N powder 2x 1 tsp. daily in warm water, base infusion<sup>4</sup> if required.

NOTAKEHL 3X suppositories 2x 1 daily. After 10 days change to MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings,

Mon-Fri; Sat/Sun NOTAKEHL 3X suppositories 2x 1 daily.

UTILIN 6X capsules and LATENSIN 6X capsules each 1x 1/week (Mon, Fri). After two to three weeks, once only, in place of LATENSIN 6X capsules, UTILIN "S" 6X capsules to be prescribed.

SANUKEHL Pseu 6X drops always alternating daily with SANUKEHL Salm 6X drops 1x 10 each oral.

SANUVIS drops 2x 1 tsp. daily,

CITROKEHL tablets 2x 1 daily or already on first day in addition

MIX:

UTILIN "S" 4X            1.0 ml

NOTAKEHL 5X            1.0 ml

CITROKEHL                2.0 ml

Inject deep i.m.

### **Encephalitis epidemica status post**

Partial recoveries are seldom reparable, but improvable!

Children:

Alkalise with ALKALA T tablets 2x ½ daily for 10 days then ALKALA N powder 2x htsp. daily in warm fruit or vegetable juice.

NOTAKEHL 5X drops and (or in daily rotation with) QUENTAKEHL 5X drops each 2x 5-15 daily oral and/or to rub in for 10 days, then SANKOMBI 5X drops 2x 10-20 daily oral and/or to rub in, Mon-Fri; Sat/Sun NOTAKEHL 5X drops 2x 5-15 daily oral and/or to rub in.

SANUVIS drops 2x 5-10 daily.

Always UTILIN 6X drops in daily rotation with LATENSIN 6X drops each 1x 2 to rub in.

Adults:

Alkalise with ALKALA T tablets 2x 1 daily for 10 days then ALKALA N powder 2x 1 tsp. daily in warm water.

SANUVIS drops 3x 1 tsp. daily and CITROKEHL tablets 2x 1 daily.

NOTAKEHL 3X suppositories 2x 1 daily over 10 days then MUCOKEHL 5X tablets 1x 1 mornings



and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri;  
Sat/Sun NOTAKEHL 5X tablets 2x 1 daily.

UTILIN 6X capsules in daily rotation with  
LATENSIN 6X capsules each 1x 1/week.

Long Term Therapy:

Continue with base therapy.

UTILIN "S" 6X drops 1x 5 daily oral and/or to rub  
in.

MAPURIT capsules 2x 1 daily,

CUPRUCHEHL 3X drops 2x 5 daily,

if required RELIVORA COMPLEX drops or

SANUCHEHL Pseu 5X 1.0 ml in weekly rotation with  
SANUCHEHL Strep 5X 1.0 ml inject i.m.

**Endoarteriitis  
obliterans**

**(Raynaud's Disease)**

Predominantly women, psychological involvement.

Principal Preparations: MUCOCHEHL, MUCEDO-  
CHEHL, PROPIONIBACTERIUM AVIDUM

Alkalise with ALKALA N powder 2x 1 tsp. daily in  
warm water.

FORTACHEHL 5X tablets 2x 1 daily for one week then  
change to MUCOCHEHL 3X suppositories 1x 1  
mornings and NIGERSAN 5X tablets 1x 1 evenings,  
Mon-Fri; Sat/Sun FORTACHEHL 5X tablets 2x 1  
daily.

Always accompanied from PROPIONI-  
BACTERIUM AVIDUM 5X capsules 3x 1/week and  
SANUCHEHL Acne 6X drops always in daily rotation  
with UTILIN "S" 6X drops 1x 5 each, oral and/or to  
rub in.

Long Term Therapy:

MUCOCHEHL 3X suppositories in daily rotation with  
MUCEDOCHEHL 3X suppositories each 2x 1 (above  
all with psychological involvement) or UTILIN "S"  
6X 1.0 ml inject deep i.m. every two weeks and  
MUCOCHEHL 5X and MUCEDOCHEHL 5X 2.0 ml 2x/  
week inject i.m. respectively.

**Endocarditis**

Locate source of infection, tonsils, granulomas (oral  
panorama X-ray), complete and incomplete root  
fillings, gall bladder inflammation.

### Children:

Alkalise with ALKALA T tablets 2x ½ daily for ten days then ALKALA N powder 2x htsp. in warm fruit or vegetable juice.

NOTAKEHL 5X drops 2x 5-10 daily oral and/or to rub in. After two weeks change to SANKOMBI 5X drops 2x 5-10 daily oral and/or to rub in, Mon-Fri; Sat/Sun NOTAKEHL 5X drops 2x 5-10 daily oral and/or to rub in.

SANUKEHL Strep 6X drops always in daily rotation with SANUKEHL Pseu 6X drops each 1x 5 daily to rub in.

UTILIN "S" 6X drops 1x 3 oral and/or to rub in 2x/week, according to age.

### Adults:

Alkalise with ALKALA N powder 2x 1 tsp. in warm water.

NOTAKEHL 5X tablets 2x 1 daily. After two weeks change to MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 3X suppositories 1x 1 evenings, Mon-Fri; Sat/Sun NOTAKEHL 5X tablets 2x 1 daily. SANUKEHL Pseu 6X drops always in daily rotation with SANUKEHL Strep 6X drops each 1x 10 daily oral and/or to rub in.

UTILIN "S" 6X drops 1x 5 daily oral and/or to rub in.

Accompanied by PROPIONIBACTERIUM AVIDUM 5X capsules 2x 1/week.

## **Endometritis**

### *see Menstrual Disorders*

Triggers are the coil, constipation, ileus, Staphylococcus infection, also root treated teeth from 1-6 upper/lower jaw; electro-acupuncture testing.

FORTAKEHL 5X tablets 2x 1 daily for 10 days then change to MUCOKEHL 3X suppositories 1x 1 mornings and NIGERSAN 3X suppositories 1x 1 evenings, Mon-Fri; Sat/Sun FORTAKEHL 5X tablets 2x 1 daily. LATENSIN 6X capsules and RECARCIN 6X capsules each 1x 1/week (Mon, Fri).

Additive: RELIVORA COMPLEX drops 3x 20 daily.

### Neural Therapy:

NIGERSAN 5X 1.0 ml

Lidocaine 1% 1.0 ml

As segmental subrapubic or para-cervical infiltration (gynaecological intra-cervical)

UTILIN "S" 6X 1.0 ml inject deep i.m. every two weeks.

### Enteral Mycosis

Principal Preparations: EXMYKEHL, FORTAKEHL, SANUKEHL Prot, SANUKEHL Cand

Mycosis's are never infections but a damage to the milieu. Observe diet<sup>1,2,3</sup> without cellulose components (without fresh fruit, fresh vegetables, dried fruit) over some months, oral panorama X-ray (dental root treatment) and amalgams. Candida is a "vacuum" for heavy metals.

Adults:

In every case alkalis with ALKALA T tablets 2x 1 daily for 10 days then ALKALA N powder 2x 1 tsp. daily in warm water.

EXMYKEHL 3X suppositories 2x 1 daily for 10 days, changing to FORTAKEHL 5X tablets 2x 1 daily for 10 days; then begin basic therapy with MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun EXMYKEHL 3X suppositories 2x 1 daily.

Always rotate daily SANUKEHL Prot 6X drops and SANUKEHL Cand 6X drops each 2 x 5 daily oral and/or to rub in.

UTILIN "S" 6X drops 1x 5 to rub in.

Children:

Alkalis with ALKALA T tablets 2x ¼ to ½ daily for 10 days then ALKALA N powder 2x ¼ to ½ tsp. daily in warm fruit or vegetable juice.

ALBICANSAN 5X drops 2x 5-15 daily oral and/or to rub in for 10 days, changing to FORTAKEHL 5X drops 2x 5-15 daily oral and/or to rub in, then change SANKOMBI 5X drops 2x 5-10 daily oral and/or to rub in, Mon-Fri; Sat/Sun ALBICANSAN 5X drops 2x 5-15 daily oral.

SANUKEHL Prot 6X drops and SANUKEHL Cand 6X drops always in rotation, 1x 2 each daily to rub in for children from 6 years and 2x 5 drops oral and to rub in for children from 12 years.

UTILIN "S" 6X drops 1x 3-5 oral and/or to rub in.

**Enteritis** *see Allergic Diseases, Atrophy of the Intestinal Mucous Membrane*

**Enuresis** *see Bed Wetting*

**Epicondylitis** The area of pain is not the cause. Tennis and thrower elbows are not only ill by over-exertion in the joint, but also through a (root treated) tooth from 4-7 in the upper/lower jaw, mostly on the same side. Mostly, merely one injection is sufficient for a proof of the correctness of the diagnosis (test) with:

MIX:

NOTAKEHL 5X 1.0 ml

Xylocaine / Procaine 1% 0.5 ml

on the tonsils (palatoglossal arch) in order to relieve the pain in the joint.

The appropriate root treated tooth (crown, root resection) must be extracted.

NOTAKEHL 3X suppositories 2x 1 daily over 10 days then MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 3X suppositories 1x 1 evenings, Mon-Fri; Sat/Sun NOTAKEHL 3X suppositories 2x 1 daily, for two to three months.

In addition RECARCIN 6X capsules and UTILIN 6X capsules each 1x 1/week (Mon, Fri) as well as SANUKEHL Brucel 6X drops 1x 5 daily to rub in locally.

**Epilepsy** *see Apoplexy status post*

Infants and small children: congenital, traumatic birth, post-encephalitic.

Adults: traumatic, post-encephalitic, post-apoplexy. The disease is always related to a scar which is less irritable in the alkaline milieu. Never abruptly

discontinue previous medication, if at all, but slowly reduce, control by EEG.

Children:

Alkalise with ALKALA T tablets 2x ½ daily for 10 days then ALKALA N powder 2x htsp. in warm fruit or vegetable juice.

SANKOMBI 5X drops 2x 5-10 daily oral and/or to rub in.

UTILIN 6X drops and LATENSIN 6X drops 1x 2 in daily rotation to rub in.

The following homeopathics support the isopathy:

- Calcium carbonicum (blond, blue eyed) 12X

- Magnesium phosphoricum (dark haired, eyes) 12X

Always begin in 12X 1x 5 Glob. daily, then later with a higher potency.

Adults:

Alkalise with ALKALA N powder 2x 1 tsp. in warm water. NOTAKEHL 4X capsules 2x 1 daily. After three to four weeks change to MUCOKEHL 3X suppositories 1x 1 mornings and NIGERSAN 3X suppositories 1x 1 evenings, Mon-Fri; Sat/Sun NOTAKEHL 4X capsules 2x 1 daily. After a further one to two months if necessary, MUCOKEHL 3X suppositories replace with MUCEDOKEHL 5X drops 1x 8 daily oral and/or to rub in before bed time.

UTILIN 6X capsules and LATENSIN 6X capsules each 1x 1/week (Mon, Fri).

SANUKEHL Myc 6X drops 1x 5 daily oral and/or to rub in.

UTILIN "S" 6X drops 1x 5 daily oral and/or to rub in from beginning onwards or

UTILIN "S" 6X 1.0 ml inject deep i.m. every two weeks.

## **Epistaxis**

*see Nose Bleeds*

## **Erysipelas**

Adults:

NOTAKEHL 3X suppositories 2x 1 daily for 10 days then change to MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 3X suppositories 1x 1

evenings, Mon-Fri; Sat/Sun NOTAKEHL 3X suppositories 2x 1 daily.

SANUKEHL Strep 6X drops 2x 10 daily oral and/or to rub in.

LATENSIN 6X capsules and UTILIN 6X capsules 1x 1 each every two weeks.

UTILIN "S" 6X drops 1x 5 daily oral or to rub in.

Neural Therapy injection with:

NOTAKEHL 5X 1.0 ml

Procaine/Lidocaine 1% 1.0 ml

Children:

NOTAKEHL 5X drops 2x 5-10 daily oral and/or to rub in. After 10 days change to SANKOMBI 5X drops 2x 10-15 daily oral and/or to rub in, Mon-Fri; Sat/Sun NOTAKEHL 5X drops 2x 5-10 daily oral and/or to rub in.

SANUKEHL Strep 6X drops 2x 3-5 daily to rub in,

UTILIN "S" 6X drops 1x 3-5 daily 3x/week to rub in.

**Erysipelas peninis** Streptococcus infection caused by surface wounds.

Children:

NOTAKEHL 5X drops 2x 5-10 daily oral and/or to rub in, Mon-Fri; Sat/Sun SANKOMBI 5X drops 2x 5-10 daily, oral.

From the third day UTILIN 6X drops and RECARCIN 6X drops always in daily rotation each 1x 2 rubbing into the skin.

SANUKEHL Strep 6X drops in daily rotation with UTILIN "S" 6X drops 3x/week each 1x 2 rubbing in with the own hand.

Adults:

Alkalise with ALKALA N powder 2x 1 tsp. in warm water.

CITROKEHL tablets 2x 1 daily.

NOTAKEHL 3X suppositories 2x 1 daily for 10 days then change to MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 3X suppositories 1x 1 evenings, Mon-Fri; Sat/Sun NOTAKEHL 3X suppositories 2x 1 daily.

UTILIN 6X capsules and LATENSIN 6X capsules each 1x 1/week (Mon, Fri).

UTILIN "S" 6X drops 1x 5 daily, oral.

**Erythema  
exsudativum  
multiforme**

*see Atrophy of the Intestinal Mucous Membrane,  
Amalgam Stress<sup>5</sup>*

Causes: Herpes simplex, rheumatic diseases, tuberculinic weaknesses.

Rheumatic diseases originate in an atrophic intestinal mucous membrane, therefore, diet<sup>1,2</sup> without primary antigens.

Children:

Alkalis with ALKALA T tablets 2x ½ daily for 10 days then ALKALA N powder 2x htsp. daily in warm fruit or vegetable juice.

NOTAKEHL 5X drops always in rotation with PEFRAKEHL 5X drops 2x 5-10 daily oral and/or to rub in. After 10 days change to SANKOMBI 5X drops 2x 10-15 daily oral and/or to rub in, Mon-Fri; Sat/Sun NOTAKEHL 5X drops 2x 5-10 daily oral and/or to rub in.

From second week prescribe in addition UTILIN "S" 6X drops:

- Children from 2 years 2x 3 drops/week to rub in,
- Children from 6 years 2x 5 drops oral.

MUSCARSAN 6X drops 2x 5 daily,

SANUKEHL Myc 6X drops 1x 2 daily to rub in.

Adults:

NOTAKEHL 3X suppositories 2x 1 always alternating daily with GRIFOKEHL 5X drops 2x 10 oral and/or to rub in. After 10 days change to a combination of MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun NOTAKEHL 3X suppositories 2x 1 daily, over a period of months.

MUSCARSAN 6X drops 2x 10 daily,

UTILIN "S" 6X capsules 1x 1 every two weeks, or MUSCARSAN 4X 2.0 ml inject i.m. 3x/week and UTILIN "S" 6X 1.0 ml inject deep i.m. every two weeks.

## **Erythema nodosum**

Causes: Mostly damage caused by antibiotics (bacterial), Para-Tbc, with adults often Sarcoidosis due to lung X-rays.

Children:

Alkalise with ALKALA T tablets 2x ½ daily for 10 days then ALKALA N powder 2x htsp. daily in warm fruit or vegetable juice.

NOTAKEHL 5X drops in daily rotation with QUENTAKEHL 5X drops each 2x 10 oral and/or to rub in. After 10 days change to SANKOMBI 5X drops 2x 5-15 daily oral and/or to rub in, Mon-Fri; Sat/Sun NOTAKEHL 5X drops 2x 10 daily oral and/or to rub in.

From beginning onwards SANUKEHL Pseu 6X drops alternating daily with SANUKEHL Myc 6X drops each 1x 2 to rub in.

UTILIN "S" 6X drops 1x 2 to rub in 3x/week.

Adults:

Alkalise with ALKALA N powder 2x 1 tsp. in warm water.

SANUVIS drops 2x 1 tsp. daily,

CITROKEHL tablets 2x 1 daily.

QUENTAKEHL 5X drops 2x 10 oral and/or to rub in and NOTAKEHL 5X tablets 2x 1 alternating daily, then MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 3X suppositories 1x 1 evenings, Mon-Fri; Sat/Sun NOTAKEHL 5X tablets 2x 1 daily.

From beginning onwards SANUKEHL Myc 6X drops alternating daily with SANUKEHL Serra 6X drops 2x 10 oral and/or to rub in.

BOVISAN 6X drops 1x 10 daily oral or to rub in at location of complaint or

1<sup>st</sup> Week: LATENSIN 4X 1.0 ml and  
UTILIN 6X 1.0 ml inject i.m.  
each 1x/week (Mon, Fri)

2<sup>nd</sup> Week: Replace LATENSIN 4X with  
UTILIN "S" 6X 1.0 ml, inject i.m.  
as above

3<sup>rd</sup> Week LATENSIN 4X 1.0 ml and again  
with UTILIN 6X 1.0 ml etc.



## Erythematosis Syndrome

*see Allergic Diseases, Amalgam Stress, Atrophy of the Intestinal Mucous Membrane, Rheumatic*

Important: little protein of animal origin, Diet<sup>1,2</sup>, detoxification of liver and kidneys with nosodes.

Shows as rheumatic illness, heavy metals (amalgam), observe root treatments!

Systemic illness, therefore, systematic therapy:

Alkalise with ALKALA T tablets 2x 1 daily for 10 days then change to ALKALA N powder 2x 1 tsp. in warm water, base infusion<sup>4</sup> if necessary.

SANUVIS drops 2x 1 tsp. daily,

CITROKEHL tablets 2x 1 daily,

FORMASAN drops 2x 30 daily.

FORTAKEHL 5X tablets 2x 1 daily for 10 days then

MUCOKEHL 5X tablets 1x 1 mornings and

NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/

Sun FORTAKEHL 5X tablets 2x 1 daily.

LATENSIN 6X capsules 1x 1/week,

UTILIN "S" 6X drops 1x 5 daily oral and/or to rub in or

MIX:

MUCOKEHL 7X	1.0 ml
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NIGERSAN 7X	1.0 ml
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SANUKEHL Strep 5X	1.0 ml
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LATENSIN	1.0 ml
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Lidocaine 1%	1.0 ml
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Inject deep i.m. 1x/week.

If necessary – in addition:

Ubichinon comp. Heel	2.0 ml
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Hepar comp. Heel	2.0 ml
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Coenzyme comp. Heel	2.0 ml
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Streptococcinum	1.0 ml
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Galium Heel	1.0 ml
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*NOTE:* No injection therapy with UTILIN or UTILIN "S", but to rub in!

SANUKEHL Coli 6X drops 2x 10 daily oral.

Children:

Alkalise with ALKALA T tablets 2x ½ daily for 10 days then ALKALA N powder 2x htsp. in warm fruit or vegetable juice.

FORTAKEHL 5X drops 2x 10-15 daily oral and/or to rub in (each according to age). After 10 days SANKOMBI 5X drops 2x 5-10 daily oral and/or to rub in, Mon-Fri; Sat/Sun FORTAKEHL 5X drops 2x 10-15 daily oral and/or to rub in.

SANUKEHL Coli 6X drops 2x 2-5 daily to rub in.

UTILIN "S" 6X drops 2x 3/week to rub in.

Calcium fluoratum 12X Glob. 1x 10 daily,

Acidum nitricum 6X Glob. 1x 5 daily.

### **Fermentation of Stools / Stomach**

*see Hepatopathy, Liver (Cirrhosis of), Atrophy of the Intestinal Mucous Membrane, Haemorrhoids*

Pay attention to build up of fermentation (rot gut) with alcohol sufferers.

Alkalise with ALKALA T tablets 2x 1 daily for 10 days then ALKALA N powder 2x 1 tsp. in warm water.

EXMYKEHL 3X suppositories 2x 1 daily for 10 days then FORTAKEHL 5X tablets 2x 1 daily, thereafter MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun EXMYKEHL 3X suppositories 2x 1 daily, over months.

Diet<sup>1,2</sup> in addition, no fresh fruit or vegetables, no dried fruit. Food must be thoroughly cooked. No fatty foods.

LIPISCOR capsules 2x 1 daily,

SANUVIS drops 2x 1 tsp. daily,

CITROKEHL tablets 2x 1 daily.

SANUKEHL Klebs 6X drops alternating with SANUKEHL Coli 6X drops daily, each 1x 10 oral and/or to rub in.

BOVISAN 5X capsules 1x 1/week.

### **Fever**

*see Children's Illnesses*

### **Fissura ani**

*see Haemorrhoids*

### **Fluor genitalis**

*see Body Orifices (Mycosis of), Sinusitis*

Causes: Hormonal (the pill), Mycosis, Coil, Vegetative.

Alkalise with ALKALA T tablets 2x 1 daily for 10 days then ALKALA N powder 2x 1 tsp. in warm water.

EXMYKEHL 3X suppositories 2x 1 daily rectally, if necessary vaginal. After 10 days change to MUCOKEHL 3X suppositories 1x 1 and NIGERSAN 3X suppositories 1x 1 daily alternating daily rectal/vaginal, Mon-Fri; Sat/Sun EXMYKEHL 3X suppositories 2x 1 daily.

UTILIN "S" 6X drops 1x 5 daily oral and/or to rub in.

RECARCIN 6X capsules 1x 1/week.

Vaginal douche 2-3 weekly with SANUVIS drops 1x tbsp. diluted at a ratio of 1:5 and NIGERSAN 7X 2.0 ml.

LIPISCOR capsules 2x 1 daily,

MAPURIT capsules 2x 1 daily.

In case of no improvement, after two weeks from MUCOKEHL 3X suppositories change to MUCEDOKEHL 3X suppositories alternating (Long Term Therapy).

Nasal lavage<sup>6</sup> in particular with sufferers from lymphatism with SANKOMBI 5X drops.

## **Frostbite/ Chilblains**

Principal Preparations: MUSCARSAN, MUCO-KEHL

Alkalise with ALKALA T tablets 2x 1 daily for 10 days then ALKALA N powder 2x 1 tsp. in warm water.

MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun MUSCARSAN 6X drops 2x 10 daily for at least two months as well as NIGERSAN 5X drops to rub in locally.

SANUKEHL Myc 6X drops 2x 5 daily oral and/or to rub in.

PROPIONIBACTERIUM AVIDUM 5X capsules 3x 1/week.

LIPISCOR capsules 2x 1 daily,

CUPRUCHEHL 3X drops 2x 10 daily or

LATENSIN 4X 1.0 ml and UTILIN 6X 1.0 ml inject i.m. always alternating weekly.

MUSCARSAN 1.0 ml inject i.m. or s.c. 3x/week.

**Fungal Infections**     *see Candidiasis, Enteral Mycosis, Body Orifices (Mycosis of), Amalgam Stress, Atrophy of the Intestinal Mucous Membrane, Fluor genitalis*

**Furunculosis**         *see Abscess*

Principal Preparation: NOTAKEHL

Expression of excretion, autohaemotherapy

Children:

Alkalise with ALKALA T tablets 2x ½ daily for 10 days then ALKALA N powder 2x htsp. daily in warm fruit or vegetable juice.

NOTAKEHL 5X drops 2x 5-10 daily oral and/or to rub in. After two weeks change to SANKOMBI 5X drops 2x 5-10 daily oral and/or to rub in, Mon-Fri; Sat/Sun NOTAKEHL 5X drops 2x 5-10 oral and/or to rub in.

SANUKEHL Myc 6X drops and SANUKEHL Staph 6X drops daily 1x 2-5 in rotation to rub in.

By relapse, instead of SANUKEHL Staph 6X drops use SANUKEHL Pseu 6X drops or SANUKEHL Salm 6X drops.

Adults:

ALKALA T tablets 2x 1 daily for 10 days then ALKALA N powder 2x 1 tsp. in warm water.

NOTAKEHL 3X suppositories 2x 1 daily over one to two weeks, then MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun NOTAKEHL 5X tablets 2x 1 daily.

From beginning onwards SANUKEHL Myc 6X drops and SANUKEHL Staph 6X drops each 1x 10 daily oral and/or to rub in, in rotation.

Autohaemotherapy:

2.0 ml of blood, mix and shake with 1.0 ml NOTAKEHL 5X and inject i.m. The remainder in the hypodermic needle together with LATENSIN 4X 1.0 ml to be drawn into the injection, mix and shake and inject i.m. Once again repeat as with LATENSIN

but this time with SANUKEHL Staph 5X 1.0 ml and inject s.c. This treatment to be carried out twice weekly.

## **Galactostasis**

*see Mastitis purulenta*

## **Gall Bladder Complaints**

*see Atrophy of the Intestinal Mucous Membrane, Allergic Diseases, Cholecystitis, Cholangitis*

Avoid fatty foods. Prescribe enzyme preparations. In EAV gall bladder meridian is the carrier of Sympathicus summary measuring points and hormonal meridian. According to Dosch 80% of gall bladder removals occur in females.

Therapy:

Alkalise with ALKALA T tablets 2x 1 daily for 10 days then change to ALKALA N powder 2x 1 tsp. in warm water.

CITROKEHL tablets 2x 1 daily,

SANUVIS drops 2x 1 daily.

EXMYKEHL 3X suppositories 2x 1 daily for 10 days then FORTAKEHL 5X tablets 2x 1 daily, then change to MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun FORTAKEHL 5X tablets 2x 1 daily over a period of months.

Always use a combination of SANUKEHL Coli 6X drops in daily rotation with SANUKEHL Pseu 6X drops each 2x 5 oral and/or to rub in.

LATENSIN 6X capsules and UTILIN 6X capsules each 1x 1/week (Mon, Thur)

After three weeks therapy replace once only UTILIN "S" 6X capsules 1x 1 instead of LATENSIN 6X capsules.

ZINKOKEHL 3X drops 1x 10 daily evenings.

## **Ganglion**

Hygroma

Mucoid cyst formation with slimy degeneration of the connective tissue.

Differential Diagnosis: fibroblastoma, haemangioma.

Long Term Therapy: Milieu change, diet<sup>1,2</sup>.

Alkalise with ALKALA N powder 2x 1 tsp. daily in warm water.

FORTAKEHL 5X tablets 2x 1 daily for 10 days then change to MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun FORTAKEHL 5X tablets 2x 1 daily.

SANUVIS drops 2x 1 tsp. daily,

CITROKEHL tablets 2x 1 daily,

MAPURIT capsules 2x 1 daily,

SELENOKEHL drops 1x 10 daily mornings.

LATENSIN 6X capsules and UTILIN 6X capsules each 1x 1/week (Mon, Fri).

Regulate mineral balance,

unsaturated fatty acids: LIPISCOR capsules 2x 1 daily.

Vitamin A; NADH capsules 2x 1, quinone therapy.

## **Gastritis**

Always a matter of the milieu causing the small intestine and pancreas to suffer. Irregular eating patterns, too cold, too rich in animal protein, therefore diet<sup>1,2,3</sup>, psyche<sup>1</sup>, “stomach related teeth”; thyroid glands, no tobacco, tea, coffee etc.

ALKALA T tablets 2x 1 daily changing after one week to ALKALA N powder 2x 1 tsp. in warm water.

If necessary base infusion<sup>4</sup>.

In addition SANUVIS drops 2x 1 tsp. daily,

CITROKEHL tablets 2x 1 daily,

LIPISCOR capsules 2x 1 daily.

Begin with FORTAKEHL 5X drops 2x 10 daily oral and/or to rub in for 10 days then MUCEDOKEHL 5X drops 1x 5-10 oral and/or to rub in mornings and NIGERSAN 5X drops 1x 10 oral and/or to rub in evenings or SANKOMBI 5X drops 2x 10 daily oral and/or to rub in Mon-Fri; Sat/Sun FORTAKEHL 5X drops 2x 10 daily oral and/or to rub in for a period of months.

LATENSIN 6X capsules every third day in rotation with UTILIN 6X capsules each 1x 1/week.

SANUKEHL Prot 6X drops 2x 5 daily oral and/or to rub in.

## **Gastroenteritis**

*see Gastritis, Atrophy of the Intestinal Mucous Membrane, Allergic Diseases*

Always hypoallergenic diet<sup>1,2</sup>, also a pause from nuts and onions.

Principal Preparations: OKOUBASAN, FORTAKEHL

In acute cases:

Children:

Alkalise with ALKALA T tablets 2x ¼ to ½ daily dissolved in camomile tea. No tea for the next 24 hours. Next day, cooked rice, stewed apples, dry rusks, bananas. After two to three days cooked fruit, vegetables and husked rice – no meat, chocolate, cakes and confectionery, diet<sup>1</sup>.

Begin with a combination of FORTAKEHL 5X drops 2x 5-10 daily oral and/or to rub in (each according to age) and OKOUBASAN 2X drops 3-5x 2-5 daily oral and/or to rub in (flatulence).

SANUKEHL Salm 6X drops 2x 3-5 daily to rub in (from school age, oral).

Additive: Chamomilla 30X Glob. 2-4x 5-10.

With pain: Spascupreel Heel tablets 2-5x ½ to 1 daily. After five to seven days SANKOMBI 5X drops 2x 5-10 daily oral and/or to rub in (each according to age).

Adults:

Alkalise with ALKALA T tablets 2x 1 daily for 10 days then change to ALKALA N powder 2x 1 tsp. in camomile tea, if necessary – base infusion<sup>4</sup>. Only warm foods, no spices, roasts, coffee, cigarettes, alcohol; diet<sup>1</sup>.

FORTAKEHL 3X suppositories 2x 1 daily and OKOUBASAN 2X drops 3x 5 daily oral and/or to rub in.

In general after 7-10 days change to a combination of MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings Mon-Fri; Sat/Sun FORTAKEHL 5X tablets 1-2x 1 mornings.

SANUKEHL Prot 6X drops 1x 5 daily oral and/or to rub in alternating daily with SANUKEHL Salm 6X drops 1x 10 daily oral and/or to rub in.

Chamomilla 30X Glob 1x 10,  
Nux vomica 12X Glob 1-2x 5-10 daily (1-2 tablets).

**Gestosis (Toxaemia)** *see Pregnancy (Complications in)*

**Gingivitis**

A new toothbrush every month! Eating disorders to be corrected<sup>1,2!</sup> Gum pockets must be treated by a dentist by way of rinsing with SANKOMBI 5X drops.

Alter milieu by brushing teeth with ALKALA N powder.

Alkalise with ALKALA T tablets 2x 1 daily for 10 days then ALKALA N powder 2x 1 tsp. to drink with warm water.

SANUVIS drops 2x 1 tsp. daily,

CITROKEHL tablets 2x 1 daily.

EXMYKEHL 3X suppositories 2x 1 daily for 10 days then MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun EXMYKEHL 3X suppositories 2x 1 daily.

LATENSIN 6X capsules and UTILIN 6X capsules 1x 1/week.

SANUKEHL Pseu 6X drops 2x 5 daily oral and/or to rub in.

**Glandular Fever** *see Mononucleosis*

**Glaucoma**

Primary Glaucoma: Increased intra-ocular pressure caused by blockage of the aqueous humour.

Secondary Glaucoma: Caused by trauma, only operative repairable. Consider teeth, congenital condition.

MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings as a long term therapy.

PROPIONIBACTERIUM AVIDUM 5X capsules 3x 1/week,

UTILIN "S" 6X capsules 1x 1 every two weeks and SANUKEHL Myc 6X drops 1x 5 oral and/or to rub in daily.



Local: MUCOKEHL 5X eye drops 2-3x daily to the outer palpebral fissure.

**Glomerulonephritis** *see Nephritis*

**Gonarthrititis /  
Gonarthrosis** *see Knee-Joint (Inflammation of)*

**Gonorrhoea** Observe local legislation for eradication of epidemics.

Only treat in conjunction with antibiotics.

Therapy with Chronic Forms:

Alkalise with ALKALA T tablets 2x 1 daily for 10 days then ALKALA N powder 2x 1 daily in warm water.

NOTAKEHL 3X suppositories 2x 1 daily for 10 days then MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 3X suppositories 1x 1 evenings, Mon-Fri; Sat/Sun NOTAKEHL 3X suppositories 2x 1 daily.

Women:

NOTAKEHL 3X suppositories, evenings, inserting vaginally if necessary.

Men:

NOTAKEHL 5X drops applied several times daily to the Glans penidis.

By joint involvement, take in addition SANUKEHL Strep 6X drops 2x 10 daily oral and/or to rub in.

LATENSIN 6X capsules and RECARCIN 6X capsules each 1x 1/week (Mon, Fri). Every three weeks replace LATENSIN 6X capsules with UTILIN "S" 6X capsules, or

MIX:

NOTAKEHL 5X                    1.0 ml

SANUKEHL Strep 5X        1.0 ml

Gonococcinum Injeel Heel 1.0 ml

Lidocaine 1%                1.0 ml

Inject 2x/week i.m.

## Gout

Primary Gout: Congenital metabolism defect.  
Readjust eating habits<sup>1,2</sup>! Regulate mineral balance!  
No animal protein!

Secondary Gout: by polycythaemia vera, myeloid leukaemia.

Gout Attack:

ALKALA T tablets 2x 1 daily in warm water, if necessary base infusion<sup>4</sup>.

NIGERSAN 3X suppositories 1x 1 and MUCEDOKEHL 5X drops 1x 10 oral and/or to rub in, Colchicum 6X Glob. every 30 minutes 10 Glob. or base infusion<sup>4</sup>, as well as

MIX:

NIGERSAN 7X	1.0 ml
Colchicum forte Injeel Heel	1.0 ml

Inject i.m.

As a trial basis allow some Cognac, sometimes alcohol in order to burn-off is necessary!

Chronic Gout:

FORTAKEHL 5X tablets 2x 1 daily for 10 days then MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun MUSCARSAN 6X drops 2x 10 daily or

MIX:

MUSCARSAN 5X	1.0 ml
UTILIN 6X	1.0 ml
Lidocaine 1%	1.0 ml

Inject i.m. 2-3x/week.

## Granulocytopenia

*see Agranulocytosis, Carcinoma, Atrophy of the Intestinal Mucous Membrane, Infection (Susceptibility to)*

Causes: Chemo-, radiation therapy, medicament intoxication, heavy metals (amalgam<sup>5</sup>), dental foci.

Fundamental Disease Therapy:

Neural Therapy to tonsils with

NOTAKEHL 5X	1.0 ml
Lidocaine 1%	1.0 ml

Carcinoma therapy to be changed, no further chemo- or radio therapy.

Adults:

Alkalise with ALKALA N powder 2x 1 tsp. in warm water.

For the purposes of re-building the intestinal mucous membrane, diet<sup>1,2,3</sup>.

NOTAKEHL 5X tablets 2x 1 daily. After 10 days change to a combination of MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 3X suppositories 1x 1 evenings, Mon-Fri; Sat/Sun NOTAKEHL 5X tablets 2x 1 daily.

UTILIN "S" 6X drops 2x 5 daily oral and/or to rub in from beginning onwards.

SANUKEHL Pseu 6X drops 2x 10 daily oral and/or to rub in.

FORMASAN drops 2x 5-10 daily,

SANUVIS drops 2x 30 daily,

CITROKEHL tablets 2x 1 daily,

or

UTILIN "S" 6X 1.0 ml inject i.m. 1x 1/week,

SANUKEHL Pseu 5X 1.0 ml inject i.m. 3x/week,

SANUVIS 2.0 ml inject i.m. 1-3x/week,

CITROKEHL 2.0 ml inject i.m. 2-3x/week.

Children:

Fight infection, re-build intestinal mucous membrane, diet<sup>1,2</sup>.

Alkalise with ALKALA T tablets 2x ½ daily for 10 days then ALKALA N powder 2x htsp. taken with warm fruit or vegetable juice.

NOTAKEHL 5X drops 2x 10 oral and/or to rub in for 10 days then SANKOMBI 5X drops 2x 10 daily oral and/or to rub in, Mon-Fri; Sat/Sun NOTAKEHL 5X drops 2x 10 daily and/or to rub in.

SANUKEHL Pseu 6X drops 1x 5 daily to rub in (from 8 years 2x 5 oral).

SANUVIS drops 3x 20 daily.

## **Gravidity**

*see Pregnancy (Complications in)*

## **Guillian-Barré-Syndrome**

Idiopathic polyradiculoneuropathy

*NOTE:* mostly viral origin, heavy metals (amalgam<sup>5</sup>).

Alkalise with ALKALA T tablets 2x 1 daily for 10 days then ALKALA N powder 2x 1 tsp. in warm water.

Begin with EXMYKEHL 3X suppositories 2x 1 daily. After 10 days change to QUENTAKEHL 5X drops 2x 10 daily for 10 days then change to a combination of MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun QUENTAKEHL 5X drops 2x 10 daily oral and/or to rub in.

LIPISCOR capsules 2x 1 daily.

UTILIN "S" 6X capsules 1x 1/week.

SANUKEHL Pseu 6X drops alternating daily with SANUKEHL Serra 6X drops each 1x 10 oral and/or to rub in.

CERIVIKEHL drops 2x 10 daily oral, or

MIX:

QUENTAKEHL 5X	1.0 ml
SANUKEHL Serra 5X	1.0 ml
UTILIN "S" 6X	1.0 ml
VITAMIN B KOMPLEX SANUM N	2.0 ml
Inject deep i.m. 1x/week.	

## **Gums (Bleeding of)**

Originates from poor nutrition<sup>1,2,3</sup>, from inflammation of the gums through gum pockets; is always a disease of the intestinal tract! Amalgam<sup>5</sup>, displaced crowns.

EXMYKEHL 3X suppositories 2x 1 daily over 10 days then NOTAKEHL 5X tablets 2x 1 daily for 10 days, then changing to a combination of MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun EXMYKEHL 3X suppositories 2x 1 daily, over a period of months.

With a cotton wool ball/swab, dab SANKOMBI 5X drops on bleeding areas.

SELENOKEHL drops 1x 5 daily mornings,

ZINKOKEHL 3X drops 1x 10 daily evenings.

CALVAKEHL drops 3x 5 daily oral,

UTILIN 6X capsules 1x 1/week.

**Gum Pockets***see Gingivitis***Haemorrhoids /  
Fissura ani***see Atrophy of the Intestinal Mucous Membrane, Constipation (habitual), Ageing / Senility (Symptoms of)*  
Causes: occupation involving sitting most of the time, constipation, flatulence by older people.

EXMYKEHL 3X suppositories 2x 1 daily for 10 days then FORTAKEHL 5X tablets 2x 1 daily for 10 days, then MUCOKEHL 3X suppositories 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun MUCOKEHL Atox 6X (Excretion) drops 2 x 10 daily oral and/or to rub in.

Neural Therapy:

MUCOKEHL 5X 1.0 ml and Lidocaine 1% on the wall of the haemorrhoids. MUCOKEHL 3X ointment by fissures and after two days apply in between with ALBICANSAN 3X ointment.

**Hay Fever -  
Pollinosis***see Allergic Diseases, Atrophy of the Intestinal Mucous Membrane*Every form of allergy precedes a manifestation of or a current latent allergy of the intestine. Therefore, if at all possible, follow a hypo-allergenic diet<sup>1,2,3</sup>, also taking the oral gum pockets into consideration.

Prophylactic:

At least two to three months before an outbreak, alkalis with ALKALA N powder 2x 1 tsp. daily in warm water, diet<sup>1</sup>.

Begin with FORTAKEHL 5X tablets 2x 1 daily for 10 days then MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun FORTAKEHL 5X tablets 2x 1 daily for several months.

At the same time FORMASAN drops 2x 20 daily.

UTILIN 6X capsules and LATENSIN 6X capsules each 1x 1/week (Mon, Fri).

Nasal lavage<sup>6</sup> with:

MIX:

NOTAKEHL 5X	20 drops
FORMASAN	20 drops
UTILIN "S" 6X	3 drops

In addition (if necessary):

Mucosa comp. Heel 1.0 ml  
Neural Therapy: (Huneke) with  
MIX:

FORMASAN	1.0 ml
NIGERSAN 7X	1.0 ml
Lidocaine / Procaine 1%	1.0 ml

In addition (if necessary):

Sinusitis Nosode Injeel (Heel) 1.0 ml.  
Infiltration of the ganglia pterygopalatinum bilat.  
or set weal to the spinal region of the thoracal  
segments.

Treatment during an Outbreak:

Alkalis with ALKALA T tablets 3x 1 daily for 10  
days then ALKALA N powder 2x 1 tsp. in warm  
water.

Therapy and Neural Therapy: repeat as above.

UTILIN "S" 6X drops 2x 5 daily, oral,

UTILIN 6X capsules 1x 1/week.

FORMASAN drops 3x 30 daily,

RUBERKEHL drops 2x 5 daily.

## **Heart Infarct status post**

*see Angina pectoris*

Principal Preparations: MUCOKEHL, LIPISCOR,  
LEPTOSPERMUSAN

This complaint is a question of unsaturated fatty  
acids. The more unsaturated fatty acids contained  
in the diet, the less arterial sclerosis and lower  
increase of the viscosity. Chrome supports this effect.  
Cow's milk halts this too<sup>1,2</sup>.

Long Term Therapy:

FORTAKEHL 5X tablets 2x 1 daily for 10 days then  
MUCOKEHL 5X tablets 1x 1 mornings and  
NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/  
Sun MUCOKEHL Atox 6X (Excretion) drops and  
NIGERSAN Atox 6X (Excretion) drops each 1x 8  
daily oral and/or to rub in.

PROPIONIBACTERIUM AVIDUM 5X capsules 3x  
1 weekly in combination with SANUKEHL Acne 6X  
drops 2x 10 daily oral and/or to rub in.

LEPTOSPERMUSAN drops 3-5x 5-10 daily, or

MIX:

MUCOKEHL 6X	1.0 ml
SANUVIS	2.0 ml
Lidocaine / Procaine 1%	1.0 ml
(if necessary, additionally)	
Cor comp. Heel	2.0 ml

Set weal to the neuro point of the heart and liver.

Additive: Diet and LIPISCOR capsules 2x 2 daily,  
Chrome-GTF 200µg daily.

Drink 1 tsp. magnesium sulphate (Epsom salts) in a cup of luke warm water and repeat until the intestine has become neutralised from excess gas.

### **Helicobacter pylori Infection**

Principal Preparations: FORTAKEHL, ALKALA

The excretion of acids in the stomach is increased through a protein rich diet, therefore diet<sup>1,2</sup>, no animal protein, no spices, no carbonated drinks, little fruit (sour metabolized).

There is no infection, but the disease is caused by the extreme acids of the milieu.

De-acidification: initially with ALKALA T tablets 2x 1 daily for 10 days then ALKALA N powder 2x 1 tsp. daily in warm water, if necessary, base infusion<sup>4</sup>.

FORTAKEHL 5X tablets 2x 1 daily for 10 days then MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun FORTAKEHL 5X tablets 2x 1 daily.

SANUKEHL Prot 6X drops 1x 8-10 evenings oral and/or to rub in.

### **Hemiplegia status post**

Drink plenty.

Long Term Therapy:

MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun MUCOKEHL Atox 6X (Excretion) drops and NIGERSAN Atox 6X (Excretion) drops 2x 10 each alternating daily oral and/or to rub in.

UTILIN 6X capsules 1x 1/week.

LEPTOSPERMUSAN drops 3x 10 daily (to be administered in between),

PROPIONIBACTERIUM AVIDUM 5X capsules 3x 1 weekly for the first four weeks then reduce to 1x 1/week.

SANUKEHL Acne 6X drops 1x 5 daily to rub in, or to begin, a mixed injection of:

MUCOKEHL 5X 1.0 ml

UTILIN 6X 1.0 ml

Inject deep i.m.

UTILIN 6X every four weeks to be replaced by UTILIN 4X 1.0 ml inject i.m.

## Hepatopathy

*see Atrophy of the Intestinal Mucous Membrane, Fermentation of Stools / Stomach*

Not always a common alcohol problem, but an alcohol problem from the intestine by fermentation<sup>1,2</sup> (rot gut sufferers), therefore prescribe diet<sup>1,2</sup> as with fermentation with stools.

Begin:

Alkalise with ALKALA T tablets 2x 1 daily for 10 days then ALKALA N powder 2x 1 tsp. in warm water, if necessary, also base infusion<sup>4</sup>.

EXMYKEHL 3X suppositories 2x 1 daily for 10 days then FORTAKEHL 5X tablets 2x 1 daily for 10 days, then MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun EXMYKEHL suppositories 2x 1 daily, over a period of months.

UTILIN 6X drops 1x 2-8 daily to rub in under the right ribcage.

RECARCIN 6X capsules 1x 1/week,

UTILIN "S" 6X drops 2x 5 daily oral and/or to rub in.

Additive:

MIX (Mon, Fri):

CHRYSOCOR 3X 2.0 ml

CITROKEHL 2.0 ml

PINIKEHL 5X 2.0 ml

Inject deep i.m.



In addition, if necessary:

Ubichinon comp. Heel	2.0 ml
Coenzyme comp. Heel	2.0 ml
Hepar comp. Heel	2.0 ml
Leptandra comp. Heel	2.0 ml
Lidocaine / Procaine 1%	1.0 ml

SANUVIS drops 2x 1 tsp. daily.

Neural Therapy:

NOTAKEHL 7X	1.0 ml
Lidocaine 1%	1.0 ml to the tonsils

(belongs to the liver meridian) and to the duplication of the canine teeth as well as 4-7 to the upper/lower jaw both sides.

Additive: By flatulence mineral laxatives, psyllium fibres.

**Herpes Blisters**  
(Perlèche,  
Aphthae stomatitis)

Principal Preparations: GRIFOKEHL, ALKALA  
Herpes complaints are a result of overloaded connective tissues and through intestinal allergies and an atrophic intestinal mucous membrane. Chronicity becomes reduced by way on an intestinal mucous membrane regenerative diet<sup>1,2</sup>. A correct therapy can never be treated only short term, but must be conducted systematically over several weeks.

Base Therapy:

Alkalise with ALKALA T tablets 2x 1 daily for 10 days then ALKALA N powder 2x 1 tsp. daily in warm water, if necessary base infusion<sup>4</sup>.

GRIFOKEHL 5X drops 2x 10 daily oral and/or to rub in for 10 days then MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun GRIFOKEHL 5X drops 2x 10 daily oral and/or to rub in.

SANUKEHL Cand 6X drops and SANUKEHL Serra 6X drops each 1x 5 daily oral and/or to rub in taken in daily rotation.

LATENSIN 6X capsules 1x 1/week.

Neural Therapy:

Rapid freedom from pain through an injection with:

GRIFOKEHL 5X 1.0 ml

Lidocaine / Procaine 1% 1.0 ml

(if necessary)

Mezereum Homaccord Heel 2.0 ml

Ranunculus Homaccord Heel 2.0 ml

Children:

GRIFOKEHL 5X drops 2x 3-6 daily oral and/or to rub in. After 10 days change to SANKOMBI 5X drops 2x 10 daily oral and/or to rub in, Mon-Fri; Sat/Sun GRIFOKEHL 5X drops 2x 3-6 daily oral and/or to rub in.

### **Herpes genitalis**

*see Herpes Blisters*

Causes: Teeth, scars, diet for the intestines<sup>1,2</sup>, psyche. Base therapy as with Herpes Blisters (Stomatitis aphthous) applying GRIFOKEHL 5X drops to the affected genital areas by dabbing with cotton wool swabs.

LATENSIN 6X capsules and UTILIN 6X capsules each 1x 1/week.

Regulate mineral balance.

Neural Therapy: *see Herpes Blisters*

### **Herpes simplex chronica**

Base therapy as with *Herpes Blisters (Aphthae Stomatitis)*, regulate mineral balance.

Autohaemotherapy: 1x/week

Own blood 2.0 ml with

LATENSIN 4X 1.0 ml mix and shake

injecting i.m.

Pull back remaining blood into syringe, dilute with MUCOKEHL 5X 1.0 ml, shake and inject i.m. Repeat process once more, this time diluting with 1.0 ml NIGERSAN 5X, shake and inject s.c.

### **Herpes zoster**

*see Amalgam Stress, Atrophy of the Intestinal Mucous Membrane, Herpes simplex chronica*

Principal Preparations: GRIFOKEHL, ALKALA, SANUKEHL Serra

Known through its chronic neuralgia, therefore observe in particular the intestinal mucous membrane<sup>1,2</sup>. Take into consideration problems with heavy metals<sup>5</sup> (amalgam, root fillings) necessary due to frequent relapses.

Base Therapy: *see Herpes simplex and Aphthae stomatitis*

Neural Therapy:

MIX:

GRIFOKEHL 5X	1.0 ml
Lidocaine 1%	1.0 ml

Inject i.m. or to the efflorescence. This immediately eradicates local pain and allows the blisters to dry. This can be initially carried out daily, and later 1-2x/week.

Begin:

Always alkalise with ALKALA N powder 2x 1 tsp. daily in warm water. If necessary base infusion<sup>4</sup>.

GRIFOKEHL 5X drops 2x 10 daily oral. After one week change to FORTAKEHL 5X tablets 2x 1 daily for two weeks, Mon-Fri; Sat/Sun GRIFOKEHL 5X drops 2x 10 daily oral. Change to MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun GRIFOKEHL 5X drops 2x 10 daily, oral.

SANUVIS drops 3x 1 tsp. daily, oral.

VITAMIN B KOMPLEX SANUM N 2.0 ml inject deep i.m. 2-3x/week.

Additive:

Foods rich in lysin e.g. fish, prawns/shrimps, wheatgerm, peanuts, soya beans.

Autohaemotherapy: as with Herpes simplex.

**Hodgkin's Disease, Lymphogranulomatosis** Regulate mineral balance (Schuessler Therapy), intestinal cleansing, eating disorder<sup>1,2,3</sup>, oral panorama X-ray (clean up all root treatment!), heavy metals (amalgam<sup>5</sup>).

Generally observe therapy as with Carcinomas.

Long Term Therapy:

To begin with, always alkalise with ALKALA T tablets 2x 1 daily. After two weeks change to ALKALA N powder 2x 1 tsp. daily in warm water.

CITROKEHL tablets 2x 1 daily,  
 SANUVIS drops 2x 30 daily.  
 NOTAKEHL 5X tablets 2x 1 daily for 10 days then  
 MUCOKEHL 5X tablets 1x 1 mornings and  
 NIGERSAN 4X capsules 1x 1 evenings, Mon-Fri;  
 Sat/Sun QUENTAKEHL 5X drops 2x 10 daily oral  
 and/or to rub in or in rotation with GRIFOKEHL  
 5X drops 2x 10 daily oral and/or to rub in.  
 LATENSIN 6X capsules and UTILIN 6X capsules  
 each 1x 1/week (Mon, Fri).

Neural Therapy:

MIX:

NIGERSAN 7X	1.0 ml
GRIFOKEHL 5X	1.0 ml
Procaine 1%	1.0 ml

Set weals to the glandular region, to the  
 palatopharyngeal arch, however do not puncture  
 organs.

In addition (if necessary):

Lymphomoyosot Heel	1.0 ml
Galium Heel	1.0 ml
Procaine / Lidocaine 1%	1.0 ml

Alternative Program:

LATENSIN 4X capsules, UTILIN 4X capsules and  
 RECARCIN 4X capsules each 1x 1 always alternating  
 every two days.

SANKOMBI 5X drops massaged onto the tumour  
 or the lymph region. In case of pain, base infusion<sup>4</sup>  
 2-3x/week.

## Hordeolum

*see Furunculosis*

NOTAKEHL 5X drops 2-3x 1 daily in the  
 conjunctival sac and 1 drop to be rubbed onto the  
 eyelid.

NOTAKEHL 5X tablets 2x 1 daily for 10 days.

VITAMIN B KOMPLEX SANUM N 2.0 ml 2x/week  
 inject i.m.

Additive: Cotton wool swab with NOTAKEHL 5X  
 20 drops in 5 tsp. camomile tee several times daily,  
 compress to be as warm as possible.

**Hydrocele testis**

Surgery is required with a content of more than 20 ml. With each puncture the quantity must become smaller and the intervals of puncture become longer.

Long Term Therapy:

Puncture and drainage of the contents, next

MIX:

NOTAKEHL 5X                      1.0 ml

UTILIN "S" 6X                      0.5 ml

Inject through the puncture track. Repeat puncture and injection when required.

UTILIN "S" 6X drops 2x 5 daily oral and/or to rub in, in addition NOTAKEHL 5X tablets 1x 2 daily.

**Hyperkeratosis**

*see Ichthyosis*

**Hyperthyreosis,  
Basedow's Disease**

*see Amalgam Stress*

Always take into consideration the teeth of the stomach meridian (4-7 upper/lower jaw). Always control heavy metals<sup>5</sup> (amalgam), blood count TSH/T3/4.

Long Term Therapy:

FORTAKEHL 5X tablets 2x 1 daily for 10 days then MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun FORTAKEHL 5X tablets 2x 1 daily.

RECARCIN 6X and UTILIN 6X each 1.0 ml inject deep i.m. in weekly rotation.

Every three weeks exchange UTILIN 6X for UTILIN "S" 6X 1.0 ml inject i.m.

Neural Therapy:

MIX:

MUCOKEHL 5X                      1.0 ml

NIGERSAN 5X                      1.0 ml

Lidocaine 1%                      0.5 ml

in both lobes of the thyroid glands.

If necessary, additionally:

Coenzyme comp. Heel      2.0 ml.

## **Hypertonia**

Principal Preparations: MUCOKEHL, LIPISCOR, Rauwolfia

Adjust diet! Blood viscosity too high! Thyroidal! Avoid protein of animal origin for four weeks, diet<sup>1,2,3</sup>, avoid salt and sugar, whole foods, no saturated fatty acids.

FORTAKEHL 5X tablets 2x 1 daily. After 10 days change to MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun MUCOKEHL Atox 6X (Excretion) drops and NIGERSAN Atox 6X (Excretion) drops 2x 10 each daily to be taken alternately oral and/or to rub in.

UTILIN 6X capsules 1x 1/week.

Rauwolfia 12X tablets 1-2x 1 daily.

LIPISCOR capsules 2x 2 daily.

## **Hyperuricaemia**

*see Gout*

## **Ichthyosis**

### **(Alligator Skin Disease) and other Hyperkeratosis**

*see Eczema*

Genetically fixed disease.

Long Term Therapy:

MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 3X suppositories 1x 1 evenings, Mon-Fri; Sat/Sun UTILIN "S" 6X drops 2x 5 daily oral and/or to rub in, or

with children SANKOMBI 5X drops 2x 10 daily oral and/or to rub in, Mon-Fri; Sat/Sun UTILIN "S" 6X 1x 5 oral and/or to rub in.

Extreme hyperkeratosis to be treated by massaging appropriately with (2%) salicylic acid ointment or oil to soften and loosen the flakes and crusts (initially over night with a linen cloth)

Acid. salicylic. 2.0

(2.0 – 4.0 each according to strength)

Ricini Oil

Olivar Oil aa ad 100.0

MDS. 1-2x daily thoroughly rub into skin

CITROKEHL tablets 2x 1 daily,

LIPISCOR capsules 2x 2 daily.

UTILIN 6X 1.0 ml inject deep i.m.

After 3-5 days MIX:

UTILIN "S" 6X	1.0 ml
CITROKEHL	2.0 ml
Procaine / Lidocaine 1%	1.0 ml

Inject deep i.m. every two weeks.

If necessary, in addition:

Cutis compos Heel 2.0 ml.

Against perspiration: Powder Salicylic c. Talco

**Impetigo**  
**Pyoderma,**  
**Impetiginous**  
**Eczema**

Principal Preparations: NOTAKEHL, SANUKEHL  
Staph

Long Term Therapy:

Diet<sup>1,2</sup> for the regeneration of the intestinal mucous membrane. Unsaturated fatty acids, Oil of Evening Primrose.

Children:

NOTAKEHL 5X drops 2x 5-15 daily oral and/or to rub in.

UTILIN "S" 6X drops 2x 2 daily to rub in.

RECARCIN 6X drops and UTILIN 6X drops each 1x 2 alternating daily, to rub in.

SANUKEHL Staph 6X drops 1x 3 to rub in.

Adults:

NOTAKEHL 5X tablets 2x 1 daily in combination with SANUKEHL Staph 6X drops alternating daily with UTILIN "S" 6X drops each 2x 5 daily oral, or

MIX:

NOTAKEHL 7X	1.0 ml
UTILIN "S" 6X	1.0 ml
SANUKEHL Staph 5X	1.0 ml

Inject deep i.m., repeat every two weeks.

**Impotence**

*see Amalgam Stress*

Organic-functional causes (not Impotentia coeundi).  
Cave: oral granuloma, root treatment of the teeth 1-7 always both sides of the upper and lower jaw, depression, diabetes, Parotitis epidem. status post.  
Conduct spermiogram.

FORTAKEHL 5X tablets 2x 1 daily for 10 days then MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 3X suppositories 1x 1 evenings, Mon-

Fri; Sat/Sun MUCEDOKEHL 3X suppositories 2x 1 daily, for a period of months.

UTILIN "S" 6X capsules 1x 1 every two weeks or neural therapeutic injection to appendix or hernia scar with

MIX:

NOTAKEHL 5X	1.0 ml
CHRYSOCOR 3X	2.0 ml
Procaine / Lidocaine 1%	1.0 ml

### **Induratio penis plastica**

*see Dupuytren`s Finger Contracture*

Too much protein, diet<sup>1,2</sup>

Cave: Incisor teeth (root treatment, granuloma)

Long Term Therapy:

FORTAKEHL 5X tablets 2x 1 daily for 10 days then MUCOKEHL 3X suppositories 1x 1 mornings and NIGERSAN 3X suppositories 1x 1 evenings, Mon-Fri; Sat/Sun MUCOKEHL Atox 6X (Excretion) drops and NIGERSAN Atox 6X (Excretion) drops daily 2x 10 in alternation oral and/or to rub in.

Neural Therapy:

MUCOKEHL 5X	1.0 ml
Lidocaine 1%	1.0 ml

Inject 2x/week into the induration (thin needle).

### **Infarct**

*see Angina pectoris, Heart Infarct status post*

### **Infections (Susceptibility to)**

*see Atrophy of the Intestinal Mucous Membrane, Allergic Diseases*

Always a sign of an atrophic (caused by allergy sufferers) mucosa enteralis, diet<sup>1,2</sup>, Leaky Gut Syndrome

Children:

Alkalise with ALKALA T tablets 2x ½ daily for 10 days then ALKALA N powder 2x htsp. in warm fruit or vegetable juice.

Begin with NOTAKEHL 5X drops (bacterial) or QUENTAKEHL 5X drops (viral) each 2x 5-10 daily oral and/or to rub in, each according to age. After 10 days change to SANKOMBI 5X drops 2x 5-10 daily oral and/or to rub in, Mon-Fri; Sat/Sun



NOTAKEHL 5X drops or QUENTAKEHL 5X drops each 2x 5-10 daily oral and/or to rub in. If uncertain one can organise the therapy so that both preparations (NOTAKEHL 5X drops mornings and QUENTAKEHL 5X drops evenings) be applied at the start of therapy over several months.

SANUKEHL Serra 6X drops 2x 2 daily to rub in,

UTILIN "S" 6X drops 1x 5 daily to rub in.

ZINKOKEHL 3X drops 1x 5 daily oral,

CUPRUKHEHL 3X drops 1x 5 daily oral.

Nasal lavage<sup>6</sup> with QUENTAKEHL 5X drops and NOTAKEHL 5X drops.

Adults:

Alkalise with ALKALA T tablets 2x 1 daily for 10 days then ALKALA N powder 2x 1 tsp. daily in warm water.

FORTAKEHL 5X tablets 2x 1 daily over 7-10 days then change to MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun FORTAKEHL 5X tablets 2x 1 daily.

SANUKEHL Serra 6X drops 1x 10 daily oral.

UTILIN 6X capsules and LATENSIN 6X capsules each 1x 1/week (Mon, Fri).

UTILIN "S" 6X capsules 1x 1 every two weeks.

CUPRUKHEHL 3X drops 3x 5-10 daily,

ZINKOKEHL 3X drops 1x 10 evenings.

Nasal lavage<sup>6</sup>.

### **Infertility (Men)**

Principal Preparation: CHRYSOCOR

Differential Diagnosis: Spermogram, obstruction of the sperm canal, cohabitation disruption.

CHRYSOCOR 3X 2.0 ml in two dessert spoons of camomile tea, mix and drink 3x/week.

Additionally SANUKEHL Pseu 6X drops 2x 10 and SANUKEHL Serra 6X drops 2x 10 oral and/or to rub in, always in daily rotation.

UTILIN "S" 6X capsules 1x 1/week or

CHRYSOCOR 3X

2.0 ml

Inject deep i.m.

If necessary – in addition:

Parotitis epidem. Nosode-Injeel Heel	1.0 ml
Testis comp. Heel	2.0 ml
Cerebrum comp. Heel	2.0 ml
Procainum comp. Heel	2.0 ml
UTILIN “S” 4X	1.0 ml

Inject i.m. every four weeks.

**Infertility (Women)** Attempt therapy as with men on a trial basis.

### **Influenza**

Adults:

Alkalise with ALKALA T tablets 2x 1 daily for 10 days then ALKALA N powder 2x 1 tsp. daily in warm water.

QUENTAKEHL 5X drops and NOTAKEHL 5X drops each 2x 10 daily.

SANUVIS drops 3x 20 daily.

SANUKEHL Serra 6X drops 2x 5 daily, oral or to rub in.

RELIVORA COMPLEX drops 2-5x 20 daily in combination with ZINKOKEHL 3X drops 3-4x 5 daily, oral.

UTILIN “S” 6X drops 1x 5 daily, to rub in.

Children:

Alkalise if possible, influenza only in the sour milieu. Begin with ALKALA T tablets 2x ½ daily. After 10 days change to ALKALA N powder 2x 1 tsp. daily in warm fruit or vegetable juice.

QUENTAKEHL 5X drops and NOTAKEHL 5X drops each 2x 10 daily, oral and/or to rub in.

ZINKOKEHL 3X drops 2x 5 daily, oral.

UTILIN “S” 6X drops 1x 2 to rub in 2-3x/week.

### **Intercostal Neuralgia**

*see Herpes zoster*

Principal Preparation: GRIFOKEHL

Mostly results after Herpes zoster.

Alkalise with ALKALA T tablets 2x 1 daily for 10 days then ALKALA N powder 2x 1 tsp. in warm water.

GRIFOKEHL 5X drops 2x 10 oral and/or to rub in for 10 days then a combination of MUCOKEHL 5X

tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun GRIFOKEHL 5X drops 2x 10 oral and/or to rub in.

Nasal lavage with QUENTAKEHL 5X drops.

NEVER discontinue alkalisation with ALKALA N powder 2x 1 tsp. daily in warm water!

SANUVIS drops 2x 1 tsp. daily,

CITROKEHL tablets 2x 1 daily.

In case of particular strong pain then base infusion<sup>4</sup>,  
or

MIX:

NOTAKEHL 5X	1.0 ml
GRIFOKEHL 5X	1.0 ml
SANUVIS	2.0 ml
VITAMIN B KOMPLEX SANUM N	2.0 ml
Discus compos. Heel	2.0 ml
Inject deep i.m. 2x/week.	

Neural Therapy:

Set weals paravertebral with

MIX:

GRIFOKEHL 5X	2.0 ml
Lidocaine / Procaine 1%	1.0 ml

If necessary – in addition:

Herpes zoster-Injeel Heel	1.0 ml
Engystol Heel	1.0 ml
Curare 4X Horvi	1.0 ml

## **Intestinal (Allergies)**

*see Allergic Diseases, Atrophy of the Intestinal Mucous Membrane*

## **Iridocyclitis (also Irido- chorioiditis)**

Always taking teeth into consideration (root treatment, granuloma). Each part of the eye has a relation to the different meridians (disturbances of the body). NOTAKEHL 5X tablets 2x 1 daily for 10 days then MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun NOTAKEHL 5X tablets 2x 1 daily, as well as NOTAKEHL 5X drops 2-3x 1-2 daily in the conjunctival sac, alternating weekly with MUCOKEHL 5X eye drops or NOTAKEHL 7X 1.0 ml inject i.v. 2x/week.

### Neural Therapy:

NOTAKEHL 5X	1.0 ml
Procaine / Lidocaine 1%	1.0 ml

to the tonsils.

### Iritis

*see Amalgam Stress, Atrophy of the Intestinal Mucous Membrane, Rheumatic*

Inflammation of the Iris.

Always taking into consideration the intestinal mucous membrane (diet<sup>1,2</sup>) and the teeth (above all the canines), removal of amalgam<sup>5</sup>, diabetes.

Alkalis with ALKALA T tablets 2x 1 daily for 10 days then ALKALA N powder 2x 1 tsp. daily in warm water. With pain, base infusion<sup>4</sup>.

NOTAKEHL 5X tablets 2x 1 daily for 10 days then change to MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun NOTAKEHL 5X tablets 2x 1 daily.

SANUKEHL Coli 6X drops 2x 10 daily alternating with SANUKEHL Strep 6X drops 2x 10 oral and/or to rub in.

UTILIN 6X capsules and LATENSIN 6X capsules 1x 1 each/week (Mon, Fri).

Two weeks after begin of therapy UTILIN "S" 6X capsules 1x 1/week.

LIPISCOR capsules 2x 1 daily,

MAPURIT capsules 2x 1 daily,

FORMASAN drops 2x 10 daily, oral.

### Irritable Bowel Syndrome (IBS), (Spastic Colon)

Irritable Bowel Syndrome (IBS) is in practice very common. Frequent complaints are stomach ache, flatulence, frequent thin stools, mucous discharge as well as constipation. The complaints mostly last longer than three months. The variable intensity and chronicity are to be noticed. It is strongly mood dependent e.g. improvement when on holiday and mostly during sleep and deterioration e.g. at the workplace (stress etc.) and by menstruation.

It is accompanied from extra intestinal complaints such as backache, headache and a depressive attitude.

Differential Diagnosis: Colon carcinoma.  
Diagnosis Procedure: as well as blood count and reaction to reduction in blood pressure, C-reactive protein (CrP), haemoccult test, urine status, ultrasound, microbiological stool results, excretion diet (Mc Carness, Werthmann) due to enteral allergies.

Therapy:

EXMYKEHL 3X suppositories 2x 1 daily over three weeks then change to MUCEDOKEHL 5X drops 1x 8 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun FORTAKEHL 5X tablets 2x 1 daily, in special cases, OKOUBASAN 2X drops 2x 5 daily oral and/or to rub in.

SANUKEHL Coli 6X drops always alternating daily with SANUKEHL Prot 6X each 2x 5 oral and/or to rub in.

### **Ischialgia**

*see Arthrosis, Rheumatic, Neuritis, Neuralgia*  
Never forget teeth and tonsils.

### **Itching**

*see Eczema, Neurodermatitis*

### **Knee-Joint (Inflammation of)**

*see Arthritis, Arthrosis, Rheumatic*

Cave: Oral panorama X-ray, too much protein, diet<sup>1,2,3</sup>, tuberculosis.

Alkalise with ALKALA T tablets 2x 1 daily for 10 days then ALKALA N powder 2x 1 tsp. in warm water.

Begin with NOTAKEHL 5X tablets 2x 1 daily for 10 days then change to MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun NOTAKEHL 5X tablets 2x 1 daily. SANUKEHL Strep 6X drops 2x 10 daily oral and/or to rub in.

UTILIN "S" 6X capsules 1x 1/week,

UTILIN 6X capsules 2x 1/week.

BOVISAN 5X capsules 2x 1/week.

With necessary puncture, injection into the knee joint with

MIX:

NOTAKEHL 5X 1.0 ml

Procaine / Lidocaine 1% 2.0 ml

Inject intra-articular

If necessary, repeat puncture and inject every two to four days.

**Landry's Paralysis** Paralysis spinalis ascendens acuta from the feet upwards Polyneuritis acuta.  
For therapy see *Multiple Sclerosis* and *Amalgam Stress*.

**Leaky Gut Syndrome**

*see Atrophy of the Intestinal Mucous Membrane, Infection (Susceptibility to)*

Alkalis with ALKALA T tablets 2x 1 daily for 10 days then ALKALA N powder 2x 1 tsp. in warm water.

EXMYKEHL 3X suppositories 2x 1 daily for 10 days then change to FORTAKEHL 5X tablets 2x 1 daily for 10 days, Mon-Fri; Sat/Sun EXMYKEHL 3X suppositories 2x 1 daily. Afterwards changing to MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun EXMYKEHL 3X suppositories 2x 1 daily.

Long Term Therapy is always to be in conjunction with the diet.

SANUKEHL Salm 6X drops always in daily alternation with SANUKEHL Coli 6X drops each 1x 10 oral and/or to rub in.

MAPURIT capsules 2x 1 daily,

ZINKOKEHL 3X drops 1x 10 evenings and SELENOKEHL drops 1x 5 mornings.

LATENSIN 6X capsules and UTILIN 6X capsules each 1x 1/week (Mon, Fri).

**Leucopenia**

*see Carcinoma, Viral Infections (general), Atrophy of the Intestinal Mucous Membrane, Allergic Diseases*

Principal Preparations: SANUKEHL Pseu, LATENSIN, NIGERSAN

Viral or allergic origin, mostly accompanied as pre-cancerous, with radio- or chemotherapy, therefore

re-build intestinal mucous membrane, diet<sup>1,2</sup>, source of infection (tonsils, scars, teeth).

Children from 2 years:

Alkalis with ALKALA T tablets 2x ¼ to ½ daily for 10 days then change to ALKALA N powder 2x htsps. in warm fruit or vegetable juice.

Begin with FORTAKEHL 5X drops 2x 5-10 daily oral and/or to rub in. After 10 days change to SANKOMBI 5X drops 2x 5-10 daily oral and/or to rub in, Mon-Fri; Sat/Sun FORTAKEHL 5X drops 2x 5-10 daily oral and/or to rub in.

SANUKEHL Pseu 6X drops always alternating daily with SANUKEHL Strep 6X drops (bacterial) or SANUKEHL Serra 6X drops (viral) each 1x 5 to rub in. School age children 1x 3 each oral.

LATENSIN 6X drops 1x 5 daily oral,

REBAS 6X capsules 2-3x 1/week.

Adults and Children from 6 years:

Alkalis with ALKALA T tablets 2x 1 daily for 10 days then change to ALKALA N powder 2x 1 tsp. in warm water.

EXMYKEHL 3X suppositories 2x 1 daily for 10 days then MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun EXMYKEHL 3X suppositories 2x 1 daily, for several months.

SANUKEHL Pseu 6X drops always alternating daily with SANUKEHL Serra 6X drops (viral) or SANUKEHL Strep 6X drops (bacterial) each 1x 10 daily oral.

REBAS 4X capsules 2x 1 daily for four weeks, discontinue for two weeks, then continue.

UTILIN "S" 6X capsules 1x 1/week, or

MIX:

SANUKEHL Pseu 5X	1.0 ml
UTILIN "S" 6X	1.0 ml
NOTAKEHL 7X	1.0 ml
SANUVIS	2.0 ml
CITROKEHL	1.0 ml
Lidocaine 1%	1.0 ml

Inject deep i.m. 1x/week.

If required – additionally:

Hepar comp. Heel	2.0 ml
Hypothalamus suis-Injeel	1.0 ml
Cystein-Injeel Heel	1.0 ml

## **Leukaemia**

*see Carcinoma, Amalgam Stress*

Without immunobiological treatment, teeth (root treatments, granulomas, root debris) to be removed. Treatment is fundamentally the same as with Carcinomas.

Children:

UTILIN “S” 6X drops 1x 5 daily to rub in. From school age 2x 3/week oral in addition to REBAS 6X capsules 1x 1/week.

Adults:

Additional UTILIN “S” 4X capsules 1x 1 every two to four weeks, REBAS 4X capsules 1x 1 daily over a period of four to six weeks then a pause of two to four weeks. Start from beginning again.

## **Lichen ruber**

*see Tuberculosis, Amalgam Stress*

Oral panorama X-ray (root treatment, granuloma), amalgams.

Alkalise with ALKALA T tablets 2x 1 daily for 10 days then ALKALA N powder 2x 1 tsp. in warm water.

FORTAKEHL 5X tablets 1x 2 mornings. After 10 days change to MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 3X suppositories 1x 1 evenings, Mon-Fri; Sat/Sun FORTAKEHL 5X tablets 1x 2 daily, for a period of months.

UTILIN “S” 6X drops 2x 5 daily oral and to rub in.

UTILIN 6X capsules and LATENSIN 6X capsules each 1x 1/week (Mon, Fri). After five weeks change to the 4X capsules.

SANUKEHL Pseu 6X drops 1x 5 daily oral.

## **Lipomatosis**

Readjust diet, essential unsaturated fatty acids.

LIPISCOR capsules 2x 2 daily,

MAPURIT capsules 2x 1 daily and

ZINKOKEHL 3X drops 1x 10 daily evenings.



UTILIN "S" 6X capsules 1x 1/week, or  
MIX:

MUCOKEHL 5X	1.0 ml
NIGERSAN 5X	1.0 ml
CITROKEHL	2.0 ml
SANUVIS	2.0 ml
VITAMIN B KOMPLEX SANUM N	2.0 ml
Hepar comp. Heel	2.0 ml
Ubichinon comp. Heel	2.0 ml
Coenzyme comp. Heel	2.0 ml

Inject 1x/week deep i.m. or use as drinking ampoule.

LATENSIN 4X capsules 1x 1/week.

Cantharidin-blistering plaster 2x 2 cm on the lipoma.

**Liver (Cirrhosis of)** *see Atrophy of the Intestinal Mucous Membrane, Hepatopathy*

Cave alcohol (homeopathics mostly comprise alcohol solutions whereas isopathic preparations from Sanum-Kehlbeck comprise physiological solutions), avoid fatty and gaseous foods, Hay Diet, Cave amyl alcohol (fermentation caused by incomplete break down of cellulose), diet<sup>1,2</sup>, body purifying treatment, Glauber's Salts (sodium sulphate).

Long Term Therapy:

Alkalise with ALKALA T tablets 2x 1 daily for 10 days then ALKALA N powder 2x 1 tsp. in warm water, with pain, base infusion<sup>4</sup>.

FORTAKEHL 5X tablets 2x 1 daily for 10 days then change to MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun FORTAKEHL 5X tablets 2x 1 daily.

SANUVIS tablets 3x 1-2 daily,

CITROKEHL tablets 1-3x 1-2 daily,

SANUKEHL Pseu 6X drops and SANUKEHL Coli 6X drops each 1x 10 alternating daily oral and/or to rub in.

RECARCIN 6X capsules and PROPIONIBACTERIUM AVIDUM 5X capsules each 1x 1 week (Mon, Fri), or

MIX:

VITAMIN B KOMPLEX SANUM N	2.0 ml
SANUKEHL Coli 7X	1.0 ml
CITROKEHL	2.0 ml
Lidocaine 1%	1.0 ml

Inject deep i.m. 2x/week.

If necessary – in addition:

Hepar comp. Heel	2.0 ml
Ubichinon comp. Heel	2.0 ml
Coenzyme comp. Heel	2.0 ml

In cases of non-compliance, Injection Therapy:

1<sup>st</sup> day

MUCOKEHL 6X	1.0 ml plus
SANUVIS	4.0 ml

3<sup>rd</sup> day

NIGERSAN 6X	1.0 ml plus
SANUVIS	4.0 ml plus
CITROKEHL	4.0 ml

5<sup>th</sup> day

NIGERSAN 5X	1.0 ml plus
CITROKEHL	2.0 ml

7<sup>th</sup> day

MUCOKEHL 5X	1.0 ml plus
CITROKEHL	2.0 ml

then start again from the beginning.

To be administered in addition in between the therapy:

NOTAKEHL 6X	1.0 ml plus
SANUVIS	4.0 ml plus
CITROKEHL	4.0 ml

Neural Therapy:

Pre-peritoneal injection (or infiltration to the right coeliac ganglion) or set weal 2-3 QF under the right ribcage:

NOTAKEHL 5X	1.0 ml
Taraxacum-Injeel Heel	1.0 ml
Galium Heel	1.0 ml
Procaine / Lidocaine 1%	1.0 ml

**Liver**

**(Congestion of the)**

Differential Diagnosis: metastitis, cirrhosis, cardiac decompensation

Clinical: full feeling, bloated stomach, nervous palpitations.

ALKALA N powder 2x 1 tsp. daily in warm water.

FORTAKEHL 5X tablets 2x 1 daily for 10 days then

change to MUCOKEHL 5X tablets 1x 1 mornings

and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri;

Sat/Sun FORTAKEHL 5X tablets 2x 1 daily.

Additionally PROPIONIBACTERIUM AVIDUM 5X

capsules 2x 1/week and SANUKEHL Pseu 6X drops

2x 10 daily oral and/or to rub in.

SANUVIS drops 2x 1 tsp. daily,

MAPURIT capsules 2x 1 daily.

Additive: Taraxacum 12X Glob. 2x 10 and Crataegus

6X Glob. 2x 10 daily.

MIX:

CITROKEHL 2.0 ml

Hepar comp. Heel 2.0 ml

Ubichinon comp. Heel 2.0 ml

Cor comp. Heel 2.0 ml

Procainum comp. Heel 2.0 ml

Inject deep i.m. 2x/week.

Diet<sup>1,2</sup>: No gaseous foods, vitamin A, Phospor 30X

Glob.

### **Liver Carcinoma / Metastatic**

*see Carcinoma, Amalgam Stress*

Attention to be drawn again to the negative effects

of root treatment and granuloma of teeth 3-7 to the

upper/lower jaw on both sides (extraction) as well

as heavy metals (amalgam<sup>5</sup>), diet<sup>1,2</sup>.

Additive: Specific Liver Therapy

MIX:

VITAMIN B KOMPLEX SANUM N 2.0 ml

SANUVIS 2.0 ml

CITROKEHL 2.0 ml

Lidocaine 1% 1.0 ml

Inject deep i.m. 1x/week.

If necessary – in addition:

Taraxacum-Injeel Heel 1.0 ml

Carduus marianus-Injeel Heel 1.0 ml  
 Hepar comp. Heel 1.0 ml  
 Phosphorous preparations in addition.

**Lungs (Abscess of the) status post**

*see Abscess, Tuberculosis, Atrophy of the Intestinal Mucous Membrane*

Principal Preparations: NOTAKEHL, NIGERSAN, UTILIN "S"

Alkalis with ALKALA T tablets 2x 1 daily for 10 days then change to ALKALA N powder 2x 1 tsp. in warm water. Diet<sup>1,2,3</sup>.

NOTAKEHL 5X tablets 2x 1 daily for one week then change to MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 3X suppositories 1x 1 evenings, Mon-Fri; Sat/Sun NOTAKEHL 5X tablets 2x 1 daily. SANUKEHL Myc 6X drops always alternating daily with SANUKEHL Coli 6X drops each 1x 10 oral.

UTILIN "S" 6X drops 1x 5 oral and 1x 5 massaging into the thorax.

From the 3<sup>rd</sup> week UTILIN 6X capsules every two weeks.

LATENSIN 6X capsules and BOVISAN 5X capsules each 1x 1/week, or

1<sup>st</sup> day

NOTAKEHL 5X	1.0 ml
SANUKEHL Prot 7X	1.0 ml inject i.m.

2<sup>nd</sup> day

MUCOKEHL 5X	1.0 ml
NIGERSAN 5X	1.0 ml
SANUKEHL Myc 5X	1.0 ml inject i.m.

Repeat after three days.

Nasal lavage<sup>6</sup> with NOTAKEHL 5X drops.

**Lungs (Carcinoma of)**

*see Carcinoma, Atrophy of the Intestinal Mucous Membrane, Amalgam Stress*

Always taking a change in diet into consideration, diet<sup>1,2</sup>, eat plenty of cooked fish, no confectionery e.g. pastries, cakes, biscuits etc. "mother lungs nourishes son's intestines" according to ancient Chinese wisdom.

Unsaturated fatty acids = LIPISCOR capsules 2x 2 daily.

Negative effects are once again shown of root treatment in the teeth 4-7 to the upper/lower jaw on each side.

Nasal lavage<sup>6</sup>, inhalation in daily rotation with SANKOMBI 5X, NOTAKEHL 5X and PEFRAKEHL 5X each 20 drops, or

MIX:

MUCOKEHL 6X 1.0 ml

SANUVIS 2.0 ml

UTILIN "S" 6X 1.0 ml

Inject deep i.m. 1x/month.

**Lupus erythematosus**

Ectodermal degenerative phase, mostly in women from 30 years. Disorder of the vascular connective tissue with antibodies against the DNA. See *Erythematosus Syndrome* (reaction to medication such as hydralazin, hydanroin, isoniazid).

**Lymphadenitis colli**

*see Tuberculosis, Angina pectoris, Otitis*

Apply therapy generally as with Angina and additionally:

SANUKEHL Pseu 6X drops always alternating daily with SANUKEHL Myc 6X drops 2x 5-10 daily oral (children 1x 2-5 drops daily to rub in).

**Lymphogranuloma benigna, Morbus Boeck**

*see Rheumatic, Atrophy of the Intestinal Mucous Membrane*

Always think of root treatments and amalgam<sup>5</sup>. Cause unknown. Begin as with Rheumatic: Build up intestinal mucous membrane<sup>1,2</sup>, diet.

Alkalis with ALKALA T tablets 2x 1 daily for 10 days then ALKALA N powder 2x 1 tsp. in warm water. If required, base infusion<sup>4</sup>.

SANUVIS drops 2x 1 tsp. daily,

CITROKEHL tablets 2x 1 daily.

EXMYKEHL 3X suppositories 2x 1 daily. After 10 days change to a combination of MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 3X

suppositories 1x 1 evenings, Mon-Fri; Sat/Sun  
FORTAKEHL 5X tablets 1x 2 mornings, over a  
period of months.

SANUKEHL Pseu 6X drops 1x 10 oral and/or to rub  
in.

UTILIN 6X capsules and LATENSIN 6X capsules  
each 1x 1/week (Mon, Fri).

ZINKOKEHL 3X drops 1x 10 evenings,

MAPURIT capsules 2x 1 daily,

LIPISCOR capsules 2x 2 daily.

BOVISAN 5X suppositories 3x 1/week, or

MIX:

EXMYKEHL 5X                    1.0 ml

CITROKEHL                        2.0 ml

LATENSIN 4X                      1.0 ml

SANUKEHL Coli 7X               1.0 ml

Inject deep i.m. 1x/week.

**Lymphogranulomatosis**     *see Hodgkin's Disease*

**Lymphoma (Malignant)**     *see Hodgkin's Disease*

**Mastitis neonatorum**        A physiological illness caused by the maternal  
hormones.

If therapy – then NOTAKEHL 5X drops 2-3x 2-5 oral  
daily, NOTAKEHL 3X ointment apply thinly several  
times daily.

**Mastitis purulenta**     *see Abscess*  
Mastitis puerperalis: Settlement of the mamille  
through Staphylococci (St. aureus).

Begin:

NOTAKEHL 5X tablets 2x 1 daily for 10 days then  
change to MUCOKEHL 5X tablets 1x 1 mornings  
and NIGERSAN 5X tablets 1x 1 evenings.

Always SANUKEHL Staph 6X drops 2x 10 daily oral  
and/or to rub in.

Mastitis parenchymatosa purerperalis: Milk blockage, retro-mammary abscess, immediately apply warm alcohol compress.

Isopathic therapy can be prescribed by breastfeeding without hesitation.

NOTAKEHL 3X suppositories 2x 1 daily for 10 days then MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun NOTAKEHL 3X suppositories 2x 1 daily.

Always SANUKEHL Staph 6X drops 1x 10 oral, 1x 5 rub in locally or

MIX:

NOTAKEHL 7X	1.0 ml
SANUKEHL Pseu 5X	1.0 ml
SANUKEHL Staph 5X	1.0 ml
Belladonna Injeel Heel	1.0 ml
Lidocaine 1%	1.0 ml

Inject i.m. or close to the abscess, or infiltration of the ganglion stellatum (Dosch) on the same side. Particularly indicated with milk blockages, that already after a few hours, breast-feeding can resume again. Repeat in 24 hours.

Additive: Belladonna 30X Glob. 3x 10 daily.

## **Mastopathy**

Principal Preparations: UTILIN "S", MUCOKEHL First appears at beginning of puberty. Overbalance of oestrogen, active growth in the connective tissues, formation of retention cysts, often a jod deficiency (measure jod levels in whole blood).

Therapy:

MUCOKEHL 3X suppositories 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun MUCOKEHL Atox 6X (Excretion) drops and NIGERSAN Atox 6X (Excretion) drops each 1x 8 daily oral and/or to rub in before meals.

Always UTILIN "S" 6X drops 2x 5 daily for 10 days then UTILIN "S" 4X capsules 1x 1 every two weeks. SANUKEHL Myc 6X drops 2x 5 daily oral and/or to rub in.

## **Measles**

*see Children's Illnesses, Viral Infections (general)*

Pregnant women who are uncertain of having had measles must immediately visit their health clinic or doctor (antibody check).

Children:

QUENTAKEHL 5X drops 2x 10 daily oral.

SANUKEHL Serra 6X drops 1x 2 to rub in, in daily rotation with UTILIN "S" 6X drops 1x 2 to rub in.

Adults:

1<sup>st</sup> week: QUENTAKEHL 5X drops 2x 10 daily oral.

From 2<sup>nd</sup> week: NOTAKEHL 5X drops always alternating daily with QUENTAKEHL 5X drops each 2x 10 oral.

UTILIN 4X capsules 1x 1/week (as precaution against secondary infection) or

1<sup>st</sup> day: QUENTAKEHL 5X      1.0 ml inject i.v.

From 2<sup>nd</sup> day: QUENTAKEHL 5X      1.0 ml

SANUKEHL Serra 5X      1.0 ml

Inject deep i.m. 3x/week.

## **Meningism**

The prescribed therapy is only designed to support the ongoing therapy and an advancement of later efforts in the excretion of toxins respectively. Always consider the intestinal mucous membrane, diet <sup>1,2</sup>.

Alkalise with ALKALA T tablets 2x ¼ to ½ daily taken with warm fruit or vegetable juice for 10 days then ALKALA N powder 2x htsp.

Infants and Small Children:

Viral Form: QUENTAKEHL 5X drops 2x 5-10 daily (each according to age oral and/or to rub in) in combination with SANUKEHL Serra 6X drops 1x 5 to rub in.

Bacterial Form: NOTAKEHL 5X drops 2x 5-10 daily (each according to age oral and/or to rub in) in combination with SANUKEHL Strep 6X drops 1x 5 oral and/or to rub in, or

1<sup>st</sup> day:      NOTAKEHL 7X 0.5–1.0 ml  
Inject i.v. or s.c.

from 2<sup>nd</sup> day:      NOTAKEHL 5X 1.0 ml  
Inject i.v. or s.c.,

later 3x/week.

Older Children, Adolescents and Adults:



Bacterial Form: NOTAKEHL 5X tablets 2x 1 daily in combination with SANUKEHL Strep 6X drops 1x 5 oral (from school age) and 1x 5 to rub in.

Viral Form: QUENTAKEHL 3X suppositories 1-2x 1 daily in combination with SANUKEHL Serra 6X drops 1x 5 daily oral (from school age) and 1x 5 to rub in.

UTILIN 6X drops and UTILIN "S" 6X drops always alternating daily each 1x 2 to rub in, or

MIX:

NOTAKEHL 7X	1.0 ml
QUENTAKEHL 5X	1.0 ml
SANUKEHL Serra 5X	1.0 ml (viral)
SANUKEHL Strep 5X	1.0 ml (bacterial)

Inject deep i.m.

**Meningitis serosa/  
purulenta,  
status post**

The serous form can occur with all children's illnesses (mumps, measles, poliomyelitis) and with viral feverish conditions. The purulent form is mostly caused through Streptococcus and for this reason only proceed with isopathic at a variable minimum.

Suspicion of every symptom in particular with a purulent form must be seen immediately by a paediatrician. Lumbar puncture necessary.

Proceed with adjuvant diseases of both forms as with meningism.

**Menstrual  
Disorders**

*see Dysmenorrhoea*

Causes: Hormonal disorders, anxiety

Long Term Therapy over a period of Months.

MUCEDOKEHL 5X tablets 1x 1 mornings and NIGERSAN 3X suppositories 1x 1 evenings, Mon-Fri; Sat/Sun USTILAKEHL 5X suppositories 2x 1 daily.

Metrorrhagia: Therapy as with *Menstrual Disorders*, additionally:

SANUKEHL Coli 6X drops and UTILIN "S" 6X drops alternating daily 2x 5 oral and/or to rub in.

## Migraine

*see Menstrual Disorders, Colic (Naval), Allergic Diseases, Atrophy of the Intestinal Mucous Membrane, Sinusitis*

Principle Preparations: USTILAKEHL with women, LEPTOSPERMUSAN, MUCEDOKEHL

Vascular, sinusidal, psychological and enteral<sup>1,2</sup>. Disposition with children as naval colic.

Acute Treatment:

LEPTOSPERMUSAN drops 3x 5 daily,

USTILAKEHL 5X suppositories 1x 1 daily,

SANUKEHL Strep 6X drops 2x 10 daily oral and/or to rub in.

MUCEDOKEHL 3X suppositories 2x 1 daily and

MUCEDOKEHL 5X drops to rub into the forehead and neck or

MIX:

MUCEDOKEHL 5X            1.0 ml

FORMASAN                 2.0 ml

SANUKEHL Strep 5X       1.0 ml

Inject deep i.m.

Long Term Therapy:

PROPIONIBACTERIUM AVIDUM 5X capsules or LEPTUCIN 6X capsules 3x 1/week.

LEPTOSPERMUSAN drops 3x 5 daily.

SANUKEHL Strep 6X drops 2 x 5 daily oral and/or to rub in,

LATENSIN 6X 1.0 ml inject deep i.m. every two weeks.

Nasal lavage<sup>3</sup> 2x daily with:

MUCEDOKEHL 5X drops            1x 20

UTILIN "S" 6X drops               1x 3

Spigelia-Injeel S Heel              1.0 ml

Gelsemium-Homaccord Heel drops 1x 10

## Mononucleosis

*see Herpes Blisters, Viral Infections (general)*

Principal Preparations: QUENTAKEHL, NIGERSAN, LATENSIN, SANUKEHL Serra, SANUKEHL Myc

Pathogen: Eppstein Barr-Virus

Alkalise with ALKALA T tablets 2x ½ to 1 daily for 10 days then change to ALKALA N powder 2x ½ to 1 tsp. in warm water.

SANUVIS drops 2x 1 tsp. daily,

CITROKEHL tablets 2x ½ to 1 daily, diet<sup>1,2</sup> (support of the immune organ of the intestinal mucous membrane)

Small Children:

FORTAKEHL 5X drops 2x 10 daily oral and/or to rub in for five days then QUENTAKEHL 5X drops 2x 10 daily for ten days oral and/or to rub in, then SANKOMBI 5X drops 2x 10 daily oral and/or to rub in; Sat/Sun QUENTAKEHL 5X drops 2x 10 daily oral and/or to rub in.

Always additionally SANUKEHL Myc 6X drops and SANUKEHL Pseu 6X drops each 1x 3 in daily alternation to rub in.

UTILIN "S" 6X drops 1x 3/week oral.

Older Children and Adults:

FORTAKEHL 5X tablets 2x 1 daily for five days then QUENTAKEHL 5X drops 2x 10 daily oral and/or to rub in for 10 days, then MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 4X capsules 1x 1 evenings, Mon-Fri; Sat/Sun QUENTAKEHL 5X drops 2x 10 daily oral and/or to rub in.

Always SANUKEHL Serra 6X drops and SANUKEHL Myc 6X drops 1x 5 daily oral (from school age) respectively to rub in.

UTILIN 6X capsules and LATENSIN 6X capsules each 1x 1/week (Mon, Fri).

UTILIN "S" 6X drops 2x 5 oral 1x/week or

MIX:

QUENTAKEHL 5X            1.0 ml

SANUKEHL Myc 5X        1.0 ml

NIGERSAN 7X            1.0 ml

Inject 2x/week deep i.m.

**Morbus Bechterew**    *see Bechterew's Disease*

**Morbus Crohn**        *see Crohn's Disease*

**Morbus Hodgkin**    *see Hodgkin's Disease*

**Multiple sclerosis**    MS is a disease in which the nerves become damaged through toxic effects from heavy metals<sup>5</sup> (amalgam removal) . Connected with it in every case is an enteral mycosis. According to F Batmanghelidj, MS is a “thirst illness” of the nervous corsets. In the long term therapy one should drink 4 x ¼ litre tap/faucet water.

In addition, first of all a search to be carried out by EAV to look for possible effects of root treatments, amalgam fillings (see *Amalgam Stress*), crowns and palladium, platinum in gold for the nervous path of degeneration (according to Voll).

According to Burgerstein/Werthmann<sup>1,2,3</sup>, a low fat diet can slow down progression.

Unsaturated fatty acids are necessary, LIPISCOR capsules 2x 1-2 daily.

In every case alkalise with ALKALA T tablets 2x 1 daily for 10 days then ALKALA N powder 2x 1 tsp. in warm water. If necessary base infusion<sup>4</sup> as well as SANUVIS drops 2x 1 tsp. daily.

Treatment:

EXMYKEHL 3X suppositories 2x 1 daily for 10 days, then NOTAKEHL 5X drops and QUENTAKEHL 5X drops 2x 10 each in daily alternation oral. After a further 10 days change to base therapy with MUCEDOKEHL 4X capsules 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun EXMYKEHL 3X suppositories 2x 1 daily.

Long Term Therapy:

LATENSIN 6X capsules and UTILIN 6X capsules each 1x 1 always alternating weekly.

MAPURIT capsules 2x 1 daily,

ZINKOKEHL 3X drops 1x 10 daily evenings,

CUPRUCHEHL 3X drops 2x 10 daily or

MIX:

VITAMIN B KOMPLEX SANUM N	2.0 ml
ALBICANSAN 5X	1.0 ml
QUENTAKEHL 5X	2.0 ml
RECARCIN 6X	1.0 ml
SANUVIS	2.0 ml
Procaine / Lidocaine 1%	2.0 ml

Inject deep i.m. 1x/week.

If necessary – additionally:

Coenzyme comp. Heel	2.0 ml
Ubichinon comp. Heel	2.0 ml

**Mycosis**

*see Amalgam Stress, Enteral Mycosis, Atrophy of the Intestinal Mucous Membrane, Candidiasis*

**Mycosis fungoides**

Principal Preparations: EXMYKEHL, SANUKEHL  
Cand

Long term treatment, milieu change, diet<sup>1,2</sup>, because every mycosis begins in the intestine.

Unsaturated fatty acids = LIPISCOR capsules 2x 1 daily.

In every case alkalisate with ALKALA T tablets 2x 1 daily for 10 days then ALKALA N powder 2x 1 tsp. in warm water, if required, additionally base infusion<sup>4</sup>.

EXMYKEHL 3X suppositories 2x 1 daily.

NOTAKEHL 5X drops daily to rub in locally.

From the third week MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun EXMYKEHL 3X suppositories 2x 1 daily. Continue external treatment with NOTAKEHL 5X drops.

UTILIN 6X capsules and LATENSIN 6X capsules 1x 1 always alternating weekly, every four weeks UTILIN "S" 6X capsules 1x 1 to be administered in between.

SANUKEHL Trich 6X drops 1x 5 to rub in.

## **Myeloma**

*see Leukaemia, Carcinoma (without Sanukehl preparations!)*

Plasmacytoma, swelling of bone marrow, electroacupuncture test (EAV): Always test Vaccinum and Variolinum, probably a high co-partnership of pox immunisation; prescribe Vaccinum-, Variolinum-Nosodes.

Therapy:

In the early phase alkalisate with ALKALA T tablets 2x 1 daily for 10 days then ALKALA N powder 2x 1 tsp. daily in warm water and base infusion<sup>4</sup>.

Base therapy with MUCOKEHL 3X suppositories 1x 1 mornings and NIGERSAN 3X suppositories 1x 1 evenings.

At drawing of stem cells: SANUKEHL Pseu 6X drops 2x 10 daily oral and/or to rub in or SANUKEHL Pseu 5X 1.0 ml inject s.c./i.m. every two days.

UTILIN "S" 6X capsules 1-2x 1/month.

## **Myoma uteri**

Always consider the incisor and molar teeth (teeth 1-7 to both sides of the upper and lower jaw, root treatment, cysts). Cleanse intestinal milieu, diet<sup>1,2</sup>, EAV-Test: which teeth are disrupting the vesical meridian?

EXMYKEHL 3X suppositories 2x 1 daily for 10 days then MUCOKEHL 3X suppositories 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun EXMYKEHL 3X suppositories 2x 1 daily.

LATENSIN 6X capsules and UTILIN 6X capsules 1x 1 each in weekly alternation.

UTILIN "S" 6X capsules 1x/week.

SANUKEHL Myc 6X drops 2x 10 oral and/or to rub in or

MIX:

NIGERSAN 5X            1.0 ml

UTILIN "S" 6X           1.0 ml

RECARCIN 6X           1.0 ml

Inject i.m. cervical (para-cervical)

**Nappy Rash /  
Diaper Rash,  
Bedsores**

Infants and Small Children:

Signs of an allergy, diet<sup>1,2</sup>

FORTAKEHL 5X drops 2x 3-5 daily oral and/or to rub in over 10 days then SANKOMBI 5X drops 2x 5-10 daily oral and/or to rub in, Mon-Fri; Sat/Sun FORTAKEHL 5X drops 2x 3-5 daily oral and/or to rub in.

Local: MUCOKEHL 3X ointment 1-3x daily to affected areas.

SANUKEHL Staph 6X drops 1x 2-5 daily to rub in.

Geriatric Patients:

Care, change bedding, promote blood circulation, acidic urine, acidic (fermented) stools, change diet<sup>1,2,3</sup>.

Change milieu: ALKALA N powder 2x 1 tsp. daily in warm water and if necessary base infusion<sup>4</sup>.

Change intestinal milieu: Change of diet and EXMYKEHL 3X suppositories 2x 1 daily for 10 days then MUCOKEHL 4X capsules 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun EXMYKEHL suppositories 2x 1 daily.

CITROKEHL tablets 2x 1 daily,

SANUVIS drops 2x 1 tsp. daily.

Promotion of blood circulation:

PROPIONIBACTERIUM AVIDUM 5X capsules 2x 1 daily.

**Nasal Abscess**

*see Abscess*

**Nephritis /  
Glomerulo-  
nephritis**

Principal Preparations: RUBERKEHL, SANUKEHL Strep, SANUKEHL Pseu, NIGERSAN, UTILIN, RECARCIN

Clearance of foci! Tonsils and tonsil scars, appendix scars, oral granuloma, if necessary, root treatment, rheumatic problems, changes in the milieu caused by therapeutic juice-fast, diet<sup>1,2</sup>.

Children:

Alkalisate with ALKALA T tablets 2x ¼ to ½ daily. After 10 days change to ALKALA N powder 2x ¼ to ½ tsp. daily in warm fruit or vegetable juice over a period of months in combination with the diet.

NOTAKEHL 5X drops 2x 10 daily oral and/or to rub in for 10 days then change to SANKOMBI 5X drops 2x 10-15 daily oral and/or to rub in, Mon-Fri; Sat/Sun RUBERKEHL 5X drops 2x 10 daily oral and/or to rub in.

SANUKEHL Strep 6X drops and SANUKEHL Myc 6X drops always alternating daily 2x 3-5 to rub in.

UTILIN "S" drops 2x 3-5/week oral and/or to rub in.

Adults:

In addition to the diet, alkalise with ALKALA T tablets 2x 1 daily for 10 days the ALKALA N powder 2x 1 tsp. in warm water over a period of months.

NOTAKEHL 5X tablets 2x 1 daily.

SANUVIS drops 2x 1 tsp. daily,

CITROKEHL tablets 2x 1 daily.

In addition – weekly each 1x (Mon, Fri) inject deep i.m.

UTILIN 6X	1.0 ml and
LATENSIN 6X	1.0 ml

If required – in addition:

Berberis-Homaccord Heel and Apis Homaccord Heel 2x 10 drops.

SANUKEHL Pseu 6X drops alternating daily with SANUKEHL Strep 6X drops each 2x 10 oral and/or to rub in or

MIX:

RUBERKEHL 5X	1.0 ml
LATENSIN 6X	1.0 ml
SANUKEHL Myc 5X	1.0 ml
SANUVIS	2.0 ml
CITROKEHL	2.0 ml

Inject deep i.m. 2x/week.

Long Term Therapy!

Administer in between with PROPIONIBACTERIUM AVIDUM 5X capsules 3x 1/week.

ZINKOKEHL 3X drops 1x 10 daily, evenings.

In place of SANUKEHL Pseu 6X drops, SANUKEHL Myc 6X drops and SANUKEHL Staph 6X drops and SANUKEHL Strep 6X drops respectively 1x 10 oral always alternating daily or



if required UTILIN "S" 6X drops 2x 5 daily oral and/or to rub in.

Neural Therapy:

MIX:

NOTAKEHL 5X 1.0 ml

Procaine / Lidocaine 1% 1.0 ml

on the tonsils, scars or infiltration to the upper half of the upper kidney pole (ganglion coeliacum) on the same side.

## **Nephritis, Nephrotic Syndrome**

Beginnings are very different. According to modern opinion "nephrosis" should only be a synonym for "nephrotic syndrome" that is shown by way of proteinuria, hypo-/dysproteinaemia, hyperlipid- and cholesterolemia, connected with oedemas and the rise in urinal and blood sugar. Diet<sup>1,2</sup> for the purpose of bringing back to normal the rheumatic factors ASL/CRP through the intestinal mucous membrane.

Always take teeth into consideration (oral panorama X-ray, granuloma, root treatment, EAV testing), including tonsils and scars in the therapy.

*NOTE:* With children begins mostly with blepharoeedema.

Children:

Long Term Therapy: SANUVIS tablets 1x ½ to 1 daily.

NOTAKEHL 5X drops and QUENTAKEHL 5X drops each 2x 10 daily oral and/or to rub in, after 10 days SANKOMBI 5X drops 2x 10-15 daily oral and/or to rub in, Mon-Fri; Sat/Sun RUBERKEHL drops 2x 5-10 daily oral and/or to rub in.

SANUKEHL Myc 6X drops and SANUKEHL Strep 6X drops always alternating daily each 1x 2-5 to rub in, from school age, oral.

From the second week UTILIN "S" 6X drops 1x 2-5 daily to rub in.

Adults:

CITROKEHL tablets 2x 1 daily,

SANUVIS drops 2x 1 tsp. daily.

NOTAKEHL 5X tablets 2x 1 and QUENTAKEHL 5X drops 2x 10 oral and/or to rub in rotating daily. After 10 days change to MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 3X suppositories 1x 1 evenings, Mon-Fri; Sat/Sun RUBERKEHL 5X drops 2x 15 daily oral and/or to rub in.

PROPIONIBACTERIUM AVIDUM 5X capsules 2-3x 1 daily.

Additionally SANUKEHL Pseu 6X drops alternating daily with SANUKEHL Myc 6X drops each 1x 10 oral and/or to rub in.

CUPRUCHEHL 3X drops 2x 10 daily (or 4X 2.0 ml inject i.m. every second day).

LATENSIN 6X capsules 1x 1/week changing to 4X after five weeks.

UTILIN "S" 6X capsules 1x 1 every two weeks or MIX:

RUBERKEHL 5X	1.0 ml
SANUKEHL Myc 5X	1.0 ml
SANUKEHL Serra 5X	1.0 ml
CITROKEHL	2.0 ml
LATENSIN 4X	1.0 ml

Inject deep i.m.

Additive: *NEVER FORGET* the homeopathic Apis 6X/12X and Aesculus 6X/12X drops or Glob.

**Nervous Exhaustion** *see Vegetative Dystonia, Chronic Fatigue Syndrome*

### **Neuralgia**

Pain syndrome, mostly towards a field disturbance. Always think of heavy metals<sup>5</sup>, it is an impregnated disorder, rehabilitate field of disturbance, intestinal diet<sup>1,2</sup>.

Alkalisate with ALKALA T tablets 2x 1 daily for 10 days then ALKALA N powder 2x 1 tsp. in warm water.

SANUVIS drops 2x 1 tsp. daily and CITROKEHL tablets 2x 1 daily.

NOTAKEHL 5X tablets 2x 1 daily additionally LEPTOSPERMUSAN drops 2x 10 daily.

PROPIONIBACTERIUM AVIDUM 5X capsules 3x 1 weekly.

SANUKEHL Myc 6X drops and SANUKEHL Cand 6X drops in daily alternation each 1x 10 oral and/or to rub in,

if necessary PENICILLIUM STOLONIFERUM 6X drops 2x 10 daily oral and/or to rub in or

MIX:

VITAMIN B KOMPLEX SANUM N 2.0 ml

LATENSIN 4X 1.0 ml

SANUKEHL Myc 5X 1.0 ml

NOTAKEHL 5X 1.0 ml

Lidocaine 1% 1.0 ml

Inject deep i.m. 1x/week.

In addition – if necessary:

Head region: Spigelia-Injeel forte S Heel

Shoulder/Arm regions: Gelsemium (-Homaccord or -Injeel S Heel)

Intercostal region: Ranunculus-Homaccord Heel

Vertebrae region: Cimicifuga-Homaccord Heel

Pelvic area/ischialgia: Colocynthis-Homaccord (-Injeel S Heel)

## Neuritis

*see Amalgam Stress<sup>5</sup>*

Disorder of motoric/sensitive control, phase of impregnation, mono-, plexus-, polyneuritis, root neuritis, diabetes, focal disorder, intestinal diet<sup>1,2</sup>.

Always alkalise with ALKALA T tablets 2x 1 daily for 10 days then ALKALA N powder 2x 1 tsp. in warm water, if necessary base infusion<sup>4</sup>.

NOTAKEHL 5X tablets 2x 1 daily for 10 days then MUCEDOKEHL 5X drops 1x 10 mornings oral and/or to rub in and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun NOTAKEHL 5X tablets 2x 1 daily as well as

PROPIONIBACTERIUM AVIDUM 5X capsules 2-3x 1/week.

SANUKEHL Strep 6X drops 2x 10 daily oral and/or to rub in.

If necessary, PENICILLIUM STOLONIFERUM 6X drops 2x 10 daily oral and/or to rub in or

1<sup>st</sup> week – MIX:

NOTAKEHL 5X	1.0 ml
VITAMIN B KOMPLEX SANUM N	2.0 ml
CITROKEHL	2.0 ml
Procaine / Lidocaine 1%	1.0 ml

Inject deep i.m. 2x/week.

2<sup>nd</sup> week or after discomfort has eased – MIX:

NIGERSAN 5X	1.0 ml
MUCOKEHL 5X	1.0 ml
SANUKEHL Strep 5X	1.0 ml
SANUKEHL Serra 5X	1.0 ml
VITAMIN B KOMPLEX SANUM N	2.0 ml

Inject deep i.m. 3x/week.

## **Neurodermatitis**

*see Eczema*

A skin disorder which strongly depends on the intestinal mucous membrane; see “Successful Treatments for Allergies and Chronic Disorders”. It appears in several stages which are all treated the same. Most important is the restoration of the intestinal mucous membrane, therefore, a low antigen diet<sup>1,2</sup>.

Infants:

Readjustment from the usual baby food (based on cow’s milk) to the adapted soy milk baby food, goat or rice milk. Only specially adapted soy milk is to be used. The usually available soy milk in health food shops is not comparable to breast milk regarding fat, protein and carbohydrate content. Only with oversensitivity to soy milk, return to goat milk (ratio: half milk and half water). Rice milk and sheep milk should only be given to infants over one year old. Mothers who are breastfeeding infants with neurodermatitis must themselves adhere to a hypoallergenic diet<sup>1,2,3</sup> according to Werthmann, as the antigens are transferred from the breast milk to the child.

Therapy:

SANKOMBI 5X drops 2x 5 daily oral, adhered to over a period of months, additionally UTILIN 6X

drops and RECARCIN 6X drops always alternating daily 1x 2 to rub into the skin (on healthy areas).

Children and Adolescents:

As well as following the diet, NOTAKEHL 5X drops/tablets daily 2x 5-10 drops oral and/or to rub in or 2x ½ to 1 tablet for one to two weeks then change to MUCOKEHL 5X tablets 1x 1 (drops 1x 5-10 oral and/or to rub in) mornings and NIGERSAN 5X tablets 1x 1 (drops 1x 5-10 oral and/or to rub in) evenings, Mon-Fri; Sat/Sun NOTAKEHL 5X drops 2x 5-10 oral and/or to rub in or tablets 2x ½ to 1 daily.

UTILIN 6X drops and RECARCIN 6X drops alternating daily 1x 2 oral and/or to rub in.

Especially good additions are:

Calcium carbonicum 6X Glob: For children with blond hair and blue eyes;

Magnesium phosphoricum 6X Glob: For children with brown hair and dark eyes.

The intense itching (pruritus) is the result of a massive cellular destruction of the intestinal mucous membrane and the villous apparatus whereby a large quantity of arachidonic acid is created and destroyed in histamine, serotonin and prostaglandin. Pruritus which occurs mostly at night or in front of other people becomes advanced through psychological phenomena. Every person from birth onwards has a permanent task on this earth: “to receive the love of its parents” also occasionally possibly a reprimand due to the constant scratching to be understood as care and attention. Information to the parents that their fears are transmitted to the child and the child because of its skin condition should not always stand in the limelight. MUCOKEHL to be exchanged with MUCEDOKEHL 5X drops.

Skin Care:

Anaesthetic Powder 1%

Oil Olivarum

Oil Rhicini aa ad 100.0 MDS

to rub in several times daily.

Oil of Evening Primrose can also be used in place of the above.

*NOTE:* Initial high doses of cortisone (ointment) should be successively reduced, but not too quickly.

Adults:

FORTAKEHL 5X tablets 2x 1 daily over two weeks in combination with SANUVIS drops 2x 1 tsp. daily and CITROKEHL tablets 2x 1 daily, then a combination of MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 3X suppositories 1x 1 evenings, Mon-Fri; Sat/Sun FORTAKEHL 5X tablets 2x 1 daily.

The most important anti-allergic agent is sodium: Sodium Bicarbonate: by too much acid and itching attacks through faulty diet ALKALA N powder in warm fruit or vegetable juice:

Children  $\frac{1}{4}$  to htsps.

Adults  $\frac{1}{2}$  to 1 tsp.

Sodium muriaticum 12X 2x 1 tablet (2x 10 Glob.); some therapists rub in common salt or sea salt into the (open) skin.

Additionally SANUKEHL Pseu 6X drops 2x 10 daily oral and/or to rub in, in daily alternation with UTILIN "S" 6X drops 2x 5 daily oral.

LIPISCOR capsules 2x 1 daily,

MAPURIT capsules 2x 1 daily (to be administered in between).

Mineral balance: Schuessler Salts or for

Adults:

MIX:

1 <sup>st</sup> day:	UTILIN "S" 6X	1.0 ml
	SANUVIS	2.0 ml
	FORTAKEHL 5X	1.0 ml
	Inject deep i.m.	

7 <sup>th</sup> day:	UTILIN "S" 6X	1.0 ml
	SANUVIS	2.0 ml
	NOTAKEHL 5X	1.0 ml
	Inject deep i.m.	

14<sup>th</sup> day

LATENSIN 4X	1.0 ml
MUCOKEHL 5X	1.0 ml
SANUVIS	2.0 ml

Inject deep i.m.

21<sup>st</sup> day

LATENSIN 4X	1.0 ml
SANUVIS	2.0 ml
NOTAKEHL 5X	1.0 ml

Inject deep i.m.

Repeat four to five times in rotation. With acute reactions, extend intervals in between to a further two to three weeks.

### **Nose Bleeds**

A vascular related matter of both nasal wings. It is hypertonia related with older people and children, normally the result of a chronic inflammation of the nasal mucous membrane and polyps.

Aim of Therapy: Eradicate chronic inflammation of the polyps and tonsils, the chronic nasal mucous membrane inflammation and hyper protein anaemia, therefore strict diet<sup>1,2</sup> and long term therapy.

NOTAKEHL 5X tablets 2x 1 daily. After 10 days change to MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun NOTAKEHL 5X tablets 2x 1 daily.

CALVAKEHL 3X drops 3x 10 daily,

CERIVIKEHL 3X drops 3x 5-10 daily.

Nasal lavage<sup>6</sup> with NOTAKEHL 5X drops.

Unsaturated fatty acids: LIPISCOR capsules 2x 2 daily.

### **Ocular Vessel Diseases**

Always consider the eye tooth (canine), observe complete meridian, sight defects, diabetes and sinusoidales occurrences – Nasal lavage<sup>6</sup>, low protein diet<sup>1,2</sup>.

Alkalis with ALKALA T tablets 2x 1 daily for 10 days then ALKALA N powder 2x 1 tsp. in warm water.

SANKOMBI 5X drops 2x 15 daily oral, Sat/Sun always excretion.

PROPIONIBACTERIUM AVIDUM 5X capsules 3x 1/week.

SANUKEHL Acne 6X drops 2x 10 daily oral.

UTILIN "S" 6X drops 2x 5 daily, oral or UTILIN "S" 4X capsules 1x 1/week.

MIXTURE:

MUCOKEHL 6X 1.0 ml

SANUVIS 2.0 ml

Inject i.v. 2x/week.

or:

MUCOKEHL 7X 2.0 ml 1-2x/week injecting on the tonsils.

MUCOKEHL 5X eye drops 2x 1-2 daily, in each eye.

Useful Tip:

One should always apply eye drops to the outer corner of the eye. In the inner corner of the eyes to the nose are the tear drainage canals through which the drops flow out through the tear-nose-canal without giving enough time to take effect. The preparation must pass from the outer lid fissure into the whole of the eye for optimal effect.

### **Ophthalmia, Inflammation of the Eye**

Antibiotics! Corticosteroid! Canine teeth often not present/horizontally sloping (oral panorama X-ray)  
Long Term Therapy:

MUCOKEHL 5X eye drops daily in both eyes.

Further Treatment:

Repeat with the eye drops several times daily. With improvement, reduce intervals. Use the same preparation to rub into the eye lids.

UTILIN "S" 6X drops 1x 5 daily oral or NOTAKEHL 7X to inject s.c., i.m. or i.v. on the tonsils.

### **Osteochondrosis**

*see Arthrosis*

### **Osteomyelitis**

A reactions phase whereby the body tries to excrete a toxin. Always take into consideration fields of disturbance, observe meridian course, intestinal



rehabilitation necessary, diet<sup>1,2</sup>, bread rolls tea cure according to F. X. Mayr.

NOTAKEHL 5X drops and QUENTAKEHL 5X drops in daily alternation each 2x 10 drops oral and/or to rub in for 10 days then MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 3X suppositories 1x 1 evenings, Mon-Fri; Sat/Sun NOTAKEHL 5X drops 2x 10 daily oral and/or to rub in or

MIX:

NOTAKEHL 5X 1.0 ml

Lidocaine / Procaine 1% 1.0 ml

Inject 2-3x/week on the periosteum of the respective bone.

From the 3<sup>rd</sup> week

MIX:

UTILIN "S" 6X 1.0 ml

Streptococcus haemolyticus-Injeel Heel 1.0 ml

Galium Heel 1.0 ml

SANUKEHL Pseu 5X 1.0

ml

Inject deep i.m. 1x/week.

Additionally SANUKEHL Strep 6X drops and SANUKEHL Myc 6X drops each 1x 10 oral in daily alternation.

CUPRUKEHL 3X drops 2x 10 daily.

## **Osteoporosis**

*see Atrophy of the Intestinal Mucous Membrane, Allergic Diseases*

A disease for protein permeable intestinal mucous membrane. Protein binds minerals, diet<sup>1,2</sup>, little animal protein, plenty cooked fish, unsaturated fatty acids! Regulate mineral balance – Ca, Mg, Si, Cu.

Long term therapy with sheep milk and sheep products<sup>2</sup> (50% more content of Ca).

From beginning onwards alkalinise with ALKALA T tablets 2x 1 daily for 10 days, later with ALKALA N powder 2x 1 tsp. in warm water.

Intestinal rehabilitation with EXMYKEHL 3X suppositories 2x 1 daily for 10 days then FORTAKEHL 5X tablets 2x 1 daily. After two weeks change to a combination of MUCOKEHL 5X tablets

1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun FORTAKEHL 5X tablets 2x 1 daily.

FORMASAN drops 2x 10 daily,

SANUVIS 2x 1 tsp. daily,

CITROKEHL 2.0 ml inject i.m. 3x/week.

LIPISCOR capsules 2x 2 daily,

MAPURIT capsules 2x 1 daily as well as

ZINKOKEHL 3X drops 1x 10 evenings and

CUPRUCOKEHL 3X drops 1x 10 mornings.

LATENSIN 6X capsules, UTILIN 6X capsules and

RECARCIN 6X capsules each 1x 1/week (Mon,

Wed, Fri). After one to two months change to

LATENSIN 4X capsules, UTILIN 4X capsules and

RECARCIN 4X capsules.

THYMOKEHL 6X capsules 1x 1/week.

## Otitis (Earache)

Earache is always the result of an enlargement of the polyps and the nasal mucous membrane.

In meridian thought the ear forms the end of the intestinal meridian and consequently belongs to the digestive tract. The gall bladder meridian runs behind the external ear. As a logical consequence, one must always think of the intestinal mucous membrane in connection with an ear infection.

Children:

Diet<sup>1,2</sup> in combination with alkalisation with ALKALA T tablets 2x ¼ to ½ daily for 10 days then ALKALA N powder 2x ¼ to htsp. in warm fruit or vegetable juice daily.

Unsaturated fatty acids: LIPISCOR capsules 2x 2 daily.

NOTAKEHL 5X drops 2x 10 daily oral and 2x 2-5 daily in the ear.

After 10 days SANKOMBI 5X drops 2x 10-15 oral.

Nasal lavage<sup>6</sup>.

Adults:

ALKALA T tablets 2x 1 daily, later ALKALA N powder 2x 1 tsp. in warm water.

NOTAKEHL 5X tablets 2x 1 daily. After 10 days

MUCOKEHL 5X tablets 1x 1 mornings and

NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/  
Sun NOTAKEHL 5X tablets 2x 1 daily.  
UTILIN "S" 6X drops 2x 5 to rub in.  
NOTAKEHL 5X drops in the ear.  
SANUKEHL Strep 6X drops 1x 6 oral and 1x 5 to  
rub in daily.  
Nasal lavage<sup>6</sup>.

### **Otitis media chronica**

With children, transmitted from adenoidal growth,  
syringitis.

Adults:

NOTAKEHL 5X drops 2x 10-15 daily oral over a  
week, NOTAKEHL 5X drops 1x 2-3 daily into the  
affected ear. After 10 days change to MUCOKEHL  
5X tablets 1x 1 mornings and NIGERSAN 3X  
suppositories 1x 1 evenings, Mon-Fri; Sat/Sun  
NOTAKEHL 5X tablets 2x 1 daily.

Nasal lavage<sup>6</sup> with NOTAKEHL 5X drops and  
Sinusitis Nosode Injeel Heel, if necessary affix a  
Cantharidin-plaster circa 2x 2 cm behind each ear  
until a blister formation appears.

ALKALA T tablets 2x 1 daily over 10 days then  
ALKALA N powder 2x 1 tsp. in warm water.

SANUKEHL Pseu 6X drops and SANUKEHL Strep  
6X drops each 2x 10 alternating daily oral and/or to  
rub in or NIGERAN 7X 1.0 ml on the mastoid behind  
the ear and to both tonsils.

UTILIN 6X capsules and LATENSIN 6X capsules  
each 1x 1/week.

Children:

NOTAKEHL 5X drops and QUENTAKEHL 5X  
drops each 2x 10-15 alternating daily oral and/or to  
rub in. After 10 days change to SANKOMBI 5X  
drops 2x 10-15 daily oral and/or to rub in, Mon-Fri;  
Sat/Sun RUBERKEHL 5X drops 2x 10 daily oral  
and/or to rub in.

SANKOMBI 5X drops 2x 2-3 daily onto the affected  
area. Additionally Thuja 6X.

## Otosclerosis

Long Term Therapy:

MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun MUCOKEHL Atox 6X (Excretion) drops and NIGERSAN Atox 6X (Excretion) drops each 1x 8 alternating daily oral and/or to rub in.

UTILIN 6X capsules 1x 1/week.

PROPIONIBACTERIUM AVIDUM 5X capsules 2x 1 weekly.

SANUKEHL Pseu 6X drops 1x 10 daily oral and/or to rub in.

Additionally Crataegus 4X (hawthorn).

## Ovarian Cysts

*see Menstrual Disorders*

NIGERSAN 3X suppositories and MUCOKEHL 3X suppositories each 1x 1 alternating daily.

UTILIN "S" 4X capsules 1x 1/week or

MIX:

NOTAKEHL 5X 1.0 ml

UTILIN "S" 6X 1.0 ml

Lidocaine 1% 1.0 ml inject cervically.

## Panarritium

Curd soap baths – Fingers to be kept still

Neural Therapy:

MIX:

NOTAKEHL 7X 1.0 ml

Procaine/Lidocaine 1% 1.0 ml

Injection at or under the basic joints.

NOTAKEHL 5X tablets 2x 1 daily or

NOTAKEHL 5X 1.0 ml inject s.c./i.v. and on injection free days NOTAKEHL 5X tablets 2x 1 daily for a week.

At the same time SANUKEHL Strep 6X drops 2x 5 daily oral.

## Pancreas (Disorders of), Pancreatitis

*see Leaky Gut Syndrome*

Both diseases are treated according to the same principle. Pancreas insufficiency is predominantly caused by an atrophic intestinal mucous membrane or an intestinal allergy.

**Primary:**

A weakening through noxae such as alcohol, opulent foods. Here to be noted a sign of a fat absorption deficiency in episodes (flatulence and violent diarrhoea).

**Secondary:**

As a result of the atrophy of the intestinal mucous membrane or through its destruction caused by enteral allergies, the pancreas cannot become activated through the formation of preliminary enzymes. The symptoms of an insufficiency of fat digestion stand in the foreground, this time permanently.

**Therapy:**

As well as with diet<sup>1,2</sup>, alkalise with ALKALA T tablets 2x 1 daily for 10 days then ALKALA N powder 2x 1 tsp. in warm water for a period of months.

In addition EXMYKEHL 3X suppositories 2x 1 daily for 10 days then FORTAKEHL 5X tablets 2x 1 daily for 10 days changing to MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun EXMYKEHL 3X suppositories 2x 1 daily for a period of months.

RECARCIN 6X capsules and LATENSIN 6X capsules each 1x 1/week.

SANUKEHL Coli 6X drops 2x 5 daily oral and/or to rub in.

ZINKOKEHL 3X drops 1x 10 daily evenings.

**Papulosis**

*see Allergic Diseases*

(Degos Syndrome) Malign, appearance papula in batches; months to years later an intestinal infarct with peritonitis (allergic vasculitis?).

Diet<sup>1,2</sup> and unsaturated fatty acids = LIPISCOR capsules 2x 1 daily.

Long term therapy, therefore, alkalise with ALKALA N powder 2x 1 tsp. daily in warm water.

NOTAKEHL 5X tablets 2x 1 daily after 10 days changing to MUCOKEHL 5X tablets 1x 1 mornings

and NIGERSAN 3X suppositories 1x 1 evenings,  
Mon-Fri; Sat/Sun NOTAKEHL 5X tablets 2x 1 daily.  
UTILIN "S" 6X drops 2x 5 daily oral and/or to rub  
in or

MIX:

MUCOKEHL 5X 1.0 ml

NIGERSAN 5X 1.0 ml

Procaine / Lidocaine 1% 1.0 ml

Inject deep i.m. 2-3x/week.

If necessary: In addition:

Coenzyme compos. Heel 2.0 ml

Cutis compos. Heel 2.0 ml

Ubichinon compos. Heel 2.0 ml

### **Paradontitis**

*see Paradontosis*

According to Gian Paolo Guzzi (Milan), the most frequent cause of chronic illnesses.

### **Paradontosis**

This is dependent in every case from menu and denture work. The oral area is already stomach/intestinal tracts.

Alkalise with ALKALA N powder 2x 1 tsp. in warm water.

CITROKEHL 2.0 ml 2x/week inject i.m.

Dip a cotton wool ball in PEFRAKEHL 5X 5-10 drops and position it to the upper or lower jaw pockets for four to five hours and should be renewed in case of discoloration and foul odour occurring, always alternating daily with NIGERSAN 5X drops, later NOTAKEHL 5X drops as aftercare.

NOTAKEHL 5X tablets 2x 1 daily over a week, at the same time SANUKEHL Strep 6X drops 2x 5 daily oral and/or to rub in.

### **Paratuberculosis**

Tuberculosis–Chondritis

The tubercle Bacillus are situated in a low valance chondritic stadium and can attack practically all organs of the body, however, they don't produce tuberculosis. Paratuberculosis is similar to "Latentia Syndrome" and is articulated in the chronic progression and in recidivity.

Long Term Therapy:

Observe intestine and diet<sup>1,2,3</sup>.

Alkalis with ALKALA T tablets 2x 1 daily for 10 days then ALKALA N powder 2x 1 tsp. in warm water.

SANUVIS drops 2x 1 tsp. daily and CITROKEHL tablets 2x 1 daily.

MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 4X capsules 1x 1 evenings, Mon-Fri; Sat/Sun NOTAKEHL 5X tablets 2x 1 daily in weekly alternation with MUCOKEHL Atox 6X (Excretion) drops and NIGERSAN Atox 6X (Excretion) drops each 1x 8 daily oral and/or to rub in.

UTILIN 6X capsules and RECARCIN 6X capsules in weekly rotation 1x 1 each or

MIX:

NIGERSAN 5X            1.0 ml

UTILIN "S" 6X        1.0 ml

Inject deep i.m. 1x/every two weeks.

**Parkinson's Disease** *see Amalgam Stress, Enteral Mycosis*

As with all other nervous and cerebral disorders, the heavy metal burden and candida to be observed consecutively. Further disorders: observe tonsils, sinus, oral root treatment, oral granulomas, tooth resections. Observe beginning signs of syphilis, WaR? VDRL? Mineral balance.

Alkalis with ALKALA T tablets 2x 1 daily for 10 days then ALKALA N powder 2x 1 tsp. in warm water.

SANUVIS drops 2x 1 tsp. daily,

CITROKEHL tablets 2x 1 daily.

NOTAKEHL 5X tablets 2x 1 daily for 10 days then MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun FORTAKEHL 5X tablets 2x 1 daily for a period of months.

LATENSIN 6X capsules and UTILIN 6X capsules each 1x 1/week (Mon, Fri), changing to 4X capsules after one month.

ZINKOKEHL 3X drops 1x 10 daily evenings,

CUPRUCHEHL 3X drops 1x 10 daily mornings.  
Unsaturated fatty acids: LIPISCOR capsules 2x 1  
daily or

MIX:

SANUCHEHL Myc 5X	1.0 ml
SANUCHEHL Cand 5X	1.0 ml
CITRUCHEHL	2.0 ml
Luesinum-Injeel forte Heel	1.0 ml

Inject deep i.m. every two to three weeks.

Additive: In quadrants, the removal of amalgam<sup>5</sup>  
from connective tissues and teeth.

**Pemphigus vulgaris** Blister fever beginning mostly in the oral or genital  
areas, milieu damage, intestinal, diet<sup>1,2,3</sup>.

PEFRUCHEHL 5X drops several times daily 5 drops  
on the blisters or the intact mucous membrane, not  
rubbing into wounds, autourinal and autologous.

MIX:

Cutis compos. Heel	2.0 ml
GRIFUCHEHL 5X	1.0 ml
Psorinoheel Heel	1.0 ml
CITRUCHEHL	2.0 ml
Procaine/Lidocaine 1%	1.0 ml

Inject deep i.m. 1x/week.

UTILIN "S" 6X drops 1x 5 to rub in.

From the 2<sup>nd</sup> week UTILIN "S" 4X 0.5 ml inject i.m.  
1x/month in addition.

Sore skin areas to be dabbed with MUCUCHEHL 5X  
drops and PEFRUCHEHL 5X drops. After  
improvement, set injection interval to 1x/month.

**Pernicious Anaemia** Endobiontic consequences

Intestinal rehabilitation, diet (Werthmann)<sup>1</sup>, foods  
rich in vitamins,

LIPISCOR capsules 2x 1 daily, search field of  
disturbance.

*NOTE:* oral root treatment!

Begin with MUCUCHEHL 3X suppositories 1x 1  
mornings and NIGERSAN 3X suppositories 1x 1  
evenings, Mon-Fri; Sat/Sun MUCUCHEHL Atox 6X  
(Excretion) drops and NIGERSAN Atox 6X



(Excretion) drops each 1x 8 daily oral and/or to rub in as well as VITAMIN B KOMPLEX SANUM N 2-3x/week 2.0 ml injecting deep i.m.

ZINKOKEHL 3X drops 1x 10 daily evenings.

MIX:

UTILIN 6X 1.0 ml

CITROKEHL 2.0 ml

Inject deep i.m. 1x/week.

**Perniones** *see Frostbite*

**Pfeiffer's Disease** *see Mononucleosis*

**Phlebitis, Thrombosis** Leech treatment! Cardio-active preventative measures in case of break-down occurs too quickly, low protein diet<sup>1,2,3</sup>.

Neural Therapy:

MUCOKEHL 7X 1.0 ml

Procaine/Lidocaine 1% 1.0 ml on the wall of the vein.

Start of Treatment:

MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun MUCOKEHL Atox 6X (Excretion) drops and NIGERSAN Atox 6X (Excretion) drops each 1x 8 daily oral and/or to rub in.

MIX:

SANUVIS 2.0 ml

MUCOKEHL 5X 1.0 ml

UTILIN 6X 1.0 ml

Inject deep i.m. every 10 days.

Local:

MUCOKEHL 3X ointment to be applied 1-3x daily, Aesculus-Heel drops 3x 10 daily.

Reduce viscosity: Unsaturated fatty acids (LIPISCOR capsules 2x 1 daily).

**Pollinosis** *see Hay Fever*

**Polyarthritis,  
primary chronic**

**Long Term Therapy!**

From beginning onwards alkalise with ALKALA T tablets 2x 1 daily for 10 days then ALKALA N powder 2x 1 tsp. daily in warm water, or with pain, supported with base infusion<sup>4</sup> 2-3x/week. Always consider sources of contagion (tonsils, oral granulomas) as well as intestinal involvement, diet<sup>1,2</sup>. Unsaturated fatty acids = LIPISCOR capsules 2x 1 daily.

Begin:

EXMYKEHL 3X suppositories 2x 1 daily for two weeks then changing to FORTAKEHL 5X tablets 2x 1 tablets daily for a further two weeks, then changing to a combination of MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun FORTAKEHL 5X tablets 2 x 1 daily over 10 days, then base therapy with MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun EXMYKEHL 3X suppositories 2x 1 daily over a period of months.

At the same time SANUVIS drops 2x 1 tsp. daily and CUPRUCOKEHL 3X drops 1x 10 daily mornings and ZINKOKEHL 3X drops 1x 10 daily evenings. RECARCIN 6X capsules and LATENSIN 6X capsules each 1x 1 weekly in rotation. After two to four weeks change to RECARCIN 4X capsules and LATENSIN 4X capsules or UTILIN "S" 4X 1.0 ml four to six weeks after start of therapy.

**Post Menopause  
Syndrome**

*see Climateric Disturbed Functions*

**Pregnancy  
(Complications in)**

*see Atrophy of the Intestinal Mucous Membrane,  
Amalgam Stress*

Avoidance means: milieu change.

The period of pre-conception should be used to eat healthily and folic acid should be taken as first priority which is of enormous important in the development of the neural canals of the foetus. With

secondary inactivity of the pancreas (intestine diet<sup>1,2</sup>) the natural production of folic acid cannot split off from the conjugated glutamin acid remains.

Conception should be planned three to six months after discontinuation of the pill, as it prevents the intake of vitamins and folic acid. A eugenical cure must be implemented before going through with a pregnancy. It exists in an administration of nosodes of all previous contracted infectious diseases. Without electro-acupuncture-testing (EAV) the correct potency will not become known.

Furthermore nosodes are reactive means. During pregnancy all toxins are brought into the blood. At the same time they induce an elimination creating a burden on the unborn (Werthmann). Important is for both partners to eliminate heavy metals<sup>5</sup> before pregnancy.

Father also very important:

ZINKOKEHL 3X drops 1x 10 daily evenings,

MAPURIT capsules 2x 1 daily,

LIPISCOR capsules 2x 1 daily (unsaturated fatty acids),

if necessary: CHRYSOCOR 3X 1.0 ml 2x/week inject deep i.m.

Women:

Three months before conception, a cure is recommended with NOTAKEHL 5X tablets 1x 1 daily for two to three weeks, thereafter SANKOMBI 5X drops 1x 10 daily oral and/or to rub in, Mon-Fri; Sat/Sun NOTAKEHL 5X tablets 1x 1 daily.

VITAMIN B KOMPLEX SANUM N 2.0 ml 1-2x/week inject deep i.m. (NOT DURING PREGNANCY!!)

ZINKOKEHL 3X drops 1x 10 evenings,

LIPISCOR capsules 2x 1 daily.

No immuno-biological in principle as the pregnancy is a normal finding.

Abortus imminens:

NOTAKEHL 5X tablets 1x 1 daily over two to three weeks, then SANKOMBI 5X drops 1x 10 oral and/or to rub in, Mon-Fri; Sat/Sun SANUKEHL Brucel

6X drops and SANUKEHL Myc 6X drops each 1x 5 to rub in, in daily rotation. By bleeding CALVAKEHL 3X drops 2x 5 daily oral 2-3 days or MIX:

Cinnamomum Homaccord Heel 1.0 ml  
Spascupreel Heel 1.0 ml

Inject s.c./i.m. several times daily.

Hyperemesis gravidarum, Gestosis:

CALVAKEHL 3X drops 2-3x 10 daily oral 2-3 days or

MIX:

MUCOKEHL 7X 1.0 ml  
NIGERSAN 7X 1.0 ml

Inject i.m. 1-2x daily.

If necessary – additionally:

Ignatia-Homaccord Heel 1.0 ml  
Ipecacuanha-Injeel forte Heel 1.0 ml

By improvement, change to oral medication:

Ignatia Homaccord Heel drops 2x 10 daily,

MAPURIT capsules 2x 1 daily,

Vomitus suppositories 2x 1 daily.

**Prostate  
(Inflammation of)**

see *Carcinoma* for general therapy

NOTAKEHL 3X suppositories 3x 1 daily.

Cantharidin-plaster circa applied between naval and symphysis in the central line, intestinal cleansing, colon-hydro-therapy.

**Prostate Adenoma**

Principal Preparations: FOMEPIKEHL, SANUVIS, SANUKEHL Coli

Therapy:

FORTAKEHL 3X suppositories 2x 1 daily for 10 days

then MUCOKEHL 5X tablets 1x 1 mornings and

NIGERSAN 3X suppositories 1x 1 evenings, Mon-Fri; Sat/Sun NOTAKEHL 5X tablets 2x 1 daily.

SANUVIS drops 2x 1 tsp. daily,

CITROKEHL tablets 2x 1 daily.

LATENSIN 6X capsules 1x 1/week.

SANUKEHL Coli 6X drops 2x 10 daily oral and/or to rub in or

MIX:  
 FOMEPIKEHL 5X 1.0 ml  
 Adenoma prostatae-Injeel Heel 1.0 ml  
 Ubichinon compos. Heel 1.0 ml  
 Inject s.c. 1x/week.

Neural Therapy: on (in) the prostate:

MIX:  
 NIGERSAN 5X 1.0 ml  
 Procaine/Lidocaine 1% 1.0 ml

With persistent cases EXMYKEHL 3X suppositories  
 2x 1 daily.

**Prostate Carcinoma** see *Carcinoma* for general therapy.

Particular additions:

Neural therapy with injection 1-2x/week to the  
 prostate:

MIX:  
 NIGERSAN 5X 1.0 ml  
 SANUKEHL Pseu 5X 1.0 ml  
 Procaine/Lidocaine 1% 1.0 ml

If necessary – in addition:

Nux vomica Homaccord Heel 1.0 ml  
 Ovarium compos. Heel 2.0 ml  
 (hormonal opposite steering)  
 Viscum compos. mite Heel 2.0 ml

**Prostatitis** NOTAKEHL 3X suppositories and PEFRAKEHL 3X  
 suppositories 1x 1 each mornings in daily alternation  
 and NIGERSAN 3X suppositories 1x 1 daily  
 evenings.

SANUKEHL Pseu 6X drops always alternating daily  
 with SANUKEHL Coli 6X drops each 2x 10 oral  
 and/or to rub in.

CITROKEHL tablets 2x 1 daily,

SANUVIS drops 2x 1 tsp. daily.

Alkalise with ALKALA N powder 2x 1 tsp. in warm  
 water; with pain then base infusion<sup>4</sup>.

**Pruritus** see *Itching with Neurodermatitis*

## Psoriasis

Paratuberculous occurrence, impregnation disorder, genetically fixed, long term therapy, influence on field of disturbance possible.

Observe focus as well as infectious noxae.

Begin with alkalisation with ALKALA T tablets 2x 1 daily for 10 days then ALKALA N powder 2x 1 tsp. in warm water.

NOTAKEHL 5X tablets 2x 1 daily for 10 days then FORTAKEHL 5X tablets 2x 1 daily for two weeks, thereafter a combination of MUCOKEHL 5X tablets 1x 1 mornings and NIGERAN 5X tablets 1x 1 evenings over three to four weeks – if necessary repeat from beginning.

From begin onwards UTILIN “S” 4X 1.0 ml in two weekly rotation with

MIX:

RECARCIN 6X	1.0 ml
Psorinoheel Heel	1.0 ml
CITROKEHL	2.0 ml
Cutis compos. Heel	2.0 ml
Acidum fumaricum-Injeel forte Heel	1.0 ml

Later RECARCIN 6X can be exchanged for 4X.

Treatment of the liver necessary: Taraxacum, Carduus marianus,

LIPISCOR capsules 2x 1 daily,

SANUVIS drops 2x 1 tsp. daily.

Oil of Evening Primrose (Oil oenantha biennis) to rub in.

*NOTE:* Auto-Sanguis-Gradual Cure (Reckeweg) as well as auto-urine<sup>1,2</sup> therapy.

Vitamin A 25,000 IE daily,

Vitamin D 10µg daily.

ZINKOKEHL 3X drops 1x 10 daily evenings,

SELENOKEHL drops 1x 10 daily mornings.

Loosening of skin flakes with Dead Sea bath salts.

Dab affected areas or bathe adding 4 tablespoons to bath water.

Fumaric acid 30X Glob. 1x 10 daily.

## **Pulmonary emphysema**

*see Ageing/Senility (Symptoms of)*

Regulate mineral balance (Schuessler therapy); always a terminal state that can only improve symptomatically, cardio-active therapy necessary.

Long Term Therapy:

Alkalise with ALKALA T tablets 2x 1 daily for 10 days then ALKALA N powder 2x 1 tsp. in warm water.

LATENSIN 6X capsules and UTILIN 6X capsules each 1x 1 always alternating every three days.

After five weeks LATENSIN 4X capsules with UTILIN 4X capsules each 1x 1 alternating weekly.

With Inflammatory Elements:

NOTAKEHL 3X suppositories 2x 1 daily. After 10 days change to MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 3X suppositories 1x 1 evenings, Mon-Fri; Sat/Sun NOTAKEHL 3X suppositories 2x 1 daily.

SANUKEHL Pseu 6X drops and SANUKEHL Klebs 6X drops always alternating daily 1x 10 each oral and/or to rub in.

MIX:

MUCOKEHL 5X	1.0 ml
NIGERSAN 5X	1.0 ml
SANUKEHL Klebs 6X	1.0 ml
Procaine/Lidocaine 1%	1.0 ml

Inject i.m. or infiltration of the ganglion stellatum alternating right/left (according to Dosch) 1-2x/week.

With spastic bronchitis: Drosera 30X Glob. or Drosera-Injeel Heel 1.0 ml inject s.c./i.v.

## **Pyoderma**

*see Impetigo*

Observe urine test results (diabetes, kidney). Antibiotics!

Alkalise with ALKALA T tablets 2x 1 daily.

Begin with NOTAKEHL 5X tablets 2x 1 daily over 10 days then MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun NOTAKEHL 5X tablets 2x 1 daily over a period of weeks.

Additionally, SANUVIS drops 2x 1 tsp. and CITROKEHL tablets 2x 1 daily.

SANUKEHL Staph 6X drops and SANUKEHL Pseu 6X drops each 1x 10 alternating daily oral and/or to rub in.

LATENSIN 6X capsules and UTILIN 6X capsules each 1x 1/week (Mon, Fri). Every four weeks exchange LATENSIN for UTILIN "S" 6X capsules.

**Raynaud's Disease** *see Endoarteriitis obliterans*

**Rectum** *see Carcinoma for general therapy.*

**(Carcinoma of)** *Alternative:*

NIGERSAN 3X suppositories, PEFRAKEHL 3X suppositories and MUCOKEHL 3X suppositories each 1x 1 in daily rotation.

SANUKEHL Coli 6X drops 2x 10 daily oral and/or to rub in.

**Reiter Syndrome** Urethro-oculo-synoviales Syndrome, Polyarthritis dysenterica.

Negative rheumatic factor (intestinal mucous membrane-dystrophy).

Fields of disturbance: tonsils, teeth, appendix scars.

Long term therapy, hypoallergenic diet<sup>1,2,3</sup>, unsaturated fatty acids.

LIPISCOR capsules 2x 1 daily,

MAPURIT capsules 2x 1 daily.

Alkalise with ALKALA T tablets 2x 1 daily for 10 days then change to ALKALA N powder 2x 1 tsp. in warm water.

Therapy with FORTAKEHL 5X tablets 2x 1 daily for two to three weeks, then MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 3X suppositories 1x 1 evenings, Mon-Fri; Sat/Sun FORTAKEHL 5X tablets 2x 1 daily in each case combined with SANUVIS drops 2x 1 tsp. daily and CITROKEHL tablets 2x 1 daily.

LATENSIN 6X capsules in weekly alternation with RECARCIN 6X capsules each 1x 1/week.



SANUKEHL Pseu 6X drops always alternating daily with SANUKEHL Myc 6X drops each 2x 5-10 daily oral and/or to rub in.

From the fifth week instead of LATENSIN 6X capsules, administer UTILIN "S" 6X capsules in between 1x/month.

SELENOKEHL drops 1x 10 daily mornings and ZINKOKEHL 3X drops 1x 10 evenings.

CUPRUEKEHL 3X drops 2x 10 daily.

### **Retinitis haemorrhagic**

Retinal bleeding, detachment of retina, cave diabetes, hypertonia

MIX:

MUCOKEHL 6X 1.0 ml

SANUVIS 2.0 ml

Lidocaine 1% 1.0 ml

Inject i.m. 1x/week.

If necessary – additionally:

Retina suis-Injeel Heel 1.0 ml

Hepar suis-Injeel Heel 1.0 ml

Hypothalamus suis Injeel Heel 1.0 ml

### **Rheumatic**

*see Arthritis, Arthrosis, Allergic Diseases*

Regulate mineral balance.

Always alkalisate with ALKALA T tablets 2x 1 daily for 10 days then ALKALA N powder 2x 1 tsp. in warm water. With acute pain, rapid alkalisation with base infusion<sup>4</sup>.

FORTAKEHL 5X tablets 2x 1 daily for 10 days then NOTAKEHL 5X tablets 2x 1 daily for 10 days then change to MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun NOTAKEHL 5X tablets 2x 1 daily as well as

SANUVIS drops 2x 1 tsp. and CITROKEHL tablets 2 x 1 daily.

LATENSIN 6X capsules and UTILIN 6X capsules each 1x 1/week (Mon, Fri). UTILIN "S" 6X capsules 1x/month in place of LATENSIN 6X capsules.

ZINKOKEHL 3X drops 1x 10 daily evenings,

CUPRUEKEHL 3X drops 2x 10 daily.

SANUKEHL Myc 6X drops with SANUKEHL  
Brucel 6X drops in daily rotation 2x 5 each oral and/  
or to rub in.

VITAMIN B KOMPLEX SANUM N 2.0 ml inject i.v.  
or i.m. 1-2x/week.

FORMASAN 2.0 ml inject i.v. or i.m. 1-2x/week.

MAPURIT capsules 3x 1 daily (radical scavenger),

LIPISCOR capsules 2x 1 daily.

### **Rhinitis, chronic**

Always observe fields of disturbance such as teeth  
(root treatment, forgotten roots), tonsils, sinusitis or  
allergies (intestine), diet<sup>1,2,3</sup>.

Alkalise with ALKALA T tablets 2x 1 daily for 10  
days then ALKALA N powder 2x 1 tsp. in warm  
water.

EXMYKEHL 3X suppositories 2x 1 daily over 10  
days then MUCOKEHL 5X tablets 1x 1 mornings  
and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri;  
Sat/Sun EXMYKEHL 3X suppositories 2x 1 daily.

SANUVIS drops 2x 1 tsp. daily,

CITROKEHL tablets 2x 1 daily.

LATENSIN 6X capsules and RECARCIN 6X  
capsules each 1x 1/week (Mon, Fri) or

MIX:

FORMASAN 2.0 ml

CITROKEHL 2.0 ml

PINIKEHL 5X 1.0 ml

CERIVIKEHL 2.0 ml

Procaine/Lidocaine 1% 1.0 ml

Inject i.m. 2x/week.

If necessary – in addition:

Sinusitis Nosode Injeel Heel 1.0 ml

Nasal lavage<sup>6</sup> with mixture of:

NOTAKEHL 5X 10 drops

QUENTAKEHL 5X 10 drops

FORMASAN 20 drops

CERIVIKEHL 20 drops

Graphites Homaccord Heel 20 drops

Allium cepae 12X (-30X) 10 drops

## Scarlet Fever

*see Angina*

For general therapy, see *Angina*. If scarlet fever appears several times consecutively then always take the intestine (paracoli) into consideration, diet<sup>1,2</sup>.

Adults:

MIX:

NOTAKEHL 5X 1.0 ml

UTILIN 6X 1.0 ml

Scarlatina Nosode Injeel Heel or

Streptococcus Nosode Injeel Heel 1.0 ml

Procaine/Lidocaine 1% 1.0 ml

Inject deep i.m., repeat after 7 – 10 days.

At the same time NOTAKEHL 5X tablets 2x 1 daily over 10 days then MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun NOTAKEHL 5X tablets 2x 1 daily in combination with SANUKEHL Pseu 6X drops and SANUKEHL Strep 6X drops each 2x 5-10 in daily rotation oral and/or to rub in.

UTILIN 6X capsules 1x 1/month for three months (very important for the prevention of complications of the ears, kidneys and heart).

Children:

NOTAKEHL 5X drops 2x 10-15 daily oral and/or to rub in over 10 days then SANKOMBI 5X drops 2x 5-10 daily oral and/or to rub in, Mon-Fri; Sat/Sun NOTAKEHL 5X drops 2x 10-15 daily oral and/or to rub in.

SANUKEHL Pseu 6X drops and SANUKEHL Strep 6X drops in daily alternation 1x 5 rubbed into the skin.

UTILIN 6X drops 1x 5 daily to rub in.

In addition – if required:

Scarlatina Nosode-Injeel Heel or Streptokokken Nosode-Injeel Heel 1x 1 daily to be taken as a drink ampoule.

By relapse: Absolute indication for strict diet<sup>1,2</sup> (Werthmann), as the intestinal mucous membrane must be built-up again and therapy as above additionally with:

REBAS 4X capsules 2 x 1 daily,

LATENSIN 6X capsules 1x 1/week and after two to three weeks UTILIN "S" drops 1x 5 daily oral and/or to rub in.

## **Scheuermann Syndrome**

*see Arthrosis*

Weakness of the intervertebral disk, disproportion between load and buoyancy. This adolescent illness is based on an atrophy of the intestinal mucous membrane consecutively with a calcium and magnesium deficiency as well as too much protein, diet<sup>1,2</sup>, plenty of products containing sheep milk (higher mineral content, no antigens).

Long Term Therapy:

FORTAKEHL 5X tablets 2x 1 daily over six to eight weeks combined with SANUVIS drops 2x 1 tsp. and next ALKALA T tablets 2x 1 daily, later ALKALA N powder 1x 1 tsp. in warm water, thereafter, a combination of MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun FORTAKEHL 5X tablets 2x 1 daily.

CITROKEHL tablets 2x 1 daily and SANUVIS drops 2x 1 tsp. daily or MIX:

MUCOKEHL 5X	1.0 ml
NIGERSAN 5X	1.0 ml
SANUVIS	2.0 ml
CITROKEHL	2.0 ml

Inject deep i.m. 1-2x/week.

LATENSIN 4X every three to four weeks 1.0 ml inject i.m.

After two months therapy UTILIN "S" 6X 1.0 ml inject i.m. in between.

## **Schizophrenia**

*see Depression, Amalgam Stress*

Always think of an intoxication of heavy metals (amalgams)! Elimination of a specific lung disease is absolutely essential.

Oral panorama X-ray: Observe all wisdom teeth (Adler E.), twisted and false positions, impacted teeth, root treatments, extraction scars, neuro suppression of all scars and previous inflammatory

sources of contagion, Vogler's points, large Niacin deficiency: occurs mostly e.g. roasted coffee, it is synthesised from tryptophan and intestinal bacteria, found frequently in yeast, meat and liver. No maize products (lack of tryptophan).

**VERY IMPORTANT:** Niacin can prevent an over-production of hallucinogenic by-products which attack the brain with the construction of neurotransmitters. Diet<sup>1,2,3</sup>, unsaturated fatty acids, LIPISCOR capsules 2x 1 daily.

MIX:

VITAMIN B KOMPLEX SANUM N 2.0 ml

MUSCARSAN 1.0 ml

Inject 1-2x/week deep i.m. and later 1x/week.

If necessary – additionally:

Magnesium-Manganum-Phosphoricum-Injeel forte Heel 1.0 ml

Coenzyme comp. Heel (Nicotinamid) 2.0 ml

Ubichinon comp. Heel (Nicotinamid) 2.0 ml

UTILIN 4X 1.0 ml

Inject i.m. every two weeks.

Begin simultaneously with NOTAKEHL 5X tablets 1-2x 1 daily. After 10 days a combination of MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun MUSCARSAN 6X drops 2x 5-10 daily.

## **Sclerodermatitis**

*see Allergic Diseases, Atrophy of the Intestinal Mucous Membrane, Tuberculosis*

Ceraceous circular focus on the skin with hyper- or de-pigmentation.

Long Term Therapy:

Alkalise with ALKALA N powder 2x 1 tsp. in warm water.

SANUVIS drops 2x 1 tsp. daily and CITROKEHL tablets 2x 1 daily.

EXMYKEHL 3X suppositories 2x 1 daily for 10 days then change to MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 3X suppositories 1x 1 evenings, Mon-Fri; Sat/Sun EXMYKEHL 3X suppositories 2x 1 daily.

LATENSIN 6X capsules and UTILIN 6X capsules each 1x 1/week.

From the third week UTILIN "S" 6X capsules 1x 1 every two weeks.

From the fifth week change to UTILIN "S" 4X capsules 1x 1 every four weeks.

SANUKEHL Myc 6X drops and SANUKEHL Coli 6X drops each 1-2x 5 oral and/or to rub in, always in daily rotation.

### **Scrofulosis, Lymphatism**

*see Allergic Diseases, Tuberculosis*

Allergy based rare skin and lymphatic illness in childhood.

Always alkalise with ALKALA T tablets 2x ¼ to ½ daily for 10 days then ALKALA N powder 2x ¼ to htsp. daily in warm fruit or vegetable juice.

Begin with NOTAKEHL 5X drops 2x 5-10 daily oral and/or to rub in then change to SANKOMBI 5X drops 2x 5-10 daily oral and/or to rub in, Mon-Fri; Sat/Sun NOTAKEHL 5X drops 2x 5-10 daily oral and/or to rub in.

Additionally LATENSIN 6X drops 1x 2-5 daily oral and RECARCIN 6X drops 1x 2 to rub in.

FORMASAN drops 2x 5-10 daily oral.

MIX:

UTILIN 6X 0.5 – 1.0 ml

NOTAKEHL 7X 1.0 ml

Inject deep i.m.

If required – additionally:

Cutis compos. Heel 1.0 – 2.0 ml

Hepar compos. Heel 1.0 – 2.0 ml

Ubichinon compos. Heel 1.0 – 2.0 ml

### **Seborrhoic Warts**

*see Atrophy of the Intestinal Mucous Membrane, Ageing / Senility (Symptoms of)*

SANUVIS drops 2x 1 tsp. taken orally with warm water.

LATENSIN 6X capsules and UTILIN 6X capsules each 1x 1/week.

NIGERSAN 5X tablets 1x 1 evenings before going to bed.

## **Sinus Inflammation** *see Sinusitis*

### **Sinusitis**

*see Allergic Diseases, Atrophy of the Intestinal Mucous Membrane, Amalgam Stress*

Long term therapy, oral panorama X-ray of the teeth of the upper jaw, sneezing attacks often a sign of an overstrained pancreas, take intestine into consideration (diet<sup>1,2</sup> including ban on onions) in order to rebuild the intestinal mucous membrane.

Children:

ALKALA T tablets 2x ¼ to ½ daily for 10 days then ALKALA N powder 2x ¼ to htsp. daily in warm fruit or vegetable juice.

FORTAKEHL 5X drops 2x 5-15 daily oral and/or to rub in over 10 days then SANKOMBI 5X drops 2x 5-15 daily oral and/or to rub in, Mon-Fri; Sat/Sun FORTAKEHL 5X tablets 1x 1 evenings.

FORMASAN drops 2x 5-10 daily.

SANUKEHL Strep 6X drops and SANUKEHL Pseu 6X drops in daily rotation 1x 3-5 each to rub in (from school age, oral).

UTILIN "S" 6X drops 1x 3-5 daily oral and/or to rub in.

Nasal lavage<sup>6</sup>.

Adults:

ALKALA T tablets 2x 1 daily for 10 days then ALKALA N powder 2x 1 tsp. in warm water.

SANUVIS drops 2x 1 tsp. daily and CITROKEHL tablets 2x 1 daily.

EXMYKEHL 3X suppositories 2x 1 daily over 10 days then NOTAKEHL 5X tablets 2x 1 daily over 10 days, MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun NOTAKEHL 5X tablets 2x 1 daily.

Nasal lavage<sup>6</sup> 2x daily with NOTAKEHL 5X drops. FORMASAN drops 3x 10 daily.

RECARCIN 6X capsules and UTILIN 6X capsules each 1x 1 in weekly rotation.

UTILIN "S" 6X drops 2x 5 daily oral and/or to rub in.

**Sleeping Disorders** Can be a result of teeth 4-7 in the upper/lower jaw, thyroid glands, fear or aggression.  
 MUCEDOKEHL 3X suppositories 1x 1 daily evenings,  
 ALKALA N powder 2x 1 tsp. in warm water,  
 SANUVIS drops 3x 30 daily.  
 Diet<sup>1,2</sup>.  
 Unsaturated fatty acids LIPISCOR capsules 2x 1 daily,  
 MAPURIT capsules 2x 1 daily,  
 ZINKOKEHL 3X drops 2x 10 daily.

**Spondylosis, Osteochondrosis** Each chronicity is caused by an infected intestine<sup>1,2</sup> and a second field of disturbance (teeth, tonsils).  
 Duration of Therapy:  
 Months, if possible, always in combination with diet<sup>1</sup>.  
 FORMASAN drops 3x 10 daily.  
 RECARCIN 6X capsules and LATENSIN 6X capsules each 1x 1/week (Mon, Fri).  
 CITROKEHL tablets 3 x 1 daily.  
 SANUKEHL Myc 6X drops and SANUKEHL Coli 6X drops each 2x 5 in daily alternation oral and/or to rub in.  
 Neural Therapy with NOTAKEHL 7X 1.0 ml and Lidocaine 1% 1.0 ml (intra-articular) or:  
 MIX:  
 LATENSIN 6X 1.0 ml  
 SANUKEHL Myc 5X 1.0 ml  
 FORMASAN 2.0 ml  
 Acidum sulfuricum Injeel forte Heel 1.0 ml  
 Lidocaine/Procaine 1% 1.0 ml  
 Inject deep i.m. 1x/week.  
 Long Term Therapy (immune-biological):  
 RECARCIN 6X capsules and UTILIN 6X capsules each 1x 1/week (Mon, Fri).  
 MUCOKEHL 5X tablets respectively MUCOKEHL 4X capsules 1x 1 daily mornings and NIGERSAN 5X tablets 1x 1 evenings.  
 From the third week of therapy exchange LATENSIN with UTILIN "S" 6X.



SANUVIS drops 3x 60 daily,  
CITROKEHL tablets 2x 1 daily.

Secondary chronic arthritis:

Treatment largely as with the acute form.

LARIFIKEHL 4X capsules 3x 1 daily and  
NOTAKEHL 5X tablets 2x 1 daily for two weeks then  
change to MUCOKEHL 5X tablets 1x 1 mornings  
and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri;  
Sat/Sun NOTAKEHL 5X tablets 2x 1 daily.

UTILIN "S" 6X capsules 1-2x/month applied in  
between or UTILIN "S" 6X drops 1-2x 5 daily oral  
and/or to rub in.

SANUVIS drops 3x 1 tsp.,

CITROKEHL 2.0 ml inject i.m. 1-3x/week.

### **Sterility (Female)**

Clarify functional disturbances (hormone status),  
eliminate abnormalities, basal temperature, teeth to  
be taken into consideration (4-7 to the upper/lower  
jaw, root treatment, granulomas, resections),  
parotitis epidemica status post.

Long Term Therapy:

NOTAKEHL 5X tablets 2x 1 daily changing after 10  
days to MUCOKEHL 3X suppositories 1x 1  
mornings and NIGERSAN 3X suppositories 1x 1  
evenings, Mon-Fri; Sat/Sun FORTAKEHL 5X tablets  
2x 1 daily.

LATENSIN 4X capsules 1-2x 1/week.

UTILIN "S" 6X drops 2x 5 daily oral and/or to rub  
in.

Additive: Neural therapy to the ganglions of the  
utero-vaginal plexus, segment therapy with

MIX:

SANUVIS	2.0 ml
MUCOKEHL 5X	1.0 ml
SANUKEHL Coli 7X	1.0 ml
Ovarium comp. Heel	2.0 ml
Procainum comp. Heel	2.0 ml
Inject i.m. 1x/week.	

**Sterility (Male)***see Infertility*

Differential Diagnosis: spermiogenesis (parotitis epidemica status post), obstruction of the semen passage, co-habitation disruption, turn-off functional disorders as with female sterility, observe teeth (root treatments of 1-7 to the upper and lower jaw).

Long Term Therapy: as with *Sterility (Female)*

NOTAKEHL 5X tablets 2x 1 daily. After 10 days change to MUCOKEHL 3X suppositories 1x 1 mornings and NIGERSAN 3X suppositories 1x 1 evenings, Mon-Fri; Sat/Sun NOTAKEHL 5X tablets 2x 1 daily.

LATENSIN 4X capsules 1-2x 1/week.

In addition MIX:

CHRYSOCOR	2.0 ml
SANUVIS	2.0 ml
MUCOKEHL 5X	1.0 ml
SANUKEHL Coli 7X	1.0 ml
Procaine/Lidocaine 1%	1.0 ml

MAPURIT capsules 2x 1 daily.

MIX:

Parotitis epidem. Nosode Injeel Heel	1.0 ml
Mumps Nosode Injeel Heel	2.0 ml
Procanium compos. Heel	2.0 ml
Hepar compos. Heel	2.0 ml
Ubichinon compos. Heel	2.0 ml
Inject i.m. 1x/week.	

**Stomatitis***see Aphtae stomatitis (Perlèche)***Struma nodosa**

Cave teeth 4-7 to both sides of the upper/lower jaw (root fillings, granulomas, root caps); thyroid is connected to the stomach meridian.

SANUVIS drops 2x 1 tsp. daily,

CITROKEHL 2.0 ml inject i.m. 2x/week.

Regulate mineral balance (Schuessler Therapy).

MIX:

MUCOKEHL 5X 1.0 ml

NIGERSAN 5X 1.0 ml

Procaine/Lidocaine 1% 1.0 ml

Inject on or in the thyroid nodes.

UTILIN 6X capsules and LATENSIN 6X capsules each 1x 1/week (Mon, Fri).

## **Syphilis**

Observe local legislation for eradication of epidemics.

Treatment still carried out today only with antibiotics.

Supporting the antibiotic effects and endured syphilis (case history) as stimulation therapy (a negative Wa.R. is not critical):

NOTAKEHL 5X tablets 1x 2 mornings as well as Luesinum 30X Glob. 1x 10 daily for 10 days then MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 3X suppositories 1x 1 evenings, Mon-Fri; Sat/Sun NOTAKEHL 5X tablets 1x 2 mornings. SANUKEHL Strep 6X drops 2x 10 daily oral and/or to rub in.

UTILIN 6X capsules and LATENSIN 6X capsules each 1x 1/week (Mon, Fri).

If acute primary syphilitic core, as well as the antibiotic therapy take NOTAKEHL 7X 1.0 ml inject s.c. in the area of the primary syphilitic core or NOTAKEHL 3X suppositories 3x 1/week.

## **Thread Fungus Disease**

*see Barber's Itch*

## **Thrombosis**

*see Phlebitis*

## **Thrush**

*see Body Orifices (Mycosis of)*

## **Tinnitus**

Impeded micro-arterial flow, hypertonia, viscosity, diet<sup>1,2</sup>. The gall bladder meridian controls the disorder (= sympathetic, hormonal, psychological, gall bladder/liver meridian).

Neural Therapy:

MIX:

MUCOKEHL 5X	1.0 ml
Graphites Homaccord	1.0 ml
Lidocaine/Procaine 1%	1.0 ml

3x/week on the periosteum around the ear (gall bladder meridian, gate to the ear, Gbl. 17, mastoid) and on the tonsils.

PROPIONIBACTERIUM AVIDUM 5X capsules 3x 1/ week.

LATENSIN 6X capsules alternating weekly with UTILIN 6X capsules 1x 1/week.

LIPISCOR capsules 2x 2 daily.

**Tiredness (Chronic)** *see Chronic Fatigue Syndrome*

**Tonsillitis** *see Angina*

**Trichophytosis profunda** *see Barber's Itch*

**Tuberculosis** General aspects and tuberculosis of the lungs from today's viewpoint: despite the clear recession of the number of cases and in the seriousness of the disease, tuberculosis is still present in this millennium, only the milieu has clearly changed for the *Aspergillus niger* organism and its highest valence, the tubercle bacillus. Therefore, the present classifications and measures of fighting tuberculosis by Baum are irrelevant. The intestinal mucous membrane must be regenerated, diet<sup>1,2,3</sup>.

Principal Preparations: NIGERSAN, LATENSIN, SANUKEHL Myc

Additionally alkalis with ALKALA N powder 2x 1 tsp. in warm water.

SANUVIS drops 2x 1 tsp. and CITROKEHL tablets 2x 1 daily.

Therapy: *see Tuberculosis (protection from)*

Simultaneous measures not recommended are: the application of tuberculin, sunbathing in natural sunlight, also therapeutic sun lamp treatment with

X- or UV-rays, all medication containing creosote, guaiacol, thiocol and wood tar, also all heavy metals and “tuberculostatica”.

**Tuberculosis  
(protection from)**

Provided protection is necessary from an infected family member.

Infants:

SANKOMBI 5X drops 2x 5 daily oral, NIGERSAN 5X drops 1x 2 daily into the palms of the child’s hands then rubbing with them onto the skin. After two to three weeks UTILIN “S” drops 2x 2/week rubbing into the skin.

From 4 Months to 4 Years:

SANKOMBI 5X drops 2x 10-15 daily oral, Mon-Fri; Sat/Sun FORTAKEHL drops 2x 5 daily oral.

NIGERSAN 5X drops 1x 3-5 daily to rub in. After two to three weeks UTILIN “S” 6X drops 1x 2/week and SANUKEHL Myc 6X drops 2x 2/week to rub in.

BIOFRID PLUS capsules (Oil of Evening Primrose) 3x 1-2 daily.

From 4 years +:

SANKOMBI 5X drops 2x 5-15 oral,

NIGERSAN 5X drops 1-2x 2-5 to rub in.

SANUKEHL Myc 6X drops 1x 3-5/week to rub in (from school age, oral).

UTILIN “S” 6X drops 1x 5 to rub in 3x/week.

LIPISCOR capsules 2x 1 daily.

**Tuberculotoxicosis** *see Paratuberculosis*

**Ulcus cruris  
(Leg ulcer)**

Long term therapy, milieu damage, disruption of viscosity

Regeneration of the intestinal mucous membrane and avoidance of flatulence: Diet<sup>1,2</sup> with a clear reduction of sugar and carbohydrates (latent diabetes), no gaseous or constipation causing foods. Alkalisate with ALKALA N powder 2x 1 tsp. daily in warm water or with particularly large ulcers then base infusion<sup>4</sup> 2-3x/week.

Lactulose 2x 1 tablespoon respectively Glauber salt 1x 1 tablespoon daily.

Liver relief with PINIKEHL 4X capsules 1x 2 before breakfast.

Vein relief only by weight reduction.

LIPISCOR capsules 2x 2 daily,

Chromorotate 200 mg daily,

Vitamin C 3g daily,

MUCOKEHL 3X ointment applied locally several times daily.

Base Therapy:

FORTAKEHL 5X tablets 2x 1 daily over 10 days then a combination of MUCOKEHL 3X suppositories 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun FORTAKEHL 5X tablets 2x 1 daily.

MIX:

Hepar compos. Heel	2.0 ml
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Ubichinon compos. Heel	2.0 ml
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MUCOKEHL 5X	2.0 ml
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CITROKEHL	2.0 ml
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Procaine/Lidocaine 1%	1.0 ml
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Inject deep i.m. 1-2x/week.

Neural Therapy:

MUCOKEHL 5X	2.0 ml
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Aesculus-Injeel Heel	1.0 ml
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Procaine/Lidocaine 1%	2.0 ml
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This injection to be administered in the centre of the ulcer directly near to the periosteum of the tibia; the same composition to the wall of the vein to the upper half of the ulcus cruris (No danger by accidental intravenous application).

The centre must always be protected from germs (extremely acidic): NOTAKEHL 5X tablets crush and sprinkle over or NOTAKEHL 5X ampoule and trickle over, in addition SANUKEHL Strep 6X drops and SANUKEHL Staph 6X drops each 2x 5 in daily alternation to rub into the skin around the ulcer.

Support tights, leech therapy.

MIX:

Cutis compos. Heel	2.0 ml
Coenzyme compos. Heel	2.0 ml
Ubichinon compos. Heel	2.0 ml
NOTAKEHL 5X	1.0 ml
CITROKEHL	2.0 ml
Inject deep i.m. 1x/week.	

**Ulcus ventriculi  
(Gastric ulcer)**

*see Gastritis, Helicobacter pylori Infection*

**Urethritis**

Differential Diagnosis: Gonorrhoea, clarify psychological background.

For therapy see *Cystitis*, with status post – more specific investigation.

MIX:

NIGERSAN 5X	1.0 ml
Gonococcinum-Injeel Heel	1.0 ml
SANUKEHL Strep 5X	1.0 ml
Inject deep i.m. 1x/week.	

**Uric Acid Infarct**

Causes:

Infants (up to 2 years): through liquefaction of nucleated red blood corpuscles post partum;

Adults: liquefaction of crisis proportions by leucosis, reticulosis, lobar pneumonia, uraemia;

Adults:

Drink plenty, plus ALKALA T tablets 2x 1 daily in warm water or in addition base infusion<sup>4</sup>.

SANUVIS drops 3x 1 tsp. daily.

MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun MUCOKEHL Atox 6X (Excretion) drops and NIGERSAN Atox 6X (Excretion) drops each 2x 10 daily oral and/or to rub in.

Additive:

Phosphorus Injeel Heel or

MUCOKEHL 7X 1.0 ml inject i.v. 3x/week.

Administering in between with a mixture of:

SANUVIS 2.0 ml

NIGERSAN 5X 1.0 ml

Inject each s.c. 1x/week (Mon, Fri).

If necessary (in addition):

Coenzyme compos. Heel 2.0 ml

Hepar compos. Heel 2.0 ml

Ubichinon compos. Heel 2.0 ml

Infants (up to 2 years):

Drink plenty of tea with glucose,

SANKOMBI 5X drops 2x 5 daily oral and/or to rub in.

SANUVIS drops 2x 5 daily,

Phosphorus 30X Glob. 1x 5 daily.

### **Urinary Tract (Infection of)**

*see Cystitis*

### **Urticaria pigmentosa**

*see Allergic Diseases*

Appears mostly in the first year after birth, seldom with adults. It shows itself as yellowish-brown spots which become urticarial after rubbing, mast cell accumulation.

Always a result of an allergy of the intestines<sup>1,2</sup>, as the intestinal mucous membrane is the producer of IgA. These suppress the mast cell granulation, therefore a strict diet<sup>1,2</sup>.

ALKALA T tablets 2x ¼ to ½ tablet for 10 days then ALKALA N powder 2x ¼ to htsp. in warm fruit or vegetable juice as well as SANKOMBI 5X drops 2x 5-15 daily oral and/or to rub in, at the same time LATENSIN 6X drops 1x 2/week to rub in.

With adults, MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings always in combination with ALKALA N powder 2x 1 tsp. in warm water.

SANUVIS drops 2x 1 tsp. daily.

LATENSIN 6X capsules and UTILIN 6X capsules 1x 1/week (Mon, Fri).

ZINKOKEHL 3X drops 1x 10 daily evenings or



MIX:

CITROKEHL	2.0 ml
FORMASAN	2.0 ml
Procaine/Lidocaine 1%	1.0 ml

Inject deep i.m.

**Vaginal Mycosis**     *see Body Orifices (Mycosis of)*

**Varicose Veins**     *see Phlebitis, Haemorrhoids*

Avoid knee socks or socks with elastic with pronounced veins. No constrictive belts, often caused by broad feet, orthopaedic inlays! Reduction in the viscosity of the blood. Drink plenty and consume little protein.

Neural Therapy:

MUCOKEHL 5X	2.0 ml
NIGERSAN 5X	1.0 ml
Hamamelis Injeel Heel	1.0 ml
Hirudo medicinalis	1.0 ml
Lidocaine 1%	2.0 ml

Inject the (painful) nodes of the veins and on kidney 8.

Additionally apply MUCOKEHL 3X ointment.

Protection of the Liver: *see Liver (Cirrhosis of).*

**Vegatative  
Dystonia**

Nervous debility, unclear state of exhaustion taking into consideration of unspecific infections! Mostly latent foundation, a disfunction of the thyroid glands in children.

Children:

SANKOMBI 5X drops 2x 5-15 daily over two to three months oral and/or to rub in.

RECARCIN 6X drops and UTILIN 6X drops 1x 2 to rub in alternating daily.

THYMOKEHL 6X suppositories 1x 1 daily evenings.

Adults:

RECARCIN 4X capsules and LATENSIN 4X capsules each 1x 1/week (Mon, Fri).

MUCEDOKEHL 4X suppositories 1-2x 1 daily.

MAPURIT capsules 2x 1 daily.

LEPTOSPERMUSAN drops 3x 5-10 daily oral and/or to rub in.

MIX:

Ovarium compos. Heel (Women)	2.0 ml
Testis compos. Heel (Men)	2.0 ml
CHRYSOCOR 3X (Men)	2.0 ml
Glandula suprarenalis suis-Injeel Heel	1.0 ml
Procanium compos. Heel	1.0 ml
Inject i.m. 1x/week.	

## Verrucae

Warts

Change milieu with ALKALA N powder 2x 1 tsp. in warm water.

Children:

FORTAKEHL 5X drops 2x 10 daily oral and/or to rub in.

Calcium fluoratum 12X Glob. 1x 10 daily,

Acidum nitricum 6X Glob. 1x 5 daily,

Psorinoheel drops 2x 5-10 daily,

Galium Heel drops 2x 5-10 daily.

Adults:

Search for intestinal polyps, search for a meridian connection, heavy metals<sup>5</sup>.

Long Term Therapy:

EXMYKEHL 3X suppositories 2x 1 daily for 10 days then change to MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings, Mon-Fri; Sat/Sun EXMYKEHL 3X suppositories 2x 1 daily.

CITROKEHL 2.0 ml inject i.m. 2-3x/week or CITROKEHL tablets 1-3x 1-2 daily.

MIX:

NIGERSAN 5X	1.0 ml
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LATENSIN 6X	1.0 ml
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Inject deep i.m. 1x/week.

## Viral Infections (general)

*see Atrophy of the Intestinal Mucous Membrane, Allergic Diseases*

They are not infections as such, but are a sign of damage to the milieu in which germs are allowed.

Begin with QUINTAKEHL 5X drops 2x 5-15 daily oral and/or to rub in always accompanied by SANUKEHL Serra 6X drops 2x 5-10 oral (to rub in with small children). With bacterial involvement NOTAKEHL 5X drops 2x 5-15 oral and/or to rub in always alternating daily.

UTILIN "S" 6X drops 2x 5/week to rub in.

EPISCORIT drops 2x 5 daily oral.

CERIVIKEHL drops 2x 5-10 daily oral.

## **Vitiligo**

Piebald skin<sup>1,2</sup>

Restricted through blockages! Therefore, activate the intestinal mucous membrane with diet<sup>1,2</sup>. No natural sun rays, oral sources (root treatment, granulomas), with children treat tonsils with neural therapy.

Therapy:

FORTAKEHL 5X tablets 2x 1 daily over 20 days then MUCOKEHL 5X tablets 1x 1 mornings and NIGERSAN 5X tablets 1x 1 evenings (children SANKOMBI 5X drops 2x 10 oral and/or to rub in) over a period of two to three months, then a four weeks pause and repeat from beginning.

In addition SANUKEHL Pseu 6X drops and SANUKEHL Myc 6X drops each 2x 10 oral, 1x 5 to rub in (with children only 1x 5 to rub in) always in daily rotation.

SANUVIS drops 2x 1 tsp. daily.

UTILIN "S" 6X 1.0 ml inject deep i.m. additionally every four weeks.

# Bibliographical References

The bibliographical references are arranged into different fields. The elevated numbers in the text correspond to these references to give the reader an improved overview.

<b>Field</b>	<b>Autor</b>	<b>Titel</b>
1	*Werthmann, Dr. Konrad	<i>Ernährungsumstellung für chronisch Kranke und Allergiker</i>
	*Werthmann, Dr. Konrad	Successful Treatments for Allergies and chronic disorders
2	*Werthmann, Dr. Konrad	<i>Schaf- und Ziegenmilch Hilfsmittel im Heilungsprozeß</i>
	*Werthmann, Dr. Konrad	Importance of the Intestinal Mucous Membrane Regenerating Diet
	Bruker, M.O.	<i>Der Murks mit der Milch</i>
3	*Bleker, Dr. Maria M.	Blood examination in Darkfield
4	Heine, Prof. Hartmut	<i>Lehrbuch der biologischen Medizin</i>
5	Kainz-Toifl, Dr. Hermine	<i>HUKO: homoöpathisch unterstützende Kieferorthopädie, in: Ganzheitlich und naturheilkundlich orientierte Zahnmedizin</i>
6	*Werthmann, Dr. Konrad	Nasal lavage, in: Successful Treatments for Allergies and chronic disorders

\* Available from Semmelweis  
*Not available in English language*